

Sacred Heart Cathedral

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St. Ann's Academy: Telephone: 372-5452 Website: www.stannsacademy.bc.ca

Diocese of Kamloops: Telephone: 376-3351 Website: www.rcdk.org

Bishop of Kamloops: Most Rev. David Monroe

Rector: Rev. Derrick Cameron

Assistant: Rev. Vernantius Ononiwu

Assistant: Rev. Fred Weisbeck

Office Hours: 9-12 noon & 1 - 5 Mon - Friday

Second Sunday in Lent, February 28, 2010

MASS INTENTIONS THIS WEEK

Saturday	7:00 pm	People of the Parish	Second Sunday in Lent
Sunday	8:30 am	People of the Parish	
	11:30 am	People of the Parish	
	6:00 pm	People of the Parish	
Monday	7:15 am	John Scherer (RIP)	
	NO 9:30 MASS		
	7:00 pm	Bruno & Joanne Uliana Int	
Tuesday	7:15 am	Liane Beauchamp Int	
	NO 9:30 MASS		
	7:00 pm	Mary Olynyk (RIP)	
Wednesday	7:15 am	Maria Romeo (RIP)	St. Casmir
	NO 9:30 MASS		
	NO 12:10 pm MASS (rosary instead followed by soup & bun)		
	7:00 pm	Santina Sartori Int	
Thursday	7:15 am	Adrian & Joanne Taylor Int	
	9:30 am	Dr. Jack Gillis Int	
Friday:	7:15 am	Eddie Rogers Int	World Day of Prayer
	9:30 am	Luigi Salituro (RIP)	
Saturday	7:15 am	Domenic Cundari (RIP)	
	9:30 am	Una Chretien (RIP)	
	7:00 pm	People of the Parish	Third Sunday in Lent
Sunday	8:30 am	People of the Parish	
	11:30 am	People of the Parish	
	6:00 pm	People of the Parish	

THIS WEEK AT SACRED HEART CATHEDRAL

Parish Mission with Fr. Fred: Monday, Tuesday and Wednesday night following the 7:00 pm Mass. The opportunity for a parish mission allows you to take some time to look at your life, values, and direction. It encourages you to ask: "What is really important to me? What am I doing with my life? What values do I have? Where does God fit into my life? What does my faith, my Church, mean to me?" Please plan to come.

Wednesday:	10am-9pm	Adoration (except during Mass)
	12:45 pm	(following 12:10 Rosary) Soup and Bun Lunch
Thursday:	6:30 - 8:00 pm	Rosary Making - Board room downstairs. Bring a friend!
	6:30 pm	FFC (Children's Catechism at St. Ann's Academy)
	7:00 pm	Legion of Mary
	8- 9:00 pm	Bible Study - Board room downstairs. All welcome!
Friday:	3:00 pm	Divine Mercy

COFFEE HOUSE & SENIOR'S OUTREACH FOLLOWING THE 9:30 AM MASS EVERY FRIDAY MORNING DOWNSTAIRS IN THE HALL. EVERYONE WELCOME!

Adoration

Holy Hour Monday to Friday
7:45 to 9:15 am
Adoration all day Wed 10:00 am to 9:00 pm

Children's Liturgy

Sundays at 8:30 and 11:30 when leaders are available

Confession Times

Saturday 4:00 - 5:00 pm
Sunday 5:30 - 6:00 pm
Wednesday 5:15-5:35 pm

Divine Mercy

Fridays at 3:00 pm (10-Minute Devotion)

Evening Prayer

Wednesdays at 5:00 pm

First Friday Devotions to the Sacred Heart

The first Friday of the month during the morning Holy Hour at 8:15 am

First Saturday Devotions

We will pray the Rosary in honour of Mary on the First Saturday of the month at 9:00 am with a Mass at 9:30 am

Parish School

St. Ann's Academy - K to 12
250-372-5452 Fax: 372-5257
Web site: www.stannsacademy.bc.ca

Pregnant and need help?

Pregnancy Care Centre of Kamloops
Shirley: 376-4646
E-mail: info@pregnancycarekamloops.com

Need to strengthen your marriage?

Retrouvaille <http://www.retrouvaille.org/>
(604) 530-6710

Healing for those who have had an abortion

Please call Nancy at 250-267-5081 or email rvkamloops@yahoo.ca.

Prayers for the Sick: With permission from the person who needs prayers, their names will be placed in the bulletin for up to a month, unless otherwise reported as doing well. We ask you to remember in your prayers: Maria Borges, Lionel Borges, Rupert Atzenberger, Ingmar Christianson, Valentino & Tina Podorieszach, Michael Haynes, Mike Hackett, Alex Kleklau, Debby McNutt, Laureen Storry, Angela Howe, Teresa Bruno, Sacha Weiler, Jane Winters, Jim Coughlan, Joanne Pierrot, Jack, Elda Martin, Sheena Flynn, Mr. Campos, Gus Stankoven, Joan Arens, Nadia Anselmo, Lucille Volk, Luigi Perri, Mother Claire, OCD – Prioress of the Carmel of Saint Joseph, Santina Sartori, Brent Farrar, Charlotte Bengart, Yvonne Douglas, Kevin Martin, Zoe Ehler, Chloe McKnight, Eric Bientjes, Kelly Hawes, Kay Marshall and Ruth McKay. May the Lord comfort them in their time of need and bless those who care for them.

The Year of the Priest - St. John Vianney (Patron of priests)

Pope Benedict has chosen this year to celebrate the Year of the Priest because it is the 150th anniversary of the death of St. John Vianney. Saint John Vianney, the beloved Curé of Ars, was canonized in 1925, and in 1929 Pope Pius XI declared him "Patron of Parish Priests."

"All the good works in the world are not equal to the Holy Sacrifice of the Mass because they are the works of men; but the Mass is the work of God. Martyrdom is nothing in comparison for it is but the sacrifice of man to God; but the Mass is the sacrifice of God for man." - St. John Vianney, the Cure of Ars

A Prayer for Priests

Heavenly Father, grant that our priests be strengthened and healed by the power of the Eucharist they celebrate. May the Word they proclaim give them courage and wisdom. We pray that all those whom they seek to serve may see in them the love and care of Jesus, our Eternal High Priest, who is Lord for ever and ever. Amen.

The Second Week of Lent

For the Second Sunday of Lent we read of how God made a covenant with Abraham. In Luke's gospel we witness how Jesus showed his disciples his glory, to prepare them for what is to come. A voice from a cloud said, "This is my chosen Son; listen to him." All we need to do for the journey ahead is to listen to him.

Each day the first reading is chosen to prepare for the gospel and the theme of both readings is complementary. The readings for the second week of Lent begin with Jesus telling us: "Be merciful, just as your Father is merciful.... For the measure with which you measure will in return be measured out to you." All week we will be taught by Jesus about the simple lessons of being his followers. "Whoever exalts himself will be humbled; but whoever humbles himself will be exalted." Jesus predicts his passion again. Again, they misunderstand, and so he says, "whoever wishes to be great among you shall be your servant." Jesus tells the Pharisees a parable about a poor man and a rich man. The rich man asks Abraham to warn his brothers about the consequences of this behaviour. Abraham answers: "If they will not listen to Moses and the prophets, neither will they be persuaded if someone should rise from the dead." Then Jesus tells the scribes and religious leaders the parable about the farmer whose servants were abused by his tenants. Finally, they killed his own son. Jesus concludes, "The Kingdom of God will be taken away from you and given to a people that will produce its fruit." While tax collectors and sinners are being drawn to Jesus the Pharisees complain, "This man welcomes sinners and eats with them." So Jesus tells them the wonderful parable of the Prodigal Son.

For the Third Sunday of Lent we read of Moses' encounter with God in the burning bush. The Lord promises Moses that he will lead the captive Israelites out of Egypt and into "a land flowing with milk and honey." Luke's Gospel tells us of Jesus' warning that we must be willing to repent now and that our lives could end by accident or through the evil of someone else. The parable of the barren fig tree reminds us of God's patient love for us, even when we show no signs of changing our lives.

Taken from the "Weekly Guide for Daily Prayer" on the Creighton University's Online Ministries web site:
<http://www.creighton.edu/CollaborativeMinistry/online.html>
Used with permission.

Daily Prayer This Week

During this second week of Lent we continue to try to make use of more reflective time each day. We are using all the resources available to us to practice new habits and patterns. We are still in the beginning stages of that process, so we shouldn't be discouraged if it takes more practice.

It is good to begin by being reminded that God is rich in mercy to us and that we should therefore be merciful to others. It is great to remember that exalting ourselves is dangerous and that there will be consequences for our mistreatment of the poor. We are like tenants of our Father's gifts to us. We can ask ourselves if we use them gratefully and return the fruits that our Lord desires, or do we reject the prophetic words that come to us? Do we reject Jesus himself? Are we like the Pharisees or the older son who resents the Father's prodigal love for all sinners?

This can all be part of the background of our busy, daily life. Each morning, when our feet hit the floor, if only for a few moments, we can ask for a simple grace. At first, it might only be, "Dear Lord, help me today." As we brush our teeth, shower and get dressed we might specify our prayer more: "Dear Lord, give me the grace to recognize my impatience, anger and judgment today. Help to soften my heart to hear your love. I need your healing, Lord." Or we might get even more concrete, "Lord, Mary Beth is such a struggle for me. Help me to remember how much you love me when I see her today. And, when I'm tempted to be impatient or angry with her, just help me pause and give that over to you, in gratitude for your love."

Each of us will be able to grow in our ability to have brief conversations with our Lord. Whether driving or shopping, doing laundry or paying bills, working in our office or walking down the hall to the bathroom, we can use brief "background" moments to connect with our Lord. These moments of "contemplation in action" will give a character and shape to our day. Lent becomes a living reality for us when our days are spent with the Lord, listening to his love for us, calling us to gratitude and freedom.

We can make uses of the resources on the Praying Lent website to have a deeper experience of this sacred season this year.

Please help with our Children's Liturgy program: Anyone who would like to help out with Children's Liturgy at either the 8:30 or 11:30 Sunday Mass, please call Linda. Materials are provided along with activity plans. It is fun and easy! More helpers are always welcome. Please call Linda today at 250-851-8605

Stations of the Cross – Parishioners are welcome to come into Sacred Heart Cathedral for individual Stations of the Cross during the week at your convenience. Communal Stations of the Cross take place at Our Lady of Perpetual Help Parish on Friday's at 7:00 pm. You are welcome to join the Stations of the Cross at OLPH Parish on Fridays if you wish.

Lay Enrichment – Lenten Retreat with Bishop Monroe March 5th – 7th Cost is only \$30. For the registration form visit the Diocesan website www.rcdk.org under "what's new"

Young Adult Retreat – March 12 – 14. Cost is only \$30. Registration forms are available online www.rcdk.org under "what's new"

Ladies luncheon on Tuesday March 9 at the Pronto restaurant at the Coast Canadian Inn. Meet new friends or enjoy the fellowship of old friends at 11:30am. All ladies of the city parishes are invited to attend. Please RSVP to June at 250-828-0018.

Soup & Bun during Lent: Our Catholic Women's League is once again organizing Soup and Bun Lunches, to be held on Wednesdays during Lent, following the 12:10 Mass. We hope everyone will come downstairs to enjoy the great lunch and fellowship. Donations will support the Seminary Fund and MaterCare. If you are able to help by donating soup, buns, or your time for setup and/or clean up please call Linda at 250-851-8605. Thank you for your support!



SHARE LENT CAMPAIGN As Pope Benedict reminds us in the encyclical, *Caritas in Veritate*, "Food and access to water are universal rights of all human beings without distinction or discrimination." Yet more than a billion people do not have enough food to live healthy, productive lives. Most live in Asia, Africa, Latin America and the Middle East. This is where Development and Peace works in solidarity with partners to increase access to food

for poor communities. Development and Peace's annual collection will take place in this parish on March 21, Solidarity Sunday. <http://www.devp.org/sharelent>



Catholic Women's League membership fees are due. Please submit your \$23 membership fee to the rectory office or into the collection plate marked "CWL" by February 28th. New members are always welcome. If you have any questions about becoming a member please call Adele 250-828-2854 or President Cathy 250-372-0570. **Did you know?** 1929 -1930: CWL membership was \$0.50. Kamloops hosted the first Diocesan convention. Kamloops was then part of the Archdiocese of Vancouver. 1934 -1935: \$5.00 was given to St. Ann's student with highest marks

in entrance exam. \$10.00 sent to Sumas flood victims. **C.W.L. Leadership Workshop** will be held at Sacred Heart Cathedral on Saturday, March 20 starting with Mass at 9:00 a.m. The workshop will be conducted by Nancy Simms (Provincial Organization & Leadership Development Chair) and will be in three parts: (1) Realizing the Beauty Within (2) Maintaining Peace Within (3) A Challenge to be Leaders. Ending at 3:30 p.m. For more information please call Adele 250-376-3351.

Noodle Night Spaghetti Dinner– Saturday March 20th at the Calvary Community Church 1205 Rogers Way. Includes entertainment, face painting & Sanchez the Clown for the kids, and a silent auction. Tickets \$30.00 for the whole family! Doors open 4:30 - dinner 6 p.m. Call Theresa at 250-682-3232 or the Pregnancy Care Centre at 250-374-4646 for tickets.

Rosary for the Victims of Human Trafficking on Friday March 12th at 7pm. Please join others in the city to pray the Rosary for the victims of human trafficking and to end human trafficking. It will be prayed at Sacred Heart Cathedral. All are invited to join in prayer.

St. Ann's Academy Kindergarten Information Meeting & Ready, Set, Learn Presentation: On March 17th at 6:30 pm St. Ann's Academy will be hosting an information session for families with pre-school children and children about to enter Kindergarten. The evening's presentations will focus on the sharing of information and resources in support of parents' role as primary educator and a review of St. Ann's Academy's half-time and full-time Kindergarten programs. Refreshments and childcare will be provided – so please come and join us for this informative and fun evening. Please RSVP @ 250-372-5452.

Parent Information Meeting for parents of 2010 – 2011 Grade 8 Students: On March 17th at 7:00 pm St. Ann's Academy will host an information meeting for the parents of students who will be attending grade 8 in September 2010. There will be a review of the grade 8 educational and extra-curricular programs and the options available for our students. Discussion of the common high school transition issues and a question and answer session will also be a part of this evening.

Calling all Artists: St. Ann's Academy is holding its 1st Annual Art Exhibition and Auction on June 5th 2010. We are looking for Community Artists to donate a piece(s) for the live auction. We are also accepting Art that you have loved and cherished but would now like someone else to love and cherish. We are hoping to secure and showcase a variety of mediums: paintings, textiles, ceramic, pottery, jewellery, metalwork and woodwork. Please contact Kim at 250-573-4044 or email edery@telus.net.

St. Ann's Academy PSG is having a Home Based Business Symposium and Tea on April 17, 2010 from 1-6pm. We are inviting all Home Based Business Consultants and Owners to "Show at this event. The cost is \$35 per table, per consultant. There will only be one table from each business. Following confirmation, your entry fee must be dropped off in the office at St. Ann's by Thursday, March 18th in order to hold your spot. You must have the ability to invite 35 people. You must be active in your business. If your Home Based business has product you must provide your table with tangible goods for a complete setup and display. Please submit your business name, email and phone number to nsyme2@shaw.ca This event is on a first come first serve basis and the last day for entry is Thursday March 18th. The coordinating committee of the event will be holding an information meeting once all businesses have submitted their names.

Rachel's Corner

"The retreat has been a life-changing and spiritual awakening for me. I feel that any woman who has had an abortion should come to Rachel's Vineyard to experience healing and forgiveness."

- Testimony after a **Rachel's Vineyard Retreat™**

Give us a call and join us on the next Rachel's Vineyard Retreat™.

Abortion AfterCare-Healing
250-267-5081 rvkamloops@yahoo.ca

The Lord is my light and my salvation