

# Sacred Heart Cathedral

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St. Ann's Academy: Telephone: 372-5452  
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*Bishop of Kamloops: Most Rev. David Monroe*

*Rector: Rev. Andrew L'Heureux (on sabbatical until the end of March)*

*Assistant: Rev. Vincent Asomugha*

*Office: Lennie Heslop 8:00 am – 4:00 pm Monday to Friday*

Telephone: 250-372-2581 Fax: 250-372-2582

Website: [www.sacredheartkamloops.org](http://www.sacredheartkamloops.org)

Website: [www.stannsacademy.bc.ca](http://www.stannsacademy.bc.ca)

Website: [www.rcdk.org](http://www.rcdk.org)

## Fifth Sunday in Ordinary Time February 5, 2012

### Mass Intentions

Sat	7:00 pm	People of the Parish	<b>5<sup>th</sup> Sunday in Ordinary Time</b>
Sun	8:30 am	People of the Parish	
	11:30 am	People of the Parish	
Mon	7:15 am	Int of Ella Loranger	<b>St. Paul Miki &amp; companions</b>
	9:30 am	Alena Ross RIP	
Tues	7:15 am	<b>NO MASS</b>	
	9:30 am	<b>NO MASS</b>	
	<b>6:30 pm</b>	Maria Abiusi & Francesco Torchia RIP	
Wed	7:15 am	Mrs. Piper McMillan RIP	
	9:30 am	Mrs. A.K. MacDonald RIP	
Thurs	7:15 am	Int of Bishop Sabatini	
	9:30 am	Modesta & Basilio Habacon RIP	
Fri	7:15 am	Ped Legaspi RIP	<b>St. Scholastica</b>
	9:30 am	Int of Stephen & Lorraine Farady	
Sat	7:15 am	Jack Lidtser RIP	<b>World Day of the Sick</b>
	7:00 pm	People of the Parish	<b>6<sup>th</sup> Sunday in Ordinary Time</b>
Sun	8:30 am	People of the Parish	
	11:30 am	People of the Parish	
	6:00 pm	People of the Parish	

**We ask you to remember in your prayers:** *Maria Borges, Rupert Atzenberger, Ingmar Christianson, Tina Podorieszsch, Mike Hackett, Alex Kleklau, Laureen Storry, Angela Howe, Teresa Bruno, Mr. Campos, Gus Stankoven, Nadia Anselmo, Lucille Volk, Mary Abate, Olivera Lambeta, Lionel Borges, Tyson McLean, Veronica (Elsa) Cruz, Vivian Barrie, Alex Schuetz, Antonio Iadarola, Marcus, Moira Gadon, Lois Gagne, Bryce Kowalsky, Marty Beitel, Jen Condon, Thomas Sloney, Shipa Sultana, Gabrielle Cox, Patricia Szafranski, Roman, Hailey, Maddison, Luke Kernan, Sheila Bedard, Bernard Dupre, and Leroy Wells. May the Lord comfort them in their time of need and bless those who care for them.*

Mass will be celebrated at the Delta Hotel in Sun Peaks every Saturday at 4 pm during the ski season.

### CATHOLIC SCHOOLS WEEK FEBRUARY 5 – 12, 2012:

Dear Parishioners,

As Catholic schools from around the province celebrate their faith-centered mission this week, the staff, students and families of St. Ann's Academy would like to express our gratitude for the generous support this Parish provides to our school community. Your support allows our students to benefit from an educational environment that has our faith as its foundation. Daily prayer, the celebration of Mass, the reception of the Sacraments and religious instruction will always be the core of the St. Ann's Academy experience. Fittingly we begin our celebration of Catholic Schools Week here at Sacred Heart Cathedral and Holy Family Parish for we, as Bishop Monroe often states, are an extension of the evangelizing mission of the Parishes.

I encourage any of our Parish families who may be considering a Catholic education for their children to contact me at the school to arrange a time for a chat and a tour.

Thank you and please continue to keep St. Ann's Academy in your prayers - as you will remain in ours.

Sincerely,

Shawn Chisholm, Principal

### Adoration

Holy Hour Monday to Friday

7:45 to 9:15 am

Adoration all day Wed

10:00 am to 9:00 pm

### Adult Education

Wednesdays at 7:00 pm

### Bible Study

Thursdays at 8:00 pm

### Bible Timeline Study

Friday mornings 10:15 am

### Children's Liturgy

Sundays at 8:30 and 11:30

When Leaders are available

### Confession Times

Saturday 4:00 – 5:00 pm

Sunday 5:30 – 6:00 pm

Wednesday 5:15-5:35 pm

### Divine Mercy

Fridays at 3:00 pm (10-Minute Devotion)

### Evening Prayer

Wednesdays at 5:00 pm

### First Friday Devotions to the Sacred Heart

during the morning Holy Hour at 8:15 am

### First Saturday Devotions

We will pray the Rosary in honour of Mary at 9:00 am with a Mass at 9:30 am

On the second Friday of each month we have a **Rosary for the victims of human trafficking** at 7:00 pm.

### Catholic Women's League

General Mtg 1<sup>st</sup> Monday of Month

Exec Mtg, last Monday of Month

7:00 pm Sept – May

### Knights of Columbus Gen. Mtg

2<sup>nd</sup> Tuesday of Month

Exec Mtg 1<sup>st</sup> Tuesday of Month

7:00 pm Sept – June

### Legion of Mary Meeting

Wednesdays 1:00 pm

### Little Flower Society

Second Wednesday of month 7:00

### Rosary Making

Thursdays 1 – 3 pm

### Young Adult Program

Sundays 7:15 – 8:30 pm

For more information please call

Adele, 250-376-3351 or email

[kamloopscya@gmail.com](mailto:kamloopscya@gmail.com)

**Scrapbooking Day** The Grade 5 class of St. Ann's Academy would like to invite you to join us for our Scrapbooking Day on Saturday, March 2. This event is a fundraiser for our trip to Barkerville. Admission is \$35.00 per person, which will entitle you to a table for the day (9:00am to 9:00pm), snacks, lunch and door prizes. There will be consultants from Close to my Heart, Stamping Up, Creative Memories, & Scrap Some More on site for demos and lessons. For more information or to reserve your table, please contact Carmen at 250-372-7073, or email [sullfamily001@shaw.ca](mailto:sullfamily001@shaw.ca).

**THE KNIGHTS OF COLUMBUS ARE ONCE AGAIN CARRYING OUT THE BABY SHOWER FOR THE KAMLOOPS PREGNANCY CARE CENTRE.** The items being sought this year are as follows: infant diapers/ pampers; infant formula, and wipes. For mothers, we are asking for picture frames, hand soap, hand cream and candles. If you could let us know what the estimated value is, we would appreciate it. The program is also being carried out in Merritt, Chase and the other Catholic Churches in Kamloops.

**KNIGHTS OF COLUMBUS KAMLOOPS COUNCIL 1614 100TH ANNIVERSARY CELEBRATION** Friday March 9th. Mass will start at 6:00 pm and Supper at 7:00 pm at Sacred Heart Cathedral. Tickets are \$25 each. Only 75 tickets are available, so get them soon! Contact Mark Weiler at 250-372-0906 or email at [mmweiler78@gmail.com](mailto:mmweiler78@gmail.com)

**Men----**This is for you!! Whether you are a Knight or not, whether you are a dog lover or not, **YOU** are invited to a very stimulating dogmatic evening with Father James Mallon. The first evening he will discuss the topic "I believe in doG" Does God take pleasure in seeing you run? Come and find out on Tuesday Feb 14 (yes Valentine's day) 7pm at Sacred Heart Cathedral (lower hall). The first study takes only 49 min. however it will enrich your life and help you become a vibrant catholic witness.

**CPPS MISSION PROJECTS "WINDMILLS, WELLS AND WATER"** 2012 On Saturday, February 25, 2012, CPPS Mission Projects will host its 10th annual "Windmills, Wells and Water" fundraising dinner at Thompson Rivers University Grand Hall. Tickets are \$80 per person with all proceeds going to the mission projects operated by the Precious Blood Missionaries in Tanzania, East Africa. Tickets can be purchased with monthly payments or in one full payment. For tickets please contact Anna or Lloyd 250-579-8888 or Frank, 250-314-1429. This event will also serve as a send off celebration for the fifth group of students and chaperones who will be traveling to Tanzania summer 2012. Please note: DO NOT make out cheques for the Tanzania project to Sacred Heart Cathedral.

#### BURSARIES AND SCHOLARSHIPS

**THE CATHOLIC HEALTH ASSOCIATION OF BC WILL BE AWARDING TWO BURSARIES VALUED AT \$250 EACH TO TWO 2012 GRADUATING STUDENTS ENROLLED IN A CATHOLIC SECONDARY SCHOOL, OR WHO ARE A MEMBER OF A BC OR YUKON PARISH AND ENROLLED IN A PUBLIC SECONDARY SCHOOL, OR WHO ARE HOME-SCHOOLED.** Students are asked to submit a 500 word essay that demonstrates an awareness and understanding of the significance of Spirituality in Health Care. Submissions must be received on or before March 9th, 2012. For further details, please check the CHABC website at [www.chabc.bc.ca](http://www.chabc.bc.ca) under upcoming events.

**CATHOLIC WOMEN'S LEAGUE DIOCESAN BURSARIES:** \$500 awarded to a CWL member who wishes to on go further training. Application deadline is March 15th Details at [www.cwl.bc.ca](http://www.cwl.bc.ca)

**MOLLY BOUCHER PROVINCIAL BURSARY:** \$500. Applicant must have been an active member for two years. Deadline: March 31. Details at [www.cwl.bc.ca](http://www.cwl.bc.ca)

**LIFE MEMBERS ART AND CULTURE AWARD:** \$500. Must be either a member of the CWL or related to a CWL member. Deadline: Mar. 31. Details at [www.cwl.bc.ca](http://www.cwl.bc.ca)

**SACRED HEART CATHEDRAL CATHOLIC WOMEN'S LEAGUE SCHOLARSHIP** to assist a practicing Catholic student attending either St. Ann's Academy or a public education institution with his/her post secondary education goals. Criteria: Student must maintain a "B" average in their chosen course of studies, continuing education in a post secondary institution, must demonstrate commitment and service to his/her parish/school. Students are to provide a typed letter of application, addressing the criteria for the award and outlining their involvement in the parish, their future goals and objectives, their community involvement and their school involvement. They must provide two only letters of reference supporting the above. Students will have to provide supplementary information Form that includes Grade 11 and 12 marks. Applications are to be sent to Sacred Heart Cathedral CWL President. Application deadline is March 31.

**Next Catholic Girls League meeting** will be February 24th at Holy Family Parish; 5:30PM for Executive, 6:00PM to 7:30PM for all Members. Please note: the Installation Ceremony will now be MARCH 25TH, 2012 at HOLY FAMILY PARISH at the 10:30 Mass. All Members are required to be present. Please contact Jeanne Vos at 250-851-6800 to renew your Membership for 2012. Membership is \$10.00. All girls ages 9-15 are welcome to join. (Members from 2011 please contact Jeanne).

**SHARE LENT WORKSHOP OF DEVELOPMENT AND PEACE AT HOLY FAMILY PARISH** 2797 Sunset Drive, on February 11th, 9:00 am - 4:00 pm. Lunch will be provided. This workshop is open to all. For more information, please contact Liz and John Corrigan at 604-894-3671.

**The House of Ruth** is committed to providing a safe, clean, and sober environment to help women. We offer a balanced transition towards a holistic recovery with services including: Counselling, 12 Step Program, Life skills and job readiness, Career and education preparation, Vocational and life skills development, Relapse prevention education, Recreation and occupational therapy, and Recovery plan. **9th Annual Ruth's Nite:** On March 5th at 7 pm at the Kamloops Full Gospel Church at 1550 Tranquille Road, women from the House of Ruth will share their amazing stories of courage in overcoming addictions. Delicious desserts and great door prizes donated will make this an evening you won't want to miss! \$10 per lady at the door. All donations go directly to The House of Ruth (no children please). FMI call 250-376-6.

**World Day of Prayer 2012:** "Let Justice Prevail" Written by the women of Malaysia. World Day of Prayer is a worldwide movement of Christian women of many traditions who come together the first Friday of March to observe a common day of prayer each year. Through World Day of Prayer, women affirm their faith in Jesus Christ and become aware of the whole world; are enriched by the faith experience of Christians of other countries and cultures; share the burdens of other people and pray with them and for them; become aware of their own talents and use them in the service of God's world. Prayer and action are inseparable and both have immeasurable influence in the world. We will join our neighbours in celebrating World Day of Prayer at Southwest Community Church (700 Hugh Allan Dr – corner of Hwy 5A) on March 2nd 2012 at 1:00 pm.

**Volunteers needed:** With Easter just around the corner, it would be a great help if we had a few more volunteers for ushering. If you are interested in serving the Church in this manner, please contact Sharon at (250)372-7238. Also, we are short some name tags. If you have one of the tags at home please bring it back so it can be used again. Thank you to all our wonderful volunteers. Your dedication and service to the Church is invaluable.

March 2 is Fr. Andrew L'Heureux's birthday. If you would like to include your prayers in a Spiritual Bouquet that will be sent to him while he is on Sabbatical, please fill out the form below



**Spiritual Bouquet for Father Andrew L'Heureux's Birthday**

*a gift from Sacred Heart Cathedral for his birthday on March 2nd*

I/We have said or commit to the following for the sanctification and salvation of Father Andrew:

	<u>Number</u>
Masses	_____
Communions	_____
Rosaries	_____
Holy Hours in the Church	_____
Stations of the Cross	_____
Chaplets of Divine Mercy	_____
Novena	_____
Angelus	_____
Acts of Charity	_____
Other Prayers	_____
Acts of Charity include: feeding the poor, visiting the sick, taking someone to the doctor, or any other Work of Mercy.	_____

Please return forms to the Church by  
 Sunday, February 26 to be added together.  
 (Place in collection basket or put in mail slot of rectory)  
 Name (if you wish to have it included on the card):  
 \_\_\_\_\_

*Ladies Luncheon*



*Tuesday February 14<sup>th</sup> 11:30 am*  
*Sleepy Hollow's Dinner - (Travelodge) Backroom*  
*Meet new friends or enjoy old friends.*  
*All ladies of the parish are welcome.*  
*Please RSVP Maura at 250-374-3519*

**PANCAKE BREAKFAST**



A pancake breakfast will be served downstairs in the Church Hall following the 8:30 am Mass on Sunday February 19<sup>th</sup>  
 The cost is by donation only.  
 The menu consists of Pancakes, sausage, hash browns and eggs.  
 It will be a breakfast you won't want to miss!