

Sacred Heart Cathedral

255 Nicola Street, Kamloops BC V2C 2P3

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St. Ann's Academy: Telephone: 372-5452 Website: www.stannsacademy.bc.ca

Diocese of Kamloops: Telephone: 376-3351 Website: www.rcdk.org

Bishop of Kamloops: Most Rev. David Monroe

Rector: Rev. Derrick Cameron

Assistant: Rev. Vernantius Ononiwu

Assistant: Rev. Fred Weisbeck

Office Hours: 9-12 noon & 1 – 5 Mon - Friday

Check out our website – weekly bulletin available online
www.sacredheartkamloops.org

Fifth Sunday of Easter, May 2, 2010

		<u>MASS INTENTIONS THIS WEEK</u>	
Saturday	7:00 pm	People of the Parish	5 th Sunday of Easter
Sunday	8:30 am	People of the Parish	
	11:30 am	People of the Parish	
	1:30 pm	People of the Parish	First Communion Mass
	6:00 pm	People of the Parish	
Monday	7:15 am	Sr. Dorinada Repuldo Int	Ss. Philip & James
	9:30 am	Carmella Bruno RIP	
Tuesday	7:15 am	NO MASS	Blessed Marie-Leonie Paradis
	9:30 am	NO MASS	
	6:30 pm	Ada Mercuri Int	
Wednesday	7:15 am	Walter & Leyha Szofranski RIP	
	9:30 am	Caroline Hiller Int	
Thursday	7:15 am	Debra Pasqualotto Int	Blessed Francois de Laval
	9:30 am	Adele Huculak Int	
Friday	7:15 am	Giselle Tremblay Int	
	9:30 am	Ashley Wan Int	
Saturday	7:15 am	Joyce Wyse Int	Blessed Catherine of St. Augustine
	7:00 pm	People of the Parish	6 th Sunday of Easter
Sunday	8:30 am	People of the Parish	
	11:30 am	People of the Parish	
	6:00 pm	People of the Parish	Confirmation Mass

THIS WEEK AT SACRED HEART CATHEDRAL

Monday:	7:00 pm	CWL General Meeting – Crowning of Mary
Tuesday :	6:00 pm	Rosary
	7:00 pm	Bible Study DVD Series.
Wednesday:	10am-9pm	Adoration
Thursday:	6:30 – 8:00 pm	Rosary Making - Board room downstairs. Bring a friend!
	6:30 pm	FFC (Children's Catechism at St. Ann's Academy)
	7:00 pm	Legion of Mary
	8- 9:00 pm	Bible Study – Board room downstairs. All welcome!
Friday:	3:00 pm	Divine Mercy

Prayers for the Sick: With permission from the person who needs prayers, their names will be placed in the bulletin for up to a month, unless otherwise reported as doing well. We ask you to remember in your prayers: Maria Borges, Lionel Borges, Rupert Atzenberger, Ingmar Christianson, Valentino & Tina Podorieszsch, Mike Hackett, Alex Kleklau, Debby McNutt, Laureen Story, Angela Howe, Teresa Bruno, Sacha Weiler, Jane Winters, Jim Coughlan, Joanne Pierrot, Jack, Sheena Flynn, Mr. Campos, Gus Stankoven, Joan Arens, Nadia Anselmo, Lucille Volk, Mother Claire, OCD – Prioress of the Carmel of Saint Joseph, Santina Sartori, Brent Farrar, Charlotte Bengart, Yvonne Douglas, Kevin Martin, Zoe Ehlert, Chloe McKnight, Eric Bientjes, Kay Marshall, Ruth McKay, the Harrison family, Carmen Vassallo, Magdalena Maria Luison, Mary Micalles, and Mary Abate. May the Lord comfort them in their time of need and bless those who care for them.

Please keep Father Domingo Cedo in your prayers. His condition is stable enough to go to the Philippines to be with his family. He left on Wednesday, April 28th - Msgr. Jerry Desmond and a nurse accompanied him.

If you know anyone who is shut in at home or in a care facility and would like someone to bring Holy Communion, or someone to visit him or her – please phone the Rectory at 372-2581

Adoration

Holy Hour Monday to Friday
7:45 to 9:15 am
Adoration all day Wed 10:00 am to 9:00 pm

Children's Liturgy

Sundays at 8:30 and 11:30 when leaders are available

Confession Times

Saturday 4:00 – 5:00 pm
Sunday 5:30 – 6:00 pm
Wednesday 5:15-5:35 pm

Divine Mercy

Fridays at 3:00 pm (10-Minute Devotion)

Evening Prayer

Wednesdays at 5:00 pm

First Friday Devotions to the Sacred Heart

The first Friday of the month during the morning Holy Hour at 8:15 am

First Saturday Devotions

We will pray the Rosary in honour of Mary on the First Saturday of the month at 9:00 am with a Mass at 9:30 am

Parish School

St. Ann's Academy - K to 12
250-372-5452 Fax: 372-5257
Web site: www.stannsacademy.bc.ca

Pregnant and need help?

Pregnancy Care Centre of Kamloops
Shirley: 376-4646
E-mail:
info@pregnancyarekamloops.com

Need to strengthen your marriage?
Retrouvaille <http://www.retrouvaille.org/>
(604) 530-6710

Healing for those who have had an abortion

Please call Nancy at 250-267-5081 or email rvkamloops@yahoo.ca.

The Year of the Priest - St. John Vianney (Patron of priests)

Pope Benedict has chosen this year to celebrate the Year of the Priest because it is the 150th anniversary of the death of St. John Vianney. Saint John Vianney, the beloved Curé of Ars, was canonized in 1925, and in 1929 Pope Pius XI declared him "Patron of Parish Priests."

"There are two ways of uniting ourselves with Our Lord...prayer and the Sacraments." - St. John Vianney

A Prayer for Priests

Heavenly Father, grant that our priests be strengthened and healed by the power of the Eucharist they celebrate. May the Word they proclaim give them courage and wisdom. We pray that all those whom they seek to serve may see in them the love and care of Jesus, our Eternal High Priest, who is Lord forever and ever. Amen.

Fifth Week of Easter

The Fifth Sunday of Easter brings us stories from Acts of the Apostles of Paul and Barnabas and their work in the early church. They spread the good news to the Gentiles and then "called the church together and reported what God had done with them and how he had opened the door of faith to the Gentiles." John's Gospel returns to the Last Supper. Jesus gives his followers a new way of life: "This is how all will know that you are my disciples, if you have love for one another." Monday is the Feast of Saints Philip and James, Apostles. All week, as we read about the inspiring development in the early community - with the acceptance of the good news by the Gentiles - we experience the assurance of Jesus. Even on Friday, when we break our cycle of readings to celebrate the Feast of St. Mark, we hear that after the Ascension, "the Lord worked with them and confirmed the word through accompanying signs." The Gospels this week continue the "Last Discourse" of our Lord, taking chapters 14 and 15 of the Fourth Gospel. In these marvellous chapters we experience Jesus, "the way, the truth and the light." He consoles his disciples with the gift of his peace, which is different than the peace the world offers.

What Jesus gives is a relationship as close as a vine is to its branches. He calls us to remain connected with him so that we can remain fruitful. Without him, we dry up and wither. When we are so united with Jesus, we can ask him for whatever we need to be fruitful. His invitation is for us to remain in his love, to make our home there. The resulting relationship is that of a friend. And this friendship is his gift to us - not our choosing him, but Jesus choosing us as friends who can open our hearts to him.

Therefore, in this relationship of connectedness and fruitful love flowing to us and through us to others, Jesus says that the one command he gives us is that we love one another - that we stay loving and fruitful.

Finally, Jesus reminds us that if the world didn't like his announcing and living of this good news, then it won't like our announcing and living it either.

John's Gospel offers us comfort and peace in a very direct way for the 6th Sunday of Easter. Jesus says "Peace I leave with you; my peace I give to you. Not as the world gives do I give it to you. Do not let your hearts be troubled or afraid."

Daily Prayer This Week

We can hold the words of Jesus in our hearts all week. As we do, we will discover their attractiveness and invitation. We will also encounter resistance in ourselves and in others.

It takes practice to stay focused in the background of our daily life. We all have years of habit to overcome.

However, we can practice letting this consoling message of Jesus find a place in our awareness at various points in our day, whether it is in the shower, while getting dressed, or simply whenever we are on our way from one place to another. Sometimes it will take a conscious effort to let these thoughts replace the thoughts that are there already. In the background of our day is where our worries reside. It's where we carry anxiety and stress. Sometimes it is where we carry on imaginary conversations with others or "replay" past conversations like a song that we can't get out of our heads. This is when we turn those returning anxieties over to the God, asking God to heal us.

This is a great week to get in touch with our deepening desires and to let my conversations with Jesus grow in friendship. The easiest way to do this is to say simple ordinary things -- the very way I would say them to a close friend. Some examples might offer words that will inspire our own conversation with the Lord who loves us.

"Jesus, every time I hear you say I don't have to let my heart be troubled, I pause. I sense you are pointing to the 'troubles' I'm working through today. You're asking me to let go of them, aren't you? I'd like to, Jesus, but some of this is big stuff. It scares me. I know some of what I need to do, but I put it off. I know what I'm avoiding. It helps to focus on your love for me this week. I guess what I really need to ask you for today is that you let me trust you more completely. It is really nice these days to feel that you are so close to me, and that I'm not alone today."

"I haven't been very connected to you, Jesus. This conversation is difficult because it reminds me the embarrassing stuff I keep doing - even though right now, I'm ashamed to talk about it in your presence. Please forgive me. Some of this I want to bring to the Sacrament of Reconciliation, so that I can be re-connected with you again. I need a 'turning point,' Jesus. Thank you for being there." "Good night, Jesus. Thank you for today. Let me put everything aside tonight. I know you will be with me all day tomorrow." Taken from the "Weekly Guide for Daily Prayer" on the Creighton University's

Online Ministries web site: <http://www.creighton.edu/CollaborativeMinistry/online.html> Used with permission.

World Youth Day 2011 Fundraising - Bottle collection is ongoing. For pick up at home call Wendi 250-374-7679 or Michelle 250-374-3370. **Yard services: the young people will attend to spring clean-up in your yard for donations.** For more information please call Wendi 250-374-7679 or Adele 250-376-3351



Catholic Women's League

General meeting Monday May 3. Join us in the church at **7pm** for the **Crowning of Mary** to begin our meeting. **Attention Graduating Students 2010:** A \$500.00 scholarship is available to a practicing Catholic student graduating in June who plans to continue his/her education at a post secondary institution.

Please pick up the forms at your schools to apply. **Thank you** to everyone who kindly donated delicious soups and buns, and/or their precious time to help with set up/clean up for our Lenten Soup and Bun lunches, and thank you to all of you who donated money at the lunches. With your help and donations, \$777.27 was raised. The Catholic Women's League has increased that to round it off at \$800. We are sending \$400 to the Seminary Fund and \$400 to Matercare. Well done!

Ladies & Gentlemen: (Gentlemen – this may be a whole new experience for you.) We need volunteers willing to give approximately 1 hour a week to do general light dusting here at the Cathedral. For information call Fr. Derrick at the rectory or Joan at 250-461-6622.

Ladies luncheon will take place on Tuesday **May 11** at the Pronto restaurant at the Coast Canadian Inn. Meet new friends or enjoy the fellowship of old friends at 11:30am. All ladies of the parish are invited to attend. Please RSVP to Adele at 250-828-2854

Mark your calendars for Saturday, May 15, 2010. We are celebrating the Feast Day of St. Francesco di Paola with a Mass in Italian at Our Lady of Perpetual Help Church. The mass will be followed by a festive procession, and a banquet and dance at the Colombo Lodge in the evening. Tickets are \$35.00 and are available by calling the Colombo Lodge (250) 374-4914.

9TH ANNUAL ST. ANN'S GOLF TOURNAMENT: May 15th 2010, Eagle Point Golf Course Tee Times: Shotgun start at 1:00 p.m. Registration begins at 12:00 p. m. The cost of entry is \$400 per team of four adults for eighteen holes of golf, dinner, and prizes! Hole-in One prize of \$10,000! MULLIGANS, \$10 each, one max per player. Putting contest as usual! Please contact Shawn Chisholm or Byron Green at St. Ann's Academy at 250-372-5452 to request a team registration form.

World Youth Day 2011 fundraising dinner All parishioners in the city are invited to support the efforts of the young people who are planning to attend WYD in Spain 2011. At pasta dinner will be held on **Saturday May 15** at 5pm at Sacred Heart Cathedral in the parish hall. Tickets are \$15. For tickets please call Mike 250-319-0662, Adele 250-376-3351, Michelle 250-374-3370, or Wendi 250-374-7679.

Clergy Appreciation: The Knights of Columbus Councils of Kamloops will be hosting their annual Clergy Appreciation Night on **May 19th** at OLPH Parish Hall. The evening will start with a Social at 6:30 with dinner to follow at 7:00 pm. Tickets are \$20.00 per person. Final ticket sales will be May 16th – **NO TICKET SALES AT THE DOOR.** Knights, don't forget the cookie baking contest, with all proceeds going to our Seminarian's Fund. This event is open to all parishioners. Cheques should be made out to Knights of Columbus #9508. Tickets are available at the Rectory, Loaves and Fishes, or from Jarett Loehr, Pat Benson or Lawrence Beaton.

Bequest Received Recently Sacred Heart Cathedral Parish received a generous bequest from the estate of Mary Elizabeth Goodwin. We extend our thanks to the generosity of all those who have given much to the Church. If we realize the gift of the sacraments – we will also come to realize that the Church has been generous to us. It is only natural to give back so that others may share the faith. How will your earthly possessions be used when you have died? Will any benefit the Church that has played an important part in your life? A simple bequest of some portion of your estate to the Cathedral can help to maintain and preserve our parish for years to come. If you presently have a will, you can easily add a bequest to Sacred Heart Cathedral. Making a will need not be complicated, and it should be done with proper legal assistance. When you next update your estate plans, please consider continuing your lifelong stewardship by leaving a bequest to Sacred Heart Cathedral. Leave a lasting legacy!

Qualified applicants are invited to apply for the position of Principal of Sacred Heart Catholic School in Williams Lake. This is a full time position, consisting of part-time teaching and part-time administration, commencing July 1, 2010. Applicants must hold a valid teaching certificate or be eligible for B.C. certification. Preference will be given to candidates who possess: Commitment to Catholic Education (include your personal philosophy of Catholic Education, Active membership in a Catholic parish community, Administrative experience, preferably in a Catholic

Independent School in British Columbia, Master's degree in school administration or applicable area of study. Applicants interested in this position must complete a C.I.S.K.D. Principal Application Package. This package may be obtained by contacting the Superintendent of Schools, Kelly Tries, at ciskdschools@telus.net

Lovely Gifts for First Communion, Confirmation, Baptism, Weddings or for any special occasion are available at Loaves and Fishes (across the street). Store hours are Tuesday – Friday 10-5 and Saturday 10-2.

March for Life in Victoria, BC Thursday May 13, 2010. **The main speaker is Bishop David Monroe.** For more information visit <http://www.clcbc.org/marchforlife2010.pdf>

Marian Movement of Priests Regional Cenacle Holy Mass followed by adoration with cenacle prayers starting at 6:30 p.m. at St. Charles Garnier Church, Kelowna on Tuesday, May 11. Father Francis Geremia CS, will be celebrant. Refreshments to follow. All are welcome. Call 448-5633.

Grief to Grace: Applications for the next Grief to Grace Program to be held at Seton House May 6th to 9th are now being accepted. Grief to Grace is a spiritual journey for anyone who has suffered degradation or violation in childhood, adolescence, or as an adult. For more information call 250-878-7603 or email g2gkelowna@shaw.ca

Catholic Engaged Encounter – A Wedding is a Day ... A Marriage is a Lifetime – a time for growth, life, love – a weekend to focus on your relationship – prepare you for lifetime commitment through this Marriage Preparation Course – final Kelowna weekend for 2010 – May 15-16th. Go to www.CEEKelowna.ca or 250-317-8445

NEW TO OUR PARISH? CHANGING YOUR ADDRESS?
PLEASE FILL OUT THIS FORM AND PLACE IT IN THE SUNDAY
COLLECTION BASKET

NAME: _____

ADDRESS: _____

POSTAL CODE: _____ PHONE: _____

NEW PARISHIONER _____ REQUIRE ENVELOPE _____

MOVING OUT OF PARISH _____ CHANGE OF ADDRESS _____

Will you wish to have a Catholic Funeral? There have been a number of good and faithful Catholics who have not had the privilege of a Catholic Funeral, especially if the children or family members do not practice their faith, simply because their wishes were not made better known. Please ensure that your family members are aware, mention your wish to the Funeral Home if you make your own arrangements ahead of time, and include in your will if necessary, that you wish to have a full Catholic Funeral Mass if that is your desire.

OLPH Parent Support Group Raffle Ticket Fundraiser: Tickets sell from \$5.00 each – Deadline to purchase tickets is Thursday, May 13th. Draw Date: Friday, May 14th at 1:30 pm. First Prize: \$4,000.00 Travel Voucher (Uniglobe Geo Travel) Second Prize: 50" Plasma TV & Home Entertainment Centre. Third Prize – Seventh Prize: Esso Gas Vouchers at \$100 each. Eighth – Twelfth Prize: Save-On Foods Grocery Vouchers at \$100 each.



A Message from Rachel's Vineyard

“Seek peace, and pursue it.” Proverbs 34:14

Find peace at a Rachel's Vineyard Retreat for healing after abortion. You have nothing to lose and everything to gain. 250-267-5081 rvkamloops@yahoo.ca www.rachelsvineyard.org