

Sacred Heart Cathedral

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St. Ann's Academy: Telephone: 372-5452 Website: www.stannsacademy.bc.ca

Diocese of Kamloops: Telephone: 376-3351 Website: www.rcdk.org

Bishop of Kamloops: Most Rev. David Monroe

Rector: Rev. Derrick Cameron

Assistant: Rev. Vernantius Ononiwu

Office Hours: 9-12 noon & 1 - 5 Mon - Friday

Check out our website - weekly bulletin available online

www.sacredheartkamloops.org

17th Sunday in Ordinary Time - July 25, 2010

MASS INTENTIONS THIS WEEK

Sat:	7:00 pm	People of the Parish	17 th Sunday in Ordinary Time
Sun:	8:30 am	People of the Parish	
	11:30 am	People of the Parish	
Mon:	6:00 pm	People of the Parish	
	7:15 am	Gabrielle Cox Int	St. Anne & St. Joachim
	9:30 am	Deceased members of Paul family	
Tues:	7:15 am	Deceased members of Cuzzetto family	
	9:30 am	Santina Sartori Int	
Wed:	7:15 am	Larry Wyse Int	
	9:30 am	Ashley Wan Int	
Thurs:	7:15 am	John Raymond Lester RIP	St. Martha
	9:30 am	Emma Veltri RIP	
Fri:	7:15 am	Rose Mary Ambrosio RIP	St. Peter Chrysologus
	9:30 am	Mary & Bill Nichol RIP	
Sat:	7:15 am	Kay Whiteman Int	St. Ignatius of Loyola
	7:00 pm	People of the Parish	18 th Sunday in Ordinary Time
Sun:	8:30 am	People of the Parish	
	11:30 am	People of the Parish	
	6:00 pm	People of the Parish	

THIS WEEK AT SACRED HEART CATHEDRAL

Wednesday:	10am-9pm	Adoration
Thursday:	7:00 pm	Legion of Mary
Friday:	3:00 pm	Divine Mercy

Prayers for the Sick: With permission from the person who needs prayers, names will be placed in the bulletin for up to a month, unless otherwise reported as doing well, and will continue for as long as necessary after the month if requested. We ask you to remember in your prayers: Maria Borges, Rupert Atzenberger, Ingmar Christianson, Tina Podorieszsch, Mike Hackett, Alex Kleklau, Debby McNutt, Laureen Storry, Angela Howe, Teresa Bruno, Sacha Weiler, Jane Winters, Jim Coughlan, Joanne Pierrot, Jack, Mr. Campos, Gus Stankoven, Joan Arens, Nadia Anselmo, Lucille Volk, Mother Claire, OCD - Prioress of the Carmel of Saint Joseph, Brent Farrar, Charlotte Bengart, Yvonne Douglas, Ruth McKay, the Harrison family, Carmen Vassallo, Mary Abate, Olivera Lambeta, Ella Lavery, Tony Volk, and Rolly Segovia. May the Lord comfort them in their time of need and bless those who care for them.

FOUNTAIN LAKE PILGRIMAGE Come to the Seventeenth Annual Pilgrimage in Honour of our Blessed Mary. Fountain Lake, Lillooet, BC. August 13 - 15. Enjoy a quiet weekend of prayer, adoration, and silence. This year, we rejoice to give thanks to God, to be able to witness the renewal of vows of 50 years of Religious Profession by Sister Dorothy Bob SSA. For more information: Fr. Bob Haggarty, 250-256-4564 or Cecil & Debbie at 250-256-7644.

Adoration

Holy Hour Monday to Friday
7:45 to 9:15 am
Adoration all day Wed 10:00 am to 9:00 pm

Children's Liturgy

Sundays at 8:30 and 11:30 when
leaders are available

Confession Times

Saturday 4:00 - 5:00 pm
Sunday 5:30 - 6:00 pm
Wednesday 5:15-5:35 pm

Divine Mercy

Fridays at 3:00 pm (10-Minute Devotion)

Evening Prayer

Wednesdays at 5:00 pm

First Friday Devotions to the Sacred Heart

The first Friday of the month during the morning Holy Hour at 8:15 am

First Saturday Devotions

We will pray the Rosary in honour of Mary on the First Saturday of the month at 9:00 am with a Mass at 9:30 am

On the second Friday of each month we have a Rosary for the victims of human trafficking at 7:00 pm.

Parish School

St. Ann's Academy - K to 12
250-372-5452 Fax: 372-5257
Web site: www.stannsacademy.bc.ca

Pregnant and need help?

Pregnancy Care Centre of Kamloops
Shirley: 376-4646
E-mail:
info@pregnancycareskamloops.com

Need to strengthen your marriage?

Retrouvaille <http://www.retrouvaille.org/>
(604) 530-6710

Healing for those who have had an abortion

Please call Nancy at 250-267-5081 or email rvkamloops@yahoo.ca.

Fruit and Veggie Overload? Donate to FoodShare! If you have fruit trees or vegetable gardens with unwanted produce, we will come and harvest it for you! All produce is immediately distributed to Kamloops residents in need. Call Amanda at 250-376-2252 to participate. **The Kamloops Food Bank's annual Christmas in July campaign!** Hunger knows no season - with 2400 individuals accessing the food bank each month, your donations of funds, food or time are essential to ensuring we meet the demand. Contact Kari at 250-376-2252 to make a donation.

The Society of Saint Vincent de Paul is dedicated to helping those less fortunate. With essential care and guidance, struggling families and individuals can build self-confidence and positive opportunity. The Society of Saint Vincent de Paul helps people replace a sense of despair with a sense of dignity. The loonies and toonies you place in the poor box collection are put to work in our community. This means food for our clients – often single moms with children. Our focus is on emergency assistance to people who may suddenly find themselves in need. Our home visits provide assistance by way of food vouchers, clothing, and furniture, friendship and guidance. Our work is done with humility and respect for human dignity, while truly bearing witness to the love that God has for all people, especially those most in need. If you are interested in helping in any capacity please call 250-554-0050

World Youth Day 2011 Fundraising - Bottle collection is ongoing. For pick up at home - call Wendi 250-374-7679 or Michelle 250-374-3370.

Prayer Breakfast at St John Vianney Parish in Kamloops on Saturday September 25 with Mass at 9am sponsored by the Knights of Columbus council 9508. Pat and Vicky Conroy are in their 22nd year as Lay Evangelist Missionaries. Originally commissioned by the Fathers of St Charles (Scalabrinis) they have served with various Religious Orders in many Dioceses in Canada, USA, Mexico and Central America facilitating retreats, seminars, and Bible studies as well as prison and street outreach and as conference speakers. With the support of the Oblates of Mary Immaculate, they founded Agape Street Ministry fourteen years ago in downtown Eastside Vancouver and Surrey. Most recently they were instrumental in founding Emmaus House for Young Offenders leaving prison in Belize, Central America. Their mandate from Jesus is "Ask nothing, refuse nothing, and hang onto nothing." God has revealed to them through His calling in Matthew 6, that He is Who He says He is and that He does keep His promises! Their sharing will attest to the Love and Work of the Master in their lives.

Sacred Heart School Williams Lake job postings: For the 2010-2011 school year, we are seeking qualified teacher candidates for two primary classrooms, one full time (1.0 F.T.E) position and one part-time (0.4 FTE) position to commence in September, 2010. Preference will be given to candidates who possess: active membership in a Catholic parish, commitment to excellence in Catholic education, experience teaching primary students, experience teaching students with special needs To request an application, please contact the Superintendent of Schools, Kelly Tries, at ciskdschools@telus.net These positions will remain posted until filled.

Join us for Parish Softball, and possibly other sporting activities, every Monday at McGowan Park in Sahali 9:30 – 11:00 until Sept 6. Bring bathing suits. The Water Park is free and available for all. FMI call Ron or Lane at 250-374-1940

The Seventeenth Sunday in Ordinary Time

"The disciples watch Jesus pray and, once he finishes, they beg him, "Lord, teach us to pray." Do they not know how to pray? Of course they do... but they want to pray the way that Jesus prays... they want to experience the union and confidence that Jesus experiences when he prays. That is why they must have rejoiced – after they got over their shock – when Jesus instructed them, "When you pray, say: Father." For when we belong to God as his children -- because we have been "buried with Christ in baptism" – we possess the audacity, like Abraham, to pray for what seems outrageous or impossible. In begging the Lord to teach them to pray, the disciples beg to live their lives with the certainty, passion, and conviction of Jesus Christ."
— Magnificat, Vol 12, No. 5, July 2010, Pp. 343.