

Sacred Heart Cathedral

255 Nicola Street, Kamloops, B.C. V2C 2P3 Tel: 250-372-2581 Fax: 250-372-2582

E-mail: office@sacredheartkamloops.org Website: www.sacredheartkamloops.org

Bishop: Most Rev. Joseph Nguyen,

Rector: Rev. Derrick Cameron. In residence: Rev. Ajin George



Second Sunday of Advent

Mass Intentions Dec 7-15



Sat	7:00 pm	People of Sacred Heart Cathedral Parish	Second Sunday of Advent
Sun	8:30 am	People of Sacred Heart Cathedral Parish	
	11:30 am	People of Sacred Heart Cathedral Parish	
	6:00 pm	People of Sacred Heart Cathedral Parish	
Mon	9 am (not 6:30 pm)	Guerino Caputo RIP	Immaculate Conception of Mary
Tues	9:00 am	Intentions of Theresa Jefferies	
	6:30 pm	Mass Cancelled (<i>Mass for soul of Leo Loehr will be offered privately</i>)	
Wed	9:00 am	Rosanna Piroddi RIP	St. Damasus I
	6:30 pm	Mass Cancelled (<i>Mass for Pasquale Rocca RIP will be offered privately</i>)	
Thurs	9:00 am	Patrick Lindsay RIP	
	6:30 pm	Mass Cancelled (<i>Mass for Intentions of Dennis & Jean Wandler will be offered privately</i>)	Our Lady of Guadalupe
Fri	9:00 am	Intentions of June Wayslow	St. Lucy
	6:30 pm	Mass Cancelled (<i>Mass for Margaret Brown Rolstone RIP offered privately</i>)	
Sat	9:00 am	Intentions of Fr. George LaGrange	St. John of the Cross
	7:00 pm	People of Sacred Heart Cathedral Parish	Third Sunday of Advent
Sun	8:30 am	People of Sacred Heart Cathedral Parish	
	11:30 am	People of Sacred Heart Cathedral Parish	
	6:00 pm	People of Sacred Heart Cathedral Parish	



A WARM WELCOME TO GUESTS, AND VISITORS! Whether you're visiting, looking for a new home parish, or returning to your faith, we're happy you're here!!



We ask you to pray for the following people: Amelia, Anna, Nadia Anselmo, Arthur Archangel, Audrey, Autumn, Rupert Atzenberger, Margarita Silva A., Carlos Silva A., Ana Silva A., Duncan Bailey, Lihz Bailey, Ping Beaton, Boyles Family, Andy Bruno, Eli Bruno, Chris, Christine, Connor, Josie Cuzzetto, George Damaso, Leonora Damaso, Chloe Demers, Daniel Dupre, Donnie, Janet Doxey, Benito Esguerra, Lyla Faliszewski, Gabriela Galiardi, Brevin Gervais, Paulette Guillou,

Geoff, Gertrude, Gladys Halmosi, Madeleine Hutchison, Jeanette, Jesse, Joe, Kaelyn, Kaitlyn, Jean Marie Laforteza, Byron Link, Rita MacLeod, Vallah Martin, Frederick & Lourdes McIntosh, Matt, Lisa Mayhew, Matthew Nixon, Delia Marican, Melody, Danya Omar, Esther Oyeka, Debbie Petkau, Rev. Clinton Pendleton, Randy, Rosa, Wanda-Jean Ruckle, Assunta Russo, Bob Ryan, Rosa Ordonez Sanchezan, Maria Santos, Sarah, Shawn, Anton Schneider, Sloan, Theresa Stienke, Tanya, Tracy, Laurine Vilac & family, Nellie Wagner, Maureen Ward, Hamu Zindoga, **May the Lord comfort them in their time of need and bless those who care for them.** Please contact the parish office to add or remove a name from the prayer list. **Pope Francis' prayer**

Intention for December: That every country take the measures necessary to prioritize the future of the very young, especially those who are suffering.



Regular weekend Mass will be offered at Sun Peaks Dec 7th – April 4th Saturdays at 4pm.



Diocese of Kamloops 75th Anniversary: MAY 30, 2020: At Thompson Rivers University Grand Hall. Mass at 1 pm; reception at 6 pm; and Gala Banquet at 7 pm, Banquet tickets (\$50 each) can now be purchased from: St. Joseph's Christian Book and Gift Store 778-471-6100, Bianca Cinel - 250-374-7004.

Sacred Heart Cathedral – Christmas and New Year's Mass time

Christmas Eve	5:00 pm, 8:00 pm, and 12:00 Midnight (all at Cathedral)
Christmas Day	8:30 and 11:30 am
New Year's Eve	5:00 pm
New Year's Day	8:30 and 11:30 am



Adoration on Wednesday December 11th will end at 4 pm to encourage parishioners to attend the Mission and confessions at OLPH. The church will still be open for those who want to come in and pray, but the Blessed Sacrament will not be exposed after 4 pm.

Adoration

1 hour before weekday Masses

(RCIA)

Wednesdays 7pm
Sept – May
Begins
Sept 25

Baptism Classes will be held regularly. Contact the parish office

Catholic Women's League

General Mtg
1st Tues of Month
Exec Mtg,
last Tues of Month
at 7 pm Sept – May
Domenica 250-320-8319

Children's Liturgy

Sundays at 8:30 and
11:30 (when helpers
available)
Linda 250-851-8605

Confession Times

Sat 6:15 – 6:45 pm
Sunday 5:30 – 5:45 pm
Wed 5:15 pm
Or by appointment

Divine Mercy

First Friday following 9
am Mass

First Friday Devotions

to the Sacred Heart
8:30 am

Knights of Columbus

Exec 7:00
1st Tuesday of the
month
General Meeting 7:00
2nd Tuesday of Month
Sept – June
Garry 250-554-4137

Pancake Breakfast

3rd Sunday Sept – May
Following 8:30 Mass

St. Vincent de Paul Poor

Box collection
2nd Sunday of month

Weddings: DO NOT SET

YOUR WEDDING DATE
until you have met with
a priest – at least 9
months prior to
wedding.

Young Adults

Fridays 7 – 9 pm
Church Hall for music,
games, snacks,
discussions on
philosophy, theology
etc. bring a friend

Our parish is funded solely by our parishioners: We have 1100 families registered at the Cathedral. Last week we had 165 receiptable contributions – 15% of the parish community! Last week's deposit: \$6,472.30 (Includes all sources of income including candles, baptisms, diocesan collections, loose collections etc.) Average weekly expenses (including all sources) \$9,500.00 (expense amount comes from total of 2018 expenses divided into 52 weeks.)



Faith in Action Campaign

Commitment: \$51,429
 Parish Project \$49,000
 Total \$100,429
Pledged Amount \$50,385
Cash Received in Chancery \$38,170
 Number of pledges **134** (12% of families)



OLPH PARISH MISSION - Mark your calendars and plan to attend our upcoming Parish Advent Mission! Bishop Scott McCaig, CC will be presenting a Mission on **"Eucharistic Amazement"** on **Mon, Dec 9th to Wed, Dec 11th, 2019**. We invite everyone to join us. Each evening begins with Mass at 6:30 pm at OLPH



The next breakfast for the needy is Wednesday Dec. 11 from 9:30am to 10:30am in the Church Hall of Sacred Heart Cathedral. Everyone is Welcome.

Young Adult Retreat - Encountering the Word (made Flesh): Friday **December 13 to Sunday December 15, 2019** at the Immaculate Heart of Mary Shrine in Cache Creek. This retreat is for ages 19 years – 35 years. If interested in going, you must contact Father Derrick by email at frderrickc@gmail.com or call 250-267-9530. Forms are available from your parish office. Email your forms to Fr. Derrick before the retreat and bring your payment with you to the retreat. The fee is \$160/person which includes 4 meals and accommodations. If you require any financial subsidy for the retreat please email Fr. Derrick. Please make cheques payable to: IHM Shrine. Register by: Friday December 6, 2019 at 3pm.



Charity Appeal Raffle Tickets from the Knights of Columbus,

only \$3.00 each, are available at St. Joseph's (Garry) 778-471-6100, Smith Chev GM (Anthony) 250-851-1111, Giddens Services (John) 250-682-4600.



The Cathedral parish will be working together with Christmas Amalgamated to provide 20 hampers this Christmas.

There is a list at the front entrance if you want to supply something for a hamper. All items have to be delivered to the parish by December 13th. Hampers will be assembled by anyone who would like to help out on December 14th at 1 pm. and delivered on the 15 & 16 of Dec. If you would like to help please contact Garry at garrymayhew@gmail.com or call 778-471-6100.

The **"Praying Advent"** site, offered by Creighton University's Online Ministries has a number of ways to help guide our hearts through



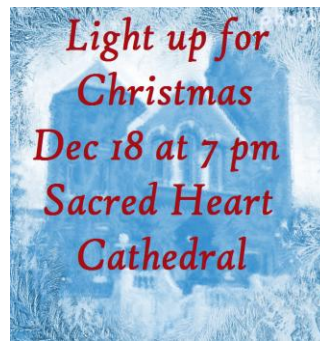
Advent <http://onlineministries.creighton.edu/CollaborativeMinistry/Advent/> **Dynamic Catholic is offering another "Best Advent Ever"** series for free. Sign up for your reflections at <http://dynamiccatholic.com/best-advent-ever/> **Global Catholic Climate Movement has produced a resource to enrich your Advent by reflecting on and celebrating the good gift of creation:** Find this resource at <http://bit.ly/advent-creation>



New Beginnings, an audio Advent retreat in collaboration with Sacred Space invites you to deepen your relationship with the

God of 'new beginnings'. Over five audio sessions, you will be guided through scripture taken from Jesus' birth narrative, encouraged along the way to recognise God's movement in the lives of John the Baptist, Mary, Joseph, Jesus and the Wise men. In turn, it is our hope that you will also recognise the movement of God in your own life. Join us as we begin this journey together.... https://pray-as-you-go.org/article/new-beginnings-advent-retreat-2019?utm_source=Thinking+Faith&utm_campaign=04e6761585-1585-EMAIL_CAMPAIGN_2018_11_28_04_41_COPY_01&utm_medium=email&utm_term=0_620a4d7197-04e6761585-76526877&mc_cid=04e6761585&mc_eid=3db1307d4c

Preparing for Advent? Visit St. Joseph's Catholic Christian Store for your advent needs: purple and rose candles, advent wreaths, advent calendars, meditation booklets and lots more to help you prepare for the Christmas celebration. Contact Marcella or Garry Mayhew at email: stjosephskamloops@gmail.com or Tel. 778-471-6100



Light up for Christmas: Join us on Wednesday **December 18** at 7 pm for our "Light up for Christmas" celebration; a time of prayer and song to prepare our hearts for Christmas. Merriment to follow in the church hall! Come and see our beautiful Cathedral lit up for Christmas and have some fun. Organized by the Knights of Columbus Council 1614.

Anyone who would like to join us for Christmas dinner at SHC on Dec 25 from 3-5 pm for Happy Hour(s) and dinner at 5 pm please contact the office at 250-372-2581 before Dec 20



Receive the Sacrament of Reconciliation before Christmas. The four city parishes will offer confession with several priests available at the following times: OLPH on **December 11th** at 7:30 pm. Holy Family Parish on **December 17th** at 7 pm Sacred Heart Cathedral on **December 19** at 7pm and St. John Vianney on **December 20** at 7 pm.



Please join us in helping put up Christmas decorations in the Church on Monday December 23rd after the 9 am Mass

NEW Great Little Coupon Book: Food, Fun and Services for only \$10. Come to St. Joseph's Christian Book, Gift and Church Supplies 778-471-6100, or call Linda 250-851-8605. Fundraiser for Kamloops Pro Life Society! Great Stocking Stuffer too!!

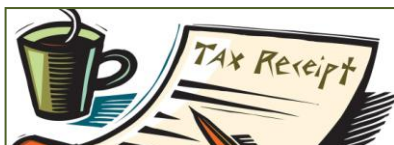
It's easy and fun to help with Children's Liturgy!

Children's Liturgy gives children an experience of Liturgy; of coming together to listen to the Gospel of that Sunday, at their level of comprehension. The leader's sheet provided each Sunday is simple to follow, with discussion questions and correct answers about each Gospel. Please call Linda at 250-851-8605.



Tax Receipt 2019 reminder for parishioners:

Faith in Action donations must be received in the Faith in Action office by Tuesday Dec 31 (before the banks close/or office closes). **Donations should be mailed directly to the Faith in Action office to be eligible for 2019 tax receipt.** All donations received after the banks close on December 31, or are post marked later than December 31, will go toward 2020 Tax Receipt. If you leave your Faith in Action donation at the parish office the last week of December you are risking that it will not be included in your 2019 tax receipt. Likewise, if you plan to attend another parish between now and the end of the year, or at Christmas, please bring your offering envelope directly to the parish office if you require your donation to be on your 2019 tax receipt as per CRA directives. Please keep this information in mind.



Faith, Hope and Love . . . Are these present in your marriage? Have you given up hope that they can be? In 1 Corinthians 13:13 Jesus tells us the greatest of these is Love. Living in a marriage that is missing love can be difficult. If you have given up hope that your marriage can and will get better, ask your spouse to consider attending a Retrouvaille program. Retrouvaille is an international Christian-based ministry that offers a three-stage program to help couples improve their marriages. First, a weekend program is attended, followed by six post-weekend meetings. Finally, an on-going monthly small group of couples gather for support and growth. If improving your marriage is important to you, reach out today. For more information about an upcoming Retrouvaille Weekend program for couples, please call 604-530-6710, send an email to vancouverbc@retrouvaille.org or visit our website: www.retrouvaillevancover.com

CURRENT JOB POSTINGS IN THE DIOCESE OF KAMLOOPS Catholic Independent School Kamloops Diocese Current Job Postings can be found at www.CISKD.ca under the CAREERS tab:

- St. Ann's Academy, Kamloops is seeking a full-time bus driver to commence immediately. While school is in

session, this is generally a weekday position involving shift work, physical labour and the operation of a school bus. Some weekend work may be involved, on occasion.

- St. James Catholic School, Vernon is seeking multiple qualified candidates to join their team for the 2019/2020 school year as Education Assistants, with opportunities for casual hire. This career opportunity is an on-call position.
- St. James Catholic School, Vernon is seeking multiple qualified Teacher candidates to join their team as casual Teachers on Call, with opportunities for hire.



ADORATION – FOR VOCATIONS WEEKLY HOLY HOUR!

Serra Club of Kamloops Diocese

5:00PM 1st Wednesday of the month at OLPH, North Kamloops; 7:00PM 2nd Thursday of the month at Holy Family, Valleyview; 7:00PM 3rd Wednesday of the month at St. John Vianney, Westsyde; 8:00PM 4th Wednesday of the month at Sacred Heart Cathedral, Nicola

Won't you Join Us???
Next Sunday at 9:30 am following the 8:30 Mass we will have a Pancake Breakfast. Even if you attend another Mass, please plan to attend!!



In today's Gospel Matthew describes John the Baptist as an austere man (v. 4). His food was simple like that of the inhabitants of the desert. His dress was rough, a leather belt around his waist that distinguished Elijah (2 Kg 1:8), and a fur cloak—a uniform of the prophets (Zec 13:4).

The whole person of John the Baptist was a condemnation and denunciation of the opulent society—then as now. It was aimed at the ephemeral, the frivolous, the false values of luxury and ostentation.

His message is summarized by the evangelist in a simple phrase, "Repent, because the kingdom of heaven is near" (v. 2).

The hope in a better future was one of the central themes of the message of the prophets. Unlike the other people who put their golden age in the past, Israel placed the reign of David in the future. It was waiting for a world where the Lord would have exalted harmony and made peace abound; a world where interpersonal relationships would be marked by love, reconciliation with nature, with people, with God.

The apocalyptic preachers had described the history of humankind as a succession of kingdoms of beasts. "Beasts emerged from the sea; they were the great empires of Babylon, Media, Persia and Greece" (Dn 7). Those were difficult times, but there was no need to lose heart: the ancient world had come to an end and the new world was about to burst.

The present pains should not be interpreted as signs of death, but as the suffering of a difficult childbirth: a prelude to the birth of the new era.

Since these are the expectations of the people, it is easy to see how the preaching of John would arouse great enthusiasm. Everyone was running to be baptized, to be introduced first into the kingdom of God.

Baptism by water was not enough. Jordan was not a pool from which one miraculously came out cleansed of sin. To be willing to enter into the kingdom, it was necessary to convert oneself, that is, to reverse the path, change course, to completely modify the way of thinking and acting. It was not enough to correct some moral behavior. It was necessary to put into action a new exodus.

They came to him from Jerusalem ... Here are the people of Israel, established in the promised land, now abandoning their own condition of presumed freedom and returning to Jordan. They considered themselves free, but in reality, they continued to be slaves: of their own religious convictions, their obstinacy, the false image of God that they made.

They confessed their sins ... They became aware of being still in exile, of being deprived of freedom.

Every year on the second Sunday of Advent, the liturgy offers Christians the preaching of John the Baptist. He prepared the people of Israel for the coming of the Messiah. So, also today, he is able to teach us to welcome the Lord who is coming.

Today, as then, the most difficult step to accomplish is to understand that it is a must to get out of the land where we are settled, leave the false religious and theological security that we constructed and welcome the newness of God's word.

Not everyone has responded with solicitude to the invitation of the Baptist. Not all were willing to work a radical change of heart. The Pharisees and Sadducees ... while intrigued by the preaching of John, found it hard to get involved. They did not trust him but preferred to keep their certainties (vv. 7-10). They thought they were already right with God for the fact of being children of Abraham. This false security will be reported later by a famous rabbinic saying: "As the screw rests on a dry wood, even so, do the Israelites rely on the merits of their fathers."

The reproach with which the Baptist welcomes Pharisees and Sadducees is severe: "Brood of vipers!" He compares them to snakes that inject their poison of death in those who inadvertently come close to them. Then he moves on to the invective, the announcement of disasters that are about to hit them. They run the risk of being cut off like a tree that does not bear fruit and of being burnt like chaff. God's wrath is incumbent on them.

We are faced with dramatic images that seem to refute the dream of Isaiah in the first reading.

The tone is threatening, and it is not surprising on the lips of John the Baptist. The preachers of that time expressed themselves that way. This is the language that often appears in the Bible. The precursor uses it to warn those who refuse the invitation to conversion; one is deprived of a loving encounter with Christ who comes to introduce him to his joy and his peace.

In the context of the whole gospel, the words of the precursor take on a meaning that goes beyond the immediate. It happened also for Caiaphas to say, without realizing it, a prophecy (Jn 11:49-51).

When he spoke of God's wrath, John had no clear idea of how it would manifest.

The wrath of God is an image that recurs often in the Old Testament. It is not intended as an explosion of hatred on the victim. It is an expression of God's love: he rails against evil, not against the person who does it. He does not want to hit the person, but to free each one from sin.

The ax, which cuts the trees at the root, has the same function given by Jesus to the scissors pruning the vine and freeing it from useless branches that deprive it of precious sap and suffocate it (Jn 15:2). The trees uprooted and thrown into the fire are not the people that God always loves as children, but

the roots of evil that are present in every person and in every structure and need to be cut to pieces so that the healthy ones can sprout more buds (Mt 3:10).

The cuts are always painful, but those done by God are providential. They create the conditions for new branches to sprout and produce fruits.

The fan, finally, with which the Lord realizes his judgment, is a living image. It describes the way in which the work of every person is screened by God.

In human courts, judges take into account only the errors and pronounce judgment on the basis of the harm done. They take little account of good works. In the judgment of God, the exact opposite happens: He, with the winnowing fan of his word, puts every person under the discerning breath of his Spirit that blows away the chaff and leaves on the threshing floor only the precious grains: the works of love, few or many, that each one had performed.

Fr. Fernando Armellini is an Italian missionary and biblical scholar. With his permission his reflections on the three readings are being translated from the original Italian into English.
<https://sundaycommentaries.wordpress.com/>



Prayers During Advent:

Praying Through Exhaustion: Oh Lord, I am so tired. It seems like the lists of to-do's get longer each day, the frenzy in my home each night gets wilder. It seems like the holidays have

barely started and already I am behind. Help me, dear Jesus. Let me feel your loving arms wrap me tightly in the warm embrace of your endless love. Teach me to make choices about my time, to remember what is important this season and to say "NO" whenever my Yes would take me away from your peace. Fill me with patience, love and a sense of humor. Remind me of your deep love for me and let the fire of that love be something I can share with everyone around me.

Shopping during Advent: Dear God, as I look through my gift shopping list, I hold up to you each person listed on it. Slowly, one by one, I ask that the fire of your abundant love burn within each of them. I pray that the gift I find for each person will bring joy into that life. But, help me to keep a balance this season, Lord. Let me keep my buying in perspective, not to spend more than I need to or can afford. Let me not give in to the pressures of this world and not equate love with money spent. Let me always remember the many, many people who have so much less in material things. Help me to buy wisely, so that my choices will not burden those in other countries who are so deeply affected by this country's economy. And finally, loving God, help me to find time in the frantic moments of each day to become centered on you. Walking through a store, riding on the bus, hurrying down a street: let each of these times be moments when I can remember your incredible love for me and rejoice in it.

Advent as I Consider the World Situation: God of comfort, these times seem so uncertain, so scary. The world seems darker than it has in the past and I am less sure of myself. Maybe that's a good thing; maybe now I am turning to you with a realization that I need you so much more and that my life is not in my own control. Let me not forget all of those around the world who are frightened at this moment. Help those who are victims of terrorism and war. Be with those who have lost so much in the past year. Hold us all in your loving arms and let us be comforted by the strength and peace you want so much to offer us through the birth of your son, Jesus. Thank you for the many gifts you offer us.

"Taken from *Praying Advent*, on Creighton University's *Online Ministries* web site: Used with permission."

<http://onlineministries.creighton.edu/CollaborativeMinistry/online.html>