

# Sacred Heart Cathedral

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Website: [www.rcdk.org](http://www.rcdk.org)

St. Ann's Academy: Telephone: 372-5452

Diocese of Kamloops: Telephone: 376-3351

**Bishop of Kamloops: Most Rev. David Monroe**

**Rector: Rev. Andrew L'Heureux (on sabbatical until the end of March) Assistant: Rev. Vincent Asomugha**  
*Office: Lennie Heslop 8:00 am – 4:00 pm Monday to Friday*

## Second Sunday in Ordinary Time January 15, 2012

### Mass Intentions

Sat	7:00 pm	People of the Parish	<b>2<sup>nd</sup> Sunday in Ordinary Time</b>
Sun	8:30 am	People of the Parish	Grade 7 Enrolment ceremony
	11:30 am	People of the Parish	
Mon	7:15 am	Mary Czapranski RIP	
	9:30 am	Fortunata Cuzzetto RIP	
Tues	7:15 am	Danny Cenic RIP	<b>St. Anthony</b>
	9:30 am	Helen Comazzetto Int	
Wed	7:15 am	Sarah & Jason Bijl Int	
	9:30 am	Lena Henderson RIP	
Thurs	7:15 am	Deceased members of Piper/Loehr families	
	9:30 am	Mario Comazzetto	
Fri	7:15 am	Raul Borges RIP	
	9:30 am	Andy & Marie Piscia RIP	
Sat	7:15 am	Simon Cheung RIP	<b>St. Agnes</b>
	7:00 pm	People of the Parish	<b>3<sup>rd</sup> Sunday in Ordinary Time</b>
Sun	8:30 am	People of the Parish	
	11:30 am	People of the Parish	
	6:00 pm	People of the Parish	

**We ask you to remember in your prayers:** Maria Borges, Rupert Atzenberger, Ingmar Christianson, Tina Podorieszsch, Mike Hackett, Alex Kleklau, Laureen Storry, Angela Howe, Teresa Bruno, Mr. Campos, Gus Stankoven, Nadia Anselmo, Lucille Volk, Mary Abate, Olivera Lambeta, Lionel Borges, Tyson McLean, Veronica (Elsa) Cruz, Vivian Barrie, Alex Schuetz, Antonio Iadarola, Marcus, Moira Gadon, Lois Gagne, Bryce Kowalsky, Marty Beitel, Jen Condon, Thomas Sloney, Shipa Sultana, Gabrielle Cox, Patricia Szafranski, Cindy Heslop, Paulette Guillou, Roman, Hailey, Maddison, Luke Kernan, Sergio Bezze, Sheila Bedard, Bernard Dupre, and Leroy Wells. May the Lord comfort them in their time of need and bless those who care for them.

Mass will be celebrated at the Delta Hotel in Sun Peaks every Saturday at 4 pm during the ski season.

Please pray for the repose of the soul of Gregorio Vulay, the father of Brother Joshua, who passed away in the Philippines on Thursday. Please pray for the family and all who mourn him.

A set of keys for a Toyota was found. If you lost your keys, please contact the parish office

**THE KNIGHTS OF COLUMBUS ARE ONCE AGAIN CARRYING OUT THE BABY SHOWER FOR THE KAMLOOPS PREGNANCY CARE CENTRE.** The items being sought this year are as follows: infant diapers/ pampers; infant formula, and wipes. For mothers, we are asking for picture frames, hand soap, hand cream and candles. If you could let us know what the estimated value is, we would appreciate it. The program is also being carried out in Merritt, Chase and the other Catholic Churches in Kamloops.

### Adoration

Holy Hour Monday to Friday  
7:45 to 9:15 am  
Adoration all day Wed  
10:00 am to 9:00 pm

### Adult Education

Wednesdays at 7:00 pm

### Bible Study

Thursdays at 8:00 pm

### Bible Timeline Study

Friday mornings 10:15 am

### Children's Liturgy

Sundays at 8:30 and 11:30  
When Leaders are available

### Confession Times

Saturday 4:00 – 5:00 pm  
Sunday 5:30 – 6:00 pm  
Wednesday 5:15-5:35 pm

### Divine Mercy

Fridays at 3:00 pm (10-Minute Devotion)

### Evening Prayer

Wednesdays at 5:00 pm

### First Friday Devotions to the Sacred Heart

during the morning Holy Hour at 8:15 am

### First Saturday Devotions

We will pray the Rosary in honour of Mary at  
9:00 am with a Mass at 9:30 am

On the second Friday of each month we have  
a **Rosary for the victims of human  
trafficking** at 7:00 pm.

### Catholic Women's League

General Mtg 1<sup>st</sup> Monday of Month  
Exec Mtg, last Monday of Month  
7:00 pm Sept – May

### Knights of Columbus Gen. Mtg

2<sup>nd</sup> Tuesday of Month  
Exec Mtg 1<sup>st</sup> Tuesday of Month  
7:00 pm Sept – June

### Legion of Mary Meeting

Wednesdays 1:00 pm

### Little Flower Society

Second Wednesday of month 7:00

### Rosary Making

Thursdays 1 – 3 pm

### Young Adult Program

Sundays 7:15 – 8:30 pm  
For more information please call  
Adele, 250-376-3351 or email  
[kamloopscya@gmail.com](mailto:kamloopscya@gmail.com)

**THE REGULAR MEETING OF THE FATHER LE JEUNE 4TH DEGREE ASSEMBLY** will be held at 7:00 pm on Thursday, January 19th at Le Jeune Manor. Please make a special effort to attend.

**FATIMA PILGRIMAGE IN APRIL 2013** Join Fr. Peter Nguyen as he hosts a pilgrimage to Fatima & Lourdes with Barcelona on April 14 – 23, 2013. Mark your calendars for March 7, 2012 to meet with Tom MacLean from Collette Vacations for a presentation of this pilgrimage. For further information, please contact Perdita at Thomas Cook Travelwise, Kamloops at 250-851-0211 or the OLPH office at 250-376-5541.

**CARMEL OF ST. JOSEPH GUILD** If anyone is interested in becoming a member of the Carmel of St. Joseph Guild, please contact Terry at 250-832-9418 for information and forms. Active membership is only \$25.00.

**CPPS MISSION PROJECTS “WINDMILLS, WELLS AND WATER” 2012** On Saturday, February 25, 2012, CPPS Mission Projects will host its 10th annual “Windmills, Wells and Water” fundraising dinner at Thompson Rivers University Grand Hall. Tickets are \$80 per person with all proceeds going to the mission projects operated by the Precious Blood Missionaries in Tanzania, East Africa. Tickets can be purchased with monthly payments or in one full payment. For tickets please contact Anna or Lloyd 250-579-8888 or Frank, 250-314-1429. This event will also serve as a send off celebration for the fifth group of students and chaperones who will be traveling to Tanzania summer 2012

**Please note: DO NOT make out cheques for the Tanzania project to Sacred Heart Cathedral.**

**CWL WORKSHOP “TAKE THAT SEAT”** January 21, 2012 at the OLPH Parish Centre following the 9:00 a.m. mass. The workshop will be facilitated by Lucille Wallace, Diocesan CWL President, and Doreen Gowans, BC and Yukon CWL Organization Chair. Bring a bag lunch. This is open to all members in the Diocese. Workshop is to end at 2:00 p.m. For further information call: Lucille at 250-372-0117 or Doreen at 250-376-3919.

**CWL MEMBERSHIP:** Fees for 2012 had been increased to \$30.00. Unfortunately the envelopes did not show the increase. If you have paid the \$23.00, there are specially designated envelopes provided at the entrances to the church - for the additional \$7.00 (or the full membership) for your convenience. They can be dropped off in the Sunday collection or at the rectory office. Sorry for the inconvenience.



**“WALK FOR MEMORIES” FUNDRAISER FOR ALZHEIMER DISEASE AND DEMENTIA.** You can make a difference in the lives of British Columbians living with dementia! Together, we hold the key to helping people reduce their risk of developing the disease and supporting those who have been impacted by a diagnosis until there is a cure. The Walk for Memories will take place at T.C.C. Indoor Track 910 McGill Road 10:30 – 11:30 a.m.

(Registration: 9:30 a.m.) on January 29, 2012. For more information, call: 250-377-8200 or 1-800-667-3742 or go to <http://www.alzheimerbc.org/getdoc/603e56c7-446e-4a42-a5df-67d3e64991de/Kamloops.aspx>

**LAY ENRICHMENT “BUILDING A CULTURE OF LOVE AND PEACE”** February 3 – 5 with Sr. Tarcie, Sr. Maria and Sr. Analisa, SFIC. Registration form on the website [www.rcdk.org](http://www.rcdk.org)

**MARK MALLETT FRIDAY, JANUARY 27<sup>TH</sup> SACRED HEART CATHEDRAL 7:00 - 9:00 PM** *Encounter with Jesus*. Adoration, music and an inspirational message led by Canadian Catholic singer/songwriter Mark Mallett 7:15pm — **Music CD's, books, etc. available for purchase afterwards—** *A free will offering will be taken up in support of Mark's ministry.*

**CONFIRMATION RALLY FEBRUARY 25, 2012:** This event is meant to foster and deepen your child's relationship with Christ. It is in the sacrament of Confirmation, along with all other sacraments in our Catholic faith that we encounter Christ on a very personal level. Bishop David Monroe will celebrate morning Mass at 9 am at OLPH parish and will speak to the young people about Confirmation. Young adults will share testimonies, lead games and present skits to your children. There will be a time for the Sacrament of Reconciliation and Exposition and Adoration of the Blessed Sacrament to complete our day, which will end at approximately 3:30 pm. It is expected to be a tremendous day full of fun, faith and sharing. We are pleased to share in this exciting time for your child and look forward to seeing his or her participation in the life of the church in the future. Confirmation is not graduation from the faith; it is only the beginning of living a deeper faith. See your child's confirmation teacher for registration details.

**ON FEBRUARY 25<sup>TH</sup>, 2012, NEW LIFE MISSION (NLM) IS HOSTING THE COLDEST NIGHT OF THE YEAR,** a 5 & 10km walk in support of NLM's work with the hungry, addicted, homeless and hurting in Kamloops. February is a challenging month for the people we serve, and it's also one of the quietest months for financial support. So, we are looking for some toque-wearing, cold-loving friends to join us on February 25th! Our goal? \$25,000! How will we do it? We are looking for 25 Team Captains who can recruit 6-9 friends to join their team, walk with them on February 25th and raise a minimum of \$2000 as a team. (Note: the average walker raises \$250) The bonus for you? Besides getting this warm, tingly feeling in your heart for being so nice, you'll also get one of our famous “Coldest Night of the Year” toques! Please consider joining the walk yourself or putting a team together for the event. To join the walk as an individual, please add your name and support to the New Life Mission team that is open to all. Visit the following link to join or sponsor the team <http://my.e2rm.com/TeamPage.aspx?EventID=85105&LangPref=en-CA&TeamID=266844> For more information contact Kelly Row Executive Director New Life Mission Box 712 Kamloops, B.C. V2C 4C3 Phone: 250.372.9898 ext. 24 Email: [kelly.row@newlifemission.ca](mailto:kelly.row@newlifemission.ca) Website: [www.newlifemission.ca](http://www.newlifemission.ca) Fax: 250.372.1373. The Coldest Night of the Year website is up and running. <http://coldestnightoftheyear.org/home>

**SOVIET-ERA CHURCH LAWS STILL IN PLACE** "The old ways of thinking are returning," declared vice rector for Foreign Relations at the Ukrainian Catholic University in Lviv Dr Bohdan Prakh, who warned that Ukraine was in danger of relapsing into an era considered long gone, *Catholic Leader* informs. Dr Prakh, during a visit of the international Catholic charity Aid to the Church in Need (ACN), said the Government was showing a one-sided bias in favour of the Moscow Patriarchate, and thus damaging not only the balance between the faiths but relations with the Churches as a whole. He said the Soviet-era Church laws were still on the books in the Ukraine. "No one is afraid of compulsory actions as in the past, but the mood can also change," the Greek Catholic priest said. He added that the Church was prepared if it should come to that. Dr Prakh said that, even now it can be observed, that for example the authorities were extremely slow to process applications of the Greek Catholic Church relating to construction projects. After the Second World War and the Communist assumption of power, the Greek Catholic Church was forced to merge with the Orthodox Church. Church property was confiscated. People of faith, priests and bishops were persecuted, and many went underground. The Greek Catholic Church was not recognised again until the political opening of 1989. Dr Prakh said the great majority of the population would like to see Ukraine move toward closer ties with the European Union. "The people simply want to become Europeans, and be able to live like all other peoples in Europe," he said.

**ONE TO ONE CHILDREN'S LITERACY PROGRAM VOLUNTEERS NEEDED:** Do you love to Read? Do you like working with Children? Volunteer Today! 2012 Tutor Training Dates (choose ONE only): Monday, January 23, 2012: 9:00am- Noon, Henry Grube Education Centre OR Wednesday, February 15, 2012: 6:00pm -9:00pm., Henry Grube Education Centre – 245 Kitchener Crescent. FMI, or to register, please contact: Mrs. Jeanette MacKenzie 250-372-1982 [jmackenzie58@shaw.ca](mailto:jmackenzie58@shaw.ca) or Mrs. Cheryl Gagliano 250-376-0612 [rcmg@telus.net](mailto:rcmg@telus.net)

**CERTIFIED EDUCATION ASSISTANT (PART-TIME): ST. ANN'S ACADEMY** requires a qualified CEA to support the work of the High School Learning Center: A diploma or certificate in special education are the minimal educational credentials required to apply for this position. Experience assisting students with a broad spectrum of special needs would be greatly valued. As a Catholic Independent School the teachings of the Catholic faith are integrated into every aspect of the school and therefore candidates who actively practice their faith are highly valued. For further information about this posting please contact Shawn Chisholm: [principal@stannsacademy.bc.ca](mailto:principal@stannsacademy.bc.ca) To express your interest in this position please contact Kelly Tries at the Superintendents Office: [ciskdschools@telus.net](mailto:ciskdschools@telus.net) The deadline for expressing interest in this posting is January 30, 2012. Only those candidates chosen for interviews will be contacted.

**CERTIFIED EDUCATIONAL ASSISTANT OUR LADY OF PERPETUAL HELP SCHOOL-Kamloops** Our Lady of Perpetual Help Catholic School is seeking qualified candidates for a certified educational assistant position for the remainder of the 2011-2012 school year. This is a full time position (6 hours per day, 5 days a week), working with primary and intermediate students. A diploma or certificate in special education is required. Experience assisting students with a broad spectrum of special needs would be greatly valued. As a Catholic Independent School, the teachings of the Catholic faith are integrated into every aspect of the school. Preference will be given to candidates who actively practice their faith. For further information about this posting, please contact Rose Nowicki, the principal of Our Lady of Perpetual Help Catholic School, at 250-376-2343. To request an application, please contact Kelly Tries, the superintendent of schools, at [ciskdschools@telus.net](mailto:ciskdschools@telus.net). This position will remain posted until January 30, 2012. Only those candidates chosen for interviews will be contacted.

**VOCATION LIVE-IN ON THE WEEKEND OF FEBRUARY 3 - 5** for boys or young men interested in the priesthood or the consecrated life, at the Seminary of Christ the King, Mission, BC. For more information call 604.826.8715.

**CATHOLIC GIRLS LEAGUE** Monthly Meeting has been changed to January 20<sup>th</sup> at 5:30 pm at St. John Vianney Parish. This is an important Meeting, with Elections and other important items to be discussed. Please contact Anne at [annefox23@yahoo.ca](mailto:annefox23@yahoo.ca) or Jeanne at 250-851-6800 to insure we know the girls will be at the meeting. We also have to arrange our Initiation Mass for Feb. 12<sup>th</sup>. Please mark your calendars. Any girls ages 9-15 are welcome to join.

**SACRED HEART CATHEDRAL ENCOUNTER WITH JESUS** – Friday January 27, 2012 at Sacred Heart Cathedral beginning at 7pm. The Bible is Not Just any Story—It is Your Story. Discover How To Read It. Discover God's plan for your life as you discover his amazing story in The Bible Timeline. In this study, you will discover the "big picture" of the biblical story as it is presented in specific books of the Bible. Join us and learn the major people, places, events and themes of the Bible. Perhaps for the first time in your life, you will understand the overview of the Bible story. This then makes your Bible reading and even the Sunday mass readings come alive like never before. The Bible Timeline study on DVD with speaker Jeff Cavins will be offered at Sacred Heart Cathedral beginning Friday Jan 6. The sessions will be held in the parish boardroom from 10:15am until noon. To learn more, call Adele, 250-376-3351.

**CATHOLIC YOUNG ADULT FAITH COMMUNITY EVENTS** - beginning Sunday January 8 at 7:15pm for 5 consecutive Sundays. The DVD series being presented is Freedom to Love and is facilitated by Adele Huculak. For more information email [kamloopscya@gmail.com](mailto:kamloopscya@gmail.com)

**ON SATURDAY FEBRUARY 04, 2012, THERE WILL BE A BENEFIT CONCERT FOR THE CANCER BUS.** The Cancer Bus is a free service for cancer patients who require radiation treatment at the B.C. Cancer Centre in Kelowna. The concert will start at 7 p.m. at the Calvary Community Church, 1205 Rogers Way, Kamloops; B.C. Performances will include hand bells, piano, flute, trumpet, violin, and brass. Admission is by donation.

**The Catholic Health Association of BC will be awarding two bursaries valued at \$250 each to two 2012 graduating students enrolled in a Catholic secondary school, or who are a member of a BC or Yukon parish and enrolled in a public secondary school, or who are home-schooled.** Students are asked to submit a 500 word essay that demonstrates an awareness and understanding of the significance of Spirituality in Health Care. Submissions must be received on or before March 9<sup>th</sup>, 2012. For further details, please refer to the poster on display in the vestibule of the church, or check the CHABC website at [www.chabc.bc.ca](http://www.chabc.bc.ca) under upcoming events.

**VATICAN CITY, 5 JAN 2012 (VIS)** - A communiqué was published today containing information about a **"Note with pastoral recommendations for the Year of Faith"** which, by order of the Holy Father, has been prepared by the Congregation for the Doctrine of the Faith in consultation with other dicasteries of the Holy See, and with the help of the Committee for the Preparation of the Year of Faith. The Note is dated 6 January, Solemnity of the Epiphany of the Lord, and will be made public on Saturday 7 January. Today's communiqué explains that, with his Apostolic Letter *"Porta fidei"* of 11 October 2011, Benedict XVI declared a Year of Faith, due to begin on 11 October, fiftieth anniversary of the opening of Vatican Council II, and to conclude on 24 November 2013, Solemnity of Our Lord Jesus Christ Universal King. The introduction to the Note states that "the Year of Faith is intended to contribute to a renewed conversion to the Lord Jesus and to the rediscovery of faith, so that the members of the Church will be credible and joy-filled witnesses to the Risen Lord, capable of leading those many people who are seeking it to the door of faith". The beginning of the Year of Faith coincides with the fiftieth anniversary of the opening of Vatican Council II, and the twentieth of the promulgation of the Catechism of the Catholic Church, "two great events which have marked the life of the Church in our days", the communiqué says. "The Year of Faith will be a propitious occasion to make Vatican Council II and the Catechism of the Catholic Church more widely and deeply known". The pastoral recommendations contained in the Note aim "to aid both the encounter with Christ through authentic witnesses to faith, and the ever-greater understanding of its contents". All members of the Church are invited to work to ensure that, during the Year of Faith, we may rediscover and "share that which is most dear to us: Christ Jesus, the Redeemer of mankind". The communiqué further explains that those pastoral recommendations do not intend to preclude "other initiatives which the Holy Spirit will inspire among Pastors and faithful in various parts of the world". The Note divides its recommendations into four groups: (1) Universal Church, (2) episcopal conferences, (3) dioceses and (4) parishes, communities, associations and movements. Some of the specific suggestions it contains are outlined in the communiqué. "Along with the solemn opening celebration for the Year of Faith and other events in which the Holy Father will participate (Assembly of the Synod of Bishops, WYD 2013), various ecumenical initiatives are being planned 'aimed at the restoration of unity among all Christians'. Moreover 'there will be a solemn ecumenical celebration in which all of the baptised will reaffirm their faith in Christ'. "On the level of episcopal conferences, attention will be given to the quality of catechesis, and efforts will be made to examine 'local catechisms and various catechetical supplements in use in the particular Churches ... to ensure their complete conformity with the Catechism of the Catholic Church'. It is also hoped that use will be made of the language of the mass media and art, with 'television and radio transmissions, films and publications focusing on the faith, its principles and content, as well as on the ecclesial significance of Vatican Council II'. "At the diocesan level, the Year of Faith is considered, among other things, as an occasion for 'renewed creative dialogue between faith and reason in the academic and artistic communities, through symposia, meetings and days of study, especially at Catholic universities', and as a favourable time for 'penitential celebrations ... in which all can ask for God's forgiveness, especially for sins against faith'. "At the parish level the focus remains on the celebration of the faith in the liturgy, especially in the Eucharist, because 'in the Eucharist, mystery of faith and source of the new evangelization, the faith of the Church is proclaimed, celebrated and strengthened'. It is on this foundation that other initiatives will come into being, develop and spread, particularly those undertaken by Institutes, new Communities and Ecclesial Movements.

"A Secretariat to coordinate all of the different initiatives promoted by various dicasteries of the Holy See, or other events relevant to the Universal Church, will be established within the Pontifical Council for the Promotion of the New Evangelisation'. The Secretariat 'can also suggest appropriate initiatives' for the Year of Faith, and 'will open a dedicated website with the goal of making available useful information' on the subject".

#### 45 LESSONS LIFE TAUGHT ME. – AUTHOR UNKNOWN

1. Life isn't fair, but it's still good.
2. When in doubt, just take the next small step.
3. Life is too short to waste time hating anyone.
4. Your job won't take care of you when you are sick. Your friends and parents will. Stay in touch.
5. Pay off your credit cards every month.
6. You don't have to win every argument. Agree to disagree.
7. Cry with someone. It's more healing than crying alone.
8. It's OK to get angry with God. He can take it.
9. Save for retirement starting with your first pay check.
10. When it comes to chocolate, resistance is futile.
11. Make peace with your past so it won't screw up the present.
12. It's OK to let your children see you cry.
13. Don't compare your life to others. You have no idea what their journey is about.
14. If a relationship has to be a secret, you shouldn't be in it.
15. Everything can change in the blink of an eye. But don't worry; God never blinks.
16. Take a deep breath. It calms the mind.
17. Get rid of anything that isn't useful, beautiful or joyful.
18. Whatever doesn't kill you really does make you stronger.
19. It's never too late to have a happy childhood. But the second one is up to you and no one else.
20. When it comes to going after what you love in life, don't take no for an answer.
21. Burn the candles, use the nice sheets, wear the fancy lingerie. Don't save it for a special occasion.
22. Today is special.
23. Over prepare, then go with the flow.
24. Be eccentric now. Don't wait for old age to wear purple.
25. The most important sex organ is the brain.
26. No one is in charge of your happiness but you
27. Frame every so-called disaster with these words "In five years, will this matter?"
28. Always choose life.
29. Forgive everyone everything.
30. What other people think of you is none of your business.
31. Time heals almost everything. Give time time.
32. However good or bad a situation is, it will change.
33. Believe in miracles.
34. Don't take yourself so seriously. No one else does.
35. God loves you because of who God is, not because of anything you did or didn't do.
36. Don't audit life. Show up and make the most of it now.
37. Growing old beats the alternative – dying young.
38. Your children get only one childhood.
39. All that truly matters in the end is that you are loved.
40. Get outside every day. Miracles are waiting everywhere.
41. If we all threw our problems in a pile and saw everyone else's we'd grab ours back.
42. Envy is a waste of time. You already have all you need.
43. The best is yet to come....
44. No matter how you feel, get up, dress up, and show up
45. Life isn't tied with a bow, but it's still a gift."

This might be something you might want to put on your refrigerators, folks