

Sacred Heart Cathedral

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St. Ann's Academy: Telephone: 372-5452 Website: www.stannsacademy.bc.ca

Diocese of Kamloops: Telephone: 376-3351 Website: www.rcdk.org

Bishop of Kamloops: Most Rev. David Monroe

Rector: Rev. Andrew L'Heureux

Assistant: Rev. Vincent Asomugha

Office: Lennie Heslop 8:00 am – 4:00 pm Monday to Friday



Christ the King November 20, 2011

Mass Intentions

Sat	7:00 pm	People of the Parish	Christ the King
Sun	8:30 am	People of the Parish	
	11:30 am	People of the Parish	
	6:00 pm	People of the Parish	
Mon	7:15 am	Dante Pirrodi RIP	Presentation of Mary
	9:30 am	Benjamin Correia RIP	
Tues	7:15 am	Bernice Nykforchyn RIP	St. Cecilia
	9:30 am	Florence Milman RIP	
Wed	7:15 am	Patricia Roberts RIP	St. Clement I;
	9:30 am	Arthur Gagne RIP	St. Columbanus
Thurs	7:15 am	Al Muzzillo RIP	St. Andrew Dung-Lac & co
	9:30 am	Guerino & Maria Caputo RIP	
Fri	7:15 am	Dodi O'Farrell RIP	St. Catherine of Alexandria
	9:30 am	Simeon & Julia Tenguamos RIP	
Sat	7:15 am	Thomas Powell RIP	
	7:00 pm	People of the Parish	First Sunday of Advent
Sun	8:30 am	People of the Parish	
	11:30 am	People of the Parish	
	6:00 pm	People of the Parish	

THIS WEEK AT SACRED HEART CATHEDRAL

Monday	7:30 pm	Light of God Prayer Group (All are welcome!)
Wednesday	10 am – 9 pm	Adoration of the Blessed Sacrament
	1:00 pm	Legion of Mary Meeting
	5:00 pm	Evening Prayer
	7:00 pm	Adult Education - the Catholic Faith
Thursday	1:00 pm	Rosary Making
	6:30 pm	Faith Formation for Children at SAA
	8:00 pm	Bible Study <u>Note change of time for Bible Study</u>
Friday	3:00 pm	Divine Mercy

Catholic Faith Adult education classes are for those interested in learning more about our Faith. If you are considering becoming Catholic or just want to understand why we do what we do, please join us, Wednesday evenings at 7:00 pm in the parish hall. Bring a 3 ring binder with you. If you have any questions, please contact the parish office at 250-372-2581

We ask you to remember in your prayers: *Maria Borges, Rupert Atzenberger, Ingmar Christianson, Tina Podorieszach, Mike Hackett, Alex Kleklau, Laureen Storry, Angela Howe, Teresa Bruno, Mr. Campos, Gus Stankoven, Nadia Anselmo, Lucille Volk, Mary Abate, Olivera Lambeta, Lionel Borges, Tyson McLean, Veronica (Elsa) Cruz, Vivian Barrie, Alex Schuetz, Antonio Iadarola, Marcus, Moira Gadon, Lois Gagne, Bryce Kowalsky, Marty Beitel, Jen Condon, Thomas Sloney, Marlene Hiltz, Shipa Sultana, Gabrielle Cox, Patricia Szafranski, Cindy Heslop, Paulette Guillou, Roman, Hailey, Maddison, and Luke Kernan. May the Lord comfort them in their time of need and bless those who care for them.*

Adoration

Holy Hour Monday to Friday
 7:45 to 9:15 am
 Adoration all day Wed
 10:00 am to 9:00 pm

Adult Education

Wednesdays at 7:00 pm

Bible Study

Thursdays at 8:00 pm

Children's Liturgy

Sundays at 8:30 and 11:30
 When Leaders are available

Confession Times

Saturday 4:00 – 5:00 pm
 Sunday 5:30 – 6:00 pm
 Wednesday 5:15-5:35 pm

Divine Mercy

Fridays at 3:00 pm (10-Minute Devotion)

Evening Prayer

Wednesdays at 5:00 pm

First Friday Devotions to the Sacred Heart

The first Friday of the month during the morning Holy Hour at 8:15 am

First Saturday Devotions

We will pray the Rosary in honour of Mary on the First Saturday of the month at 9:00 am with a Mass at 9:30 am

On the second Friday of each month we have a **Rosary for the victims of human trafficking** at 7:00 pm.

Catholic Women's League

General Mtg 1st Monday of Month
 Exec Mtg, last Monday of Month
 7:00 pm Sept – May

Knights of Columbus Gen. Mtg

2nd Tuesday of Month
 Exec Mtg 1st Tuesday of Month
 7:00 pm Sept – June

Legion of Mary Meeting

Wednesdays 1:00 pm

Light of God Prayer Group

Mondays at 7:30 pm

Little Flower Society

Second Wednesday of month 7:00

Rosary Making

Thursdays 1 – 3 pm

Advent means "to come to"; "O Come Let Us Adore Him!"

What is Advent?

Advent is the beginning of a new liturgical year for the Roman Catholic Church. On the first day of Advent, which begins this year on November 28th, the Church celebrates its New Year's Day. The date for the beginning of Advent falls each year on the Sunday closest to November 30th - the feast day of Saint Andrew the Apostle.

Is Advent the same as Christmas?

Sometimes people make the mistake of thinking that Advent is part of the Christmas celebration. In fact, Advent is a separate time of preparation all its own. For the Catholic Church, Christmas doesn't begin until the first Mass is celebrated on Christmas Eve and it continues until the "Octave of the Epiphany" on January 14th.

Advent is given to us as a time to prepare our souls for the coming of the Lord. This season is very similar to Lent which helps us to prepare for Easter. In modern times we are tempted to skip over the penitential aspects of Advent and focus on the joy of Christmas. This is a great tragedy. Focusing only on the joy denies the truth: the Christ Child is our Lord and Saviour Who will suffer and die for our salvation.

What is the history of Advent?

Originally Advent was celebrated over forty days, just like the Lenten season. This has now been shortened to four weeks, but the symbolism remains. You may notice another similarity to Lent when you attend Mass; although we still sing the Alleluia before the Gospel reading, we no longer sing the song of the angels - the Gloria. We will sing this song anew with the angels on Christmas day - just as they did over 2000 years ago.

The Scripture readings during Mass remind us of all the prophecies that point to the Lord's coming. We are called to keep watch and to leave behind our sinful ways. We also hear the recurring theme of a light shining through darkness. In Isaiah 60:19 we are reminded of this promise: "The sun shall be no more your light by day, nor for brightness shall the moon give light to you by night; but the LORD will be your everlasting light, and your God will be your glory."

Advent celebration and traditions can vary from place to place, influenced by culture. However, some traditions have come to be common throughout the Catholic Church.

The Advent wreath is likely the most popular tradition, and wreaths are typically present in both the parish church and in the home. It is a more recent tradition, with the modern Advent wreath emerging in Germany and spreading throughout Europe and beyond in the 1930's. It is often circular, representing God's eternity, and it includes 4 candles - one for each Sunday of Advent. The light of the flame is a visual reminder that Christ is "The Light of the World" (John 8:12). There are three violet (purple) candles and one rose candle, each representing 1,000 years. Added together, the four candles symbolize the 4,000 years that humanity waited for the Saviour.

Violet is a liturgical color that is used to signify a time of penance, sacrifice, and prayer. During the first, second, and the fourth weeks of Advent we light violet candles. The Third Sunday of Advent is called Gaudete (Rejoice) Sunday. On this day we celebrate that our waiting for Christmas is almost over. Rose is a liturgical color that is used to signify joy, so we light the rose candle on the third Sunday of Advent.

The first Sunday of Advent symbolizes Hope with the Prophet's Candle reminding us that Jesus is coming. The second Sunday of Advent symbolizes Faith with the Bethlehem Candle reminding us of Mary and Joseph's journey to Bethlehem. The third Sunday of Advent symbolizes Joy with the Shepherd's Candle reminding us of the Joy the world experienced at the coming birth of Jesus. The fourth Sunday symbolizes Peace with the Angel's Candle reminding us of the message of the angels: "Peace on Earth, Good Will Toward Men."

When Advent Wreaths are decorated the materials often have symbolic meaning. The use of evergreens reminds us of our eternal life with Christ, holly represents the crown of thorns from the Passion of Jesus, and pinecones symbolize Christ's Resurrection.

The Jesse Tree is also a popular Advent tradition. A Jesse Tree, named for the father of David, is a tree that is decorated gradually throughout Advent with symbols or pictures of biblical persons associated with the gradual coming of the Messiah, Christ. This includes, among others, Noah, Abraham, Moses, and Joseph and Mary. The Jesse Tree tradition provides a wonderful teaching opportunity; it is a perfect way to teach and remind children about the preparatory nature of Advent. **Jesse Tree Symbol Ideas:**

The Sun: Just as the natural sun gives light and life to all upon whom its rays fall so Christ, the Rising Dawn, dispels darkness and brings eternal life and light.

The Tablets of the Law: The Law of Moses as symbolized in the tablets which God gave to Moses on Mount Sinai was fulfilled in Christ Who brings a law of love.

The Key of David: The key is the emblem of authority and power. Christ is the Key of the House of David Who opens to us the full meaning of the scriptural prophecies, and reopens for all mankind the gate of Heaven.

Bethlehem: Seven hundred years before Christ's birth, it was prophesied that the Saviour would be born in the town of Bethlehem. Bethlehem, which means "House of Bread," was appropriately designated as the birthplace of Christ, the Bread from Heaven.

The Root of Jesse: The flower which springs up from the root of Jesse is another figure of Christ. Isaiah prophesied that the Saviour would be born from the root of Jesse, that He would sit upon the throne of David, and in Christ this prophecy is fulfilled.

The Star of David: The six-pointed star is the emblem of the Royal House of David even to this day. Christ Who is born of the House of David, can truly claim this emblem as His own.

Jacob's Ladder: In a vision, Jacob saw a ladder reaching from heaven to earth, with angels descending and ascending. Christ, the Incarnate God, is the Ladder reuniting earth to heaven, mankind to God.

Jonah in the Whale. As Jonah remained in the whale three days, so Christ remained three days in the earth after His death.

The Temple: The Temple was God's dwelling place among the Jews of the Old Testament. His new Presence is within us.

The Crown and Sceptre: The crown and sceptre signify Christ's universal kingship. As we sing in the fifth Antiphon, Christ is not only the King of the Jewish nation, but the "Desired One of all," the cornerstone which unites both Jew and Gentile.

The Sword of Judith: Judith of the Old Testament, who killed with a sword the leader of the Assyrian army, saved the Israelite nation. She prefigured Mary whose "Fiat" brought salvation to all mankind.

The Burning Bush: God appeared to Moses in the form of a burning bush, which burned but was not consumed, a symbol of the Virgin Birth of Christ.

Noah's Ark: A saviour, Noah preserved the natural life of all within the Ark; Christ brings supernatural life to mankind and preserves that life within His Mystical Body the Church.

The Ark of the Covenant: We address Mary as the Ark of the Covenant because she, like the Ark of the Old Testament, contained the most precious Gift of the New Law.

The Altar of Holocaust: Sacrifice was offered daily on the Jewish altar of holocaust--a type of the Christian altar and the daily sacrifice of the Mass.

The Apple: "O Happy Fault, whereby we have merited so great a Redeemer."

The Paschal Lamb: At the yearly Pasch, the Jews sacrificed a new, unblemished lamb in thanksgiving for all that God had done for them and as an atonement offering for all their sins. This sacrifice of the Paschal Lamb was fulfilled in Christ, the "Lamb who takes away the sins of the world."

The Pillar of Fire: In the Old Testament, God appeared in a pillar of fire to lead His people through the desert, as Christ leads us through the desert of life.

Manna: The manna which the Jews ate in the desert for forty years was a symbol of Christ, the true Bread which descended from heaven.

More Jesse Tree Symbols may be reproduced and used with permission from <http://www.eriescd.org/jesstree.htm>

Advent calendars are another popular tradition, although they most often follow the calendar month of December, not the four Sundays which can begin in November. An idea for a homemade Advent Calendar is to write out the Nativity story, breaking it into twenty-four paragraphs. Then draw or search for a picture for each of the twenty-four days/paragraphs. These 25 paragraphs could be put on index cards (laminated maybe?). Every day the children could take turns reading a paragraph to move the storyline along. The child who read the paragraph could then tape the illustration to a poster board. By Christmas, the poster board will be filled with pictures of Mary and the angel and the donkey, etc. Others have made a wall hanging with a pocket for each day and the card, (along with a small treat maybe?) could be taken from a pouch each day. Or, combine the Jesse Tree and Advent Calendar as a single activity.

An Advent Good Deed activity can be fun. Fill a jar or box with "good deed" ideas. Every day during Advent each person in the family can pull out a good deed to be performed that day. Another idea is to have a secret buddy (names could be drawn) and throughout Advent you do as many good deeds for your secret buddy as possible without being caught. Make their bed for them, tidy their toys or put away laundry, empty the dishwasher etc., but try not to get caught. Another idea is to pick up a bundle of straw and after every good deed, a piece of straw may be added to a manger (maybe use a doll cradle?) so that when baby Jesus comes on Christmas Eve, the manger will be soft and comfortable with lots of straw (from the good deeds of the family).

Use your imagination to make Advent a special family time, a season apart from Christmas with its own distinctive memories in the making so that when Christmas comes, it will be even more special as a result of the preparations during Advent. Give it a try!



All ladies of our parish are invited to make Christmas cookies for our booth at St. Ann's Bazaar. Please bring them to the Church basement after 9:30 Mass on November 25th

St. Ann's Annual Christmas Bazaar and Family Fun Day – November 26 11-3pm. It's a great event for the **whole family** and lots of fun for the kids with games, crafts, prizes and treats. Of course you won't want to miss our World Famous Tea and Bake Sale... Shopping, shopping, and shopping for the parents. Start or finish your Christmas shopping with our home Based Businesses. From Crafts to Jewellery to Cleaning WOW!!!! Bring your friends and come and have some fun! PS. – it's never too early to start setting aside things that you might be able to

donate- we will need items for the white elephant sale (yes, it's back), raffle prizes, small toys and prizes for the fishpond and other activities, and jars filled with goodies for the bottle booth. All donations welcome, as are volunteers!

CWL Advent Dinner: Tuesday, December 6, 2011. Meet at the Most Holy Trinity Ukrainian Catholic Church, 109 Tranquille Rd, at 5pm for a tour of the church and icons by Father Pavlo. The tour and visit of the church will be followed by dinner at Dynasty Garden 227 Tranquille Rd. Cost is \$20. To reserve your spot for the dinner please call Anne 250-374-8454 or Kathy 250-828-0098.

2012 CWL membership fees are being collected during November and December. Please note the 2012 fees have increased to \$30. Unfortunately the parish envelopes went to press before the change could be made. \$23 is the incorrect price for the membership fee of 2012. Sorry for the inconvenience.

Offering envelopes for 2012 are available at the church entrance. DO NOT USE these envelopes *until* 2012, and do not use 2011 envelopes in the New Year as the envelope numbers will not be the same. This is very important. If you have old envelopes left over use them as scrap paper, do not use them at church. If you did not receive a box of envelopes for the New Year but want one, please contact the parish office and one will be arranged for you immediately. Thank you for your cooperation.

Prayer and Devotions for the Holy Souls Each week in the month of November we will include prayers for the Holy Souls in the Sunday Bulletin. **Lord Jesus, have mercy on the souls detained in Purgatory. It was for their salvation that you took on our human nature and suffered a most painful death. Have mercy on their burning desire to see you, have mercy on their tears of repentance. Through the merits of your Passion, remit the sentence they incurred by their sins. Dear loving Jesus, may your Blood descend on those dear souls! May it shorten their time of atonement and may they soon be called to eternal happiness in your Presence! Amen.**

Buy your 2011/2012 Entertainment Coupon Books for fun, food & fantastic rates. Many 2-for-1 offers and other bargains, which can be used from now until November 1, 2012. They make great gifts at only \$30 (I can also order books for any city you choose – great gifts – for example, Vancouver, Edmonton, or Calgary.) Please call Linda at 250-851-8605 or email rlcameron@shaw.ca (Fundraiser for Kamloops Pro-Life Society)

Mass for Healing: Tuesday, November 22nd at 7:00 pm at St. John Vianney Church. Fr. Wladyslaw Karciarz O.M.I. is the celebrant. Everyone is welcome!

Advent Mission led by Fr Andrew L'Heureux Monday Nov. 28, Tuesday Nov 29 and Wednesday Nov 30. The theme is God's plan for man and woman. There will be Mass each evening at 6:30pm followed by the talks by Fr. Andrew. The Sacrament of Reconciliation will also be made available these evenings

Young Adult Advent Retreat, for married and single ages 17 – 35yrs. – December 16 – 18 at the Immaculate Heart of Mary Shrine and Centre. Registration forms coming soon.

Lay Enrichment with Fr Derrick Cameron: *Preparing for the Word Made Flesh* December 2 – 4 at the IHM Shrine. Registration forms are available online at www.rcdk.org

It's Joey's contest time again. November 1 - 30! Please take a few minutes and vote for the Pregnancy Care Society of Kamloops. Last year the centre won \$15,000 for a very worthwhile cause and we can do it again with your help. Please go on-line <http://www.pregnancycarekamloops.com> where we have posted a link. Scroll through the nominations to Pregnancy Care Centre and place your vote for us, take a moment to view our new video - view as often as you can (video with most viewings wins \$1,000.00 (Note: we are the ONLY charity nominated in Kamloops). Charity with the most votes wins \$15,000

EMPLOYMENT OPPORTUNITIES

Our Lady of Perpetual Help School is seeking qualified applicants for the position of primary classroom teacher. This is a 1.0 FTE position, in a grade one/two classroom, to commence on December 5, 2011 and continue for the remainder of the 2011-2012 school year. Preference will be given to candidates who possess: active membership in a Catholic parish, commitment to excellence in Catholic education, experience teaching primary students. To request an application, please contact the Superintendent of Schools, Kelly Tries, at ciskdschools@telus.net For more information about this position, please contact the Principal of Our Lady of Perpetual Help School, Rose Nowicki, at rose@olpshschool.ca This position will remain posted until Monday, November 21, 2011.

Manager/Administrator Required for LeJeune Manor – required for December 1. Part time work. Should know Simply Accounting and general property management principles. Send resume to lejeune@telus.net