

Sacred Heart Cathedral

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St. Ann's Academy: Telephone: 372-5452 Website: www.stannsacademy.bc.ca

Diocese of Kamloops: Telephone: 376-3351 Website: www.rcdk.org

Bishop of Kamloops: Most Rev. David Monroe

Rector: Rev. Andrew L'Heureux

Assistant: Rev. Vincent Asomugha

Office: Lennie Heslop 8:00 am – 4:00 pm Monday to Friday



Thirty Second Sunday in Ordinary time November 6, 2011

Mass Intentions

Sat	7:00 pm	People of the Parish	32nd Sunday in Ordinary Time
Sun	8:30 am	People of the Parish	
	11:30 am	People of the Parish	
	6:00 pm	People of the Parish	
Mon	7:15 am	María Stella Scerbo RIP	
	9:30 am	Iolanda Guido RIP	
Tues	7:15 am	NO MASS	
	9:30 am	NO MASS	
	6:30 pm	Ian Sokol RIP	
Wed	7:15 am	Marie Fenrich RIP	Dedication of St John Lateran Basilica
	9:30 am	Marie Therese Lebel RIP	
Thurs	7:15 am	Adam Riechart RIP	St. Leo the Great
	9:30 am	Mrs. Stone RIP	
Fri	7:15 am	Pearl Gagne RIP	St. Martin of Tours & Remembrance Day
	9:30 am	Elizabeth Weiler RIP	
Sat	7:15 am	Ernestine Muzzillo RIP	St. Josaphat
	7:00 pm	People of the Parish	33rd Sunday in Ordinary Time
Sun	8:30 am	People of the Parish	
	11:30 am	People of the Parish	
	6:00 pm	People of the Parish	



THIS WEEK AT SACRED HEART CATHEDRAL

Monday	7:00 pm	Catholic Women's League Meeting
	7:30 pm	Light of God Prayer Group (All are welcome!)
Tuesday	7:00 pm	Knights of Columbus General Meeting
Wednesday	10 am – 9 pm	Adoration of the Blessed Sacrament
	1:00 pm	Legion of Mary Meeting
	5:00 pm	Evening Prayer
	7:00 pm	Adult Education - the Catholic Faith
Thursday	1:00 pm	Rosary Making
	6:30 pm	Faith Formation for Children at SAA
	7:00 pm	Bible Study
Friday	8:15 am	First Friday Devotions
	3:00 pm	Divine Mercy
	7:00 pm	Rosary for the Victims of Human Trafficking

Catholic Faith Adult education classes are for those interested in learning more about our Faith. If you are considering becoming Catholic or just want to understand why we do what we do, please join us, Wednesday evenings at 7:00 pm in the parish hall. Bring a 3 ring binder with you. If you have any questions, please contact the parish office at 250-372-2581

Buy your 2011/2012 Entertainment Coupon Books for fun, food & fantastic rates. Many 2-for-1 offers and other bargains, which can be used from now until November 1, 2012. They make great gifts at only \$30 (I can also order books for any city you choose – great gifts – for example, Vancouver, Edmonton, or Calgary.) Please call Linda at 250-851- 8605 or email rlcameron@shaw.ca (Fundraiser for Kamloops Pro-Life Society)

Adoration

Holy Hour Monday to Friday
 7:45 to 9:15 am
 Adoration all day Wed
 10:00 am to 9:00 pm

Bible Study

Thursdays at 7:00 pm

Children's Liturgy

Sundays at 8:30 and 11:30
 When Leaders are available

Confession Times

Saturday 4:00 – 5:00 pm
 Sunday 5:30 – 6:00 pm
 Wednesday 5:15-5:35 pm

Divine Mercy

Fridays at 3:00 pm (10-Minute Devotion)

Evening Prayer

Wednesdays at 5:00 pm

First Friday Devotions to the Sacred Heart

The first Friday of the month during the morning Holy Hour at 8:15 am

First Saturday Devotions

We will pray the Rosary in honour of Mary on the First Saturday of the month at 9:00 am with a Mass at 9:30 am

On the second Friday of each month we have a **Rosary for the victims of human trafficking** at 7:00 pm.

Catholic Women's League

General Mtg 1st Monday of Month
 Exec Mtg, last Monday of Month
 7:00 pm Sept – May

Knights of Columbus Gen. Mtg

2nd Tuesday of Month
 Exec Mtg 1st Tuesday of Month
 7:00 pm Sept – June

Legion of Mary Meeting

Wednesdays 1:00 pm

Light of God Prayer Group

Mondays at 7:30 pm

Little Flower Society

Second Wednesday of month 7:00

Rosary Making

Thursdays 1 – 3 pm

We ask you to remember in your prayers: Maria Borges, Rupert Atzenberger, Ingmar Christianson, Tina Podorieszsch, Mike Hackett, Alex Kleklau, Laureen Storry, Angela Howe, Teresa Bruno, Mr. Campos, Gus Stankoven, Nadia Anselmo, Lucille Volk, Mary Abate, Olivera Lambeta, Lionel Borges, Tyson McLean, Veronica (Elsa) Cruz, Vivian Barrie, Alex Schuetz, Antonio Iadarola, Marcus, Moira Gadon, Lois Gagne, Bryce Kowalsky, Marty Beitel, Jen Condon, Thomas Sloney, Marlene Hiltz, Shipa Sultana, Gabrielle Cox, Patricia Szafranski, Cindy Heslop, Paulette Guillou, Roman, Hailey, and Maddison. May the Lord comfort them in their time of need and bless those who care for them.

NOVEMBER EVENTS TO MARK ON YOUR CALENDAR

To all Knight's of Columbus: there will be a meeting this **Tuesday Nov.8th at 7 pm.** at Sacred Heart Cathedral lower hall. His Excellency Bishop Munroe will be our guest speaker. His topic is; "*Being relevant and contemporary as Knights of Columbus in Kamloops*". Please come and add your presence as well as gifts to the meeting. There will be a Mass preceding the meeting at 6:30 pm. Please join us in this time of worship, schedule allowing. Herb Wiens GK

ROAST BEEF DINNER Saturday, **Nov. 12** at 5pm in the Sacred Heart Cathedral Parish Hall Prepared by Catholic Women's League (Elevator Service Available). Tickets for Adults: \$15 Children 6-12 years: \$8 Children: under 6 years eat FREE LIMITED # OF TICKETS AVAILABLE – BUY YOURS TODAY Tickets available from: Sacred Heart Cathedral Rectory 372-2581 or call Dianne at 250-374-3980 or Anne 250-374-8454 to reserve your tickets. Proceeds to purchase new upright freezer for parish hall

Knights of Columbus: A dinner has been scheduled for Sir Knights and their wives at the Moon Wok Restaurant at 755 Tranquille Road on **November 17, 2011** at 6:00 pm. The dinner will be a la Carte and all members will be responsible for their own tab.

St. John Vianney CWL Bazaar & Tea: **November 19th, 2011 12 pm – 2 pm.** 2826 Bank Road in Westsyde. Come for a Raffle, Tea Room, Handicrafts, Home Baking, Kids fun room, Ceramic Doll Sale etc. Everyone is welcome. May Our Lady of Good Counsel bless you.



HANDS UP FOR ART fundraising event is scheduled for Saturday **November 19th, 2011.** Tickets are available at the school office for \$25.00 each. Hands Up For Art is a full night of festivities that will showcase the arts programs at St. Ann's. This year's theme is **A Starry Night in Paris.** Creative staff and students will transform our gymnasium into a Parisian replica. Elementary students are busy creating works of art keeping this theme in mind and these items will be sold at the Parisian street market. The High School Jazz Band and Vocal Choir are practicing a sensational ensemble of musical numbers to

entertain our audience. The Culinary Arts Department has created a menu of tasty desserts to accompany the spectacular appetizers our event caterers will provide. For further information or to volunteer for this event please contact Kim at edery@telus.net or Jennifer at jennifer.s.chapman@gmail.com



St. Ann's Annual Christmas Bazaar and Family Fun Day – November 26 11-3pm

If you're new to our Community or just for one reason or another haven't make it to the Bazaar lately, come and see what the fun's all about on the 26th after the Santa Clause Parade. It's a great event for the **whole family** and lots of fun for the kids with games, crafts, prizes and treats. Of course

you won't want to miss our World Famous Tea and Bake Sale... Shopping, shopping, and shopping for the parents. Start or finish your Christmas shopping with our home Based Businesses. From Crafts to Jewellery to Cleaning WOW!!!! Bring your friends and come and have some fun! PS. – it's never too early to start setting aside things that you might be able to donate- we will need items for the white elephant sale (yes, it's back J), raffle prizes, small toys and prizes for the fishpond and other activities, and jars filled with goodies for the bottle booth. All donations welcome, as are volunteers!



CWL Members, get your cookies ready for the Bazaar!!

You are invited to attend OLPH CWL Country Christmas Bazaar: Saturday, **November 26, 2011 from 11 am – 2pm** At OLPH Parish Hall – 635 Tranquille Road, Kamloops. Crafts, baking, sewing, Granny's Attic, Raffle and more. Bring a friend and enjoy delicious tea and refreshments. For more information contact Judy Kelly at 250-376-0261 or Doreen Gowans at 250-376-3919. Everyone is WELCOME!

Lay Enrichment with Fr Derrick Cameron: *Preparing for the Word Made Flesh.* December 2 – 4 at the IHM Shrine. Registration forms are available online at www.rcdk.org

50th International Eucharistic Congress in Dublin Ireland June 10 – 17, 2012 Visit www.iec2012.ie for further information.

ASCEND Online is a Catholic home school option for the province of BC, providing registration & enrolment options and learning opportunities for home school learners, blended learners, and distributed learners. For more information, visit www.ascendonline.ca

The Most Holy Trinity Ukrainian Catholic Church Eparchial Pilgrimage – June 10 to 17th, 2012. Join Bishop Ken Nowakowski on Alaska Cruise, celebrating the 25th Anniversary of Sheptytsky Institute in Ottawa. For more information, please call 877-430-6789.

Pope Benedict's Prayer Intentions for November VATICAN CITY, 31 OCT 2011 (VIS) - Pope Benedict's general prayer intention for November is: "That the terminally ill may be supported by their faith in God and the love of their brothers and sisters". His mission intention is: "That the celebration of World Mission Day may foster in the People of God a passion for evangelization with the willingness to support the missions with prayer and economic aid for the poorest Churches"

Manager/Administrator Required for LeJeune Manor – required for December 1. Part time work. Should know Simply accounting and general property management principles. Send resume to lejeune@telus.net

Prayer and Devotions for the Holy Souls

In the Catholic Church, the month of November is traditionally given over to prayers for the Holy Souls in purgatory, those faithful Christians who have died and gone before us but who still must atone for their sins. The time they spend in Purgatory cleanses them so that they may enter Heaven free from all effects of sin. Praying for the dead is a requirement of Christian charity. Our own prayers and sacrifices can be offered up to relieve their suffering. Each week we will print some prayers for the Holy Souls in the Bulletin. Some or all of the following prayers can be incorporated into our daily prayers during this month.

O gentle Heart of Jesus, ever present in the Blessed Sacrament, ever consumed with burning love for the poor captive souls in Purgatory, have mercy on them. Be not severe in Your judgements, but let some drops of Your Precious Blood fall upon the devouring flames. And, Merciful Saviour, send Your angels to conduct them to a place of refreshment, light and peace. Amen

Jason Evert in Kelowna – Sunday December 11. Jason Evert will be bringing his award winning teen / young adult chastity presentation to Kelowna! Jason Evert and his wife speak internationally to over 100,000 teens each year in Catholic, Christian, and public junior and senior high schools, as well as universities. He gave an address at WYD 2011. The Evert's' television appearances include Fox News, the BBC, Donahue, WGN-TV news, and EWTN. Jason's video "Teen Relationships and Sexual Pressure" was given the Silver Crown Award for Best Youth Video by International Christian Visual Media and the two of them were given the 2003 Impact Award by the National Abstinence Clearinghouse in recognition of their success with teens in America. Check him out at: <http://www.youtube.com/watch?v=Od8XWi2h-dk> and <http://www.youtube.com/watch?v=WcicDmZcH-E>. Tentative Schedule for Teens / Young Adults Presentation on December 11 – 3:00 pm group leader check in and doors open at St. Charles Garnier, Kelowna, 3:30 pm talk and discussion time with Jason. Important Registration Notes: Groups must provide a one to eight ratio of adult supervisor to teens (your group gets one free adult supervisor ticket for every eight teens registered). Ticket prices: \$15 on or before November 1; \$25 thereafter (on availability basis). Please call Adele for further information, 250-376-3351.

Attn: Young Adults ages 18 – 35yrs Catholic Christian Outreach will be hosting their annual Christmas/New Year's conference in Vancouver Dec 28 – Jan 1 called Rise Up! Rise Up is a conference for young adults (aged 18-35) to motivate and inspire leaders for the renewal of the world. It's not so much about what happens at Rise Up but what happens the other 360 days of the year in the lives of participants once they have been built up in faith and equipped to share it with others. Are you ready for an experience that could change your life? Come to Vancouver, December 28th, 2011! To register visit www.cco.ca

Note from Fr. Andrew: Do you have any questions about the Catholic Faith, or why we, as a church, do the things we do, or about the Mass itself? If so, please Email your questions to office@sacredheartkamloops.org or put a note in the mail slot at the rectory. I would like to have a section in the bulletin to answer questions (anonymously) for the benefit of all others who may share your questions.

A Message from Rachel's Vineyard

"Healing takes courage, and we all have courage, even if we have to dig a little to find it." - Tori Amos, singer/ songwriter
Step forward in courage and get the healing you deserve.
Attend a Rachel's Vineyard retreat for healing after abortion.

250-267-5081 rvkamloops@yahoo.ca www.rachelsvineyard.org

Offering envelopes for 2012 are available at the church entrance. DO NOT USE these envelopes *until* 2012, and do not use 2011 envelopes in the New Year as the envelope numbers will not be the same. This is very important. If you have old envelopes left over use them as scrap paper, do not use them at church. If you did not receive a box of envelopes for the New Year but want one, please contact the parish office and one will be arranged for you immediately. Thank you for your cooperation.

DON'T JUST KNOW CHRIST: LOVE HIM By Archbishop Charles J. Chaput, O.F.M., Cap.

Scripture tells us that after the crushing sadness of the crucifixion, the joy felt by the disciples in recognizing Jesus at Emmaus was intense. But as deep and personal as their joy was, it also compelled them to act. Their joy was alive; it was restless; it made them run back to Jerusalem through the darkness to bring the Good News to other disciples.

The Emmaus disciples embodied what the Prophet Jeremiah meant when he said: "(God's) word is in my heart like a fire, a fire shut up in my bones. I am weary of holding it in; indeed, I cannot" (Jer 20:9).

That kind of joy is a foretaste of heaven. It's what God intends for all of us. But we should also remember that in this world, feelings can be fickle. They're hot and cold; they come and go. Ultimately, it's not how we "feel" that shapes how genuine our encounter with Jesus is. Our relationship with Jesus Christ will be determined by how much we're transformed into him and how much we burn to bring him to others—in other words, by our actions in sharing the Gospel with other people, by serving the poor and the needy, by defending the unborn child, by building a culture that supports and encourages the growth of Christian families.

We can learn a vital lesson from the Emmaus story in the way great artists have portrayed Christ's breaking of the bread with the two disciples in classic art.

Rembrandt, the great Dutch painter, did two versions of the supper at Emmaus. In both, the two disciples are filled with joy and awe. Yet in both, a servant seems oblivious to what is taking place at the table.

Another very famous painter, the Italian Caravaggio, also created a scene showing two amazed disciples with a serene Jesus. But his work was criticized by the people of his time for "lacking decorum" because the man serving the table in the painting seems bored and wears a hat—a sign of disrespect.

The great French painter Delacroix showed a dark room lit by a golden halo that surrounds Jesus while he dramatically breaks the bread. But again, in a staircase just behind the scene, a woman in the painting is shown who completely ignores the miracle happening right in front of her.

These famous paintings of Emmaus carry a warning: It doesn't matter how close we are to the presence of Jesus. We can still completely ignore him, and therefore never experience the transforming power of his love.

It's not enough to be next to Jesus, or to approve of his teachings, or to know "about" him. We need to love him. We need to be with Jesus, and in Jesus. And no one can ever be fully "with" Jesus if she or he rejects the Catholic Church, the Church Jesus founded precisely to act in his name and fulfill his promise, so that he would remain with us until the end of time.

The sacrament of the Eucharist that anchors our life as Christians comes to us through the power given to the Church by Jesus himself. In adoring Jesus Christ in the Eucharist, we celebrate the mystery of his Church as well.

And when the Holy Father joins us at every World Youth Day, we welcome him not as a just another human leader or "superstar," but as the Successor of Peter, the visible head of Christ's Church—a Church defined not by the failures and sins of us, her children, but by being the sacrament of salvation that draws humanity to the experience of Emmaus every day.

May God grant each one of us, on our personal road to Emmaus, the gift of acquiring, as Pope Benedict says, "a deeper faith ... a faith robust because it is from the word of God and the Eucharist, not human ideas." This is the source of salvation and lasting joy.

