



SACRED HEART CATHEDRAL

255 Nicola Street, Kamloops, BC V2C 2P3

E-mail: cathedral@rcdk.org Phone: 250-372-2581

Website: www.sacredheartkamloops.org

Office Hours: **Monday closed**, Tuesday - Friday, 8 am – 4 pm

A warm welcome to our guests and visitors! Whether you are visiting, looking for a new home parish, or returning to your faith, we are happy you are here!

Bishop: Most Rev. Joseph Nguyen **Rector:** Rev. Derrick Cameron **Assistant priest:** Rev. Paul Do **Seminarian:** Peter Nguyen

Pastoral Assistant: Mark Perren

Pastoral Team: Mark & Laurette Perren, Steve Frith, Simla Peter and Binu Antony, Susan Berdusco, Dani Schoof, John Annicchiarico, Paul Muzzillo

Office Administrative Assistant: Malwina Tomczyk **Maintenance:** Tony Donovan **Cleaning person:** Loveth Okafor



Palm Sunday

"Blessed are you, who have come in your abundant mercy."

Pope Francis' Prayer Intention for April: For the use of the new technologies



"Let us pray that the use of the new technologies will not replace human relationships, will respect the dignity of the person, and will help us face the crises of our times."

MASS INTENTIONS

Saturday, April 12

7:00 pm People of the Parish

Sunday, April 13

Palm Sunday

8:30 am People of the Parish

11:30 am People of the Parish

6:00 pm People of the Parish

Monday, April 14

9:00 am Maynard Boomars, OMI RIP

6:30 pm Bud Garagan RIP

Tuesday, April 15

NO 9:00 am MASS

10:00 am CHRISM MASS

6:30 pm Henry & Leonora Mark RIP

Wednesday, April 16

9:00 am Cameron Family

Close & Extended Int

12:10 am People of the Parish

6:30 pm Trevor Cameron Int

Thursday, April 17

HOLY THURSDAY

7:00 pm LORD'S SUPPER

Friday, April 18

GOOD FRIDAY

3:00 pm SERVICE

5:30 pm SERVICE

Saturday, April 19

EASTER VIGIL

8:30 pm EASTER VIGIL

Sunday, April 20

EASTER SUNDAY

8:30 am People of the Parish

11:30 am People of the Parish

6:00 pm People of the Parish

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SILENT CORNER

"Saint John the Baptist himself spent thirty years in the desert. The desert leads to silence, and draws a person into the most profound intimacy of God."

– Robert Cardinal Sarah

We will have a weekly quote to help us grow in love with silence.

We ask you to pray for the following people:

Sandra, Rezendes, Al L., Cecilia, Pam White, Ferris Backmeyer, Tamara, Jeannette, Dave Costain, Bryan Ashford, Bev and Byron Link, Roger Girard, Alexa, Jeff O'Brien, Steve Paul, Anna Bienert, Arek, Zbigniew, Tanya, Sis. Maria Luisa Simon, Anne and Pat Benson, Ronald Batino, Margie Buhler, Jason & Sarah Bijl, Doreen Miller, Rod Schoof, Sharron Relland, Rocky.

May the Lord comfort them in their time of need and bless those who care for them.

Please note: The names on the list for prayer requests will stay for a period of one month. To add a name or for renewal, please contact the Parish office.

Baptism

Classes are held regularly.

Contact the Parish office.

Reconciliation

Wednesday

9:30 – 10:30 am & 5:15 – 6:15 pm

Saturday

9:30 – 10:30 am & 6:30 – 6:45 pm

Sunday

8:00 – 8:15 am before Mass

11:00 – 11:15 am before Mass

5:30 – 5:45 pm before Mass

Or by appointment

Holy Matrimony

DO NOT SET YOUR WEDDING DATE until you have met with a priest at least 9 months prior to the wedding.

Rite of Christian Initiation of Adults

Please contact Parish office.

Catholic Women's League

Heather Correale 780-718-6029

shc.cwl@gmail.com

Knights of Columbus

Binu Antony 1-647-855-0624

St. Vincent de Paul Society

Tammy Farrer tammyfarrer1@gmail.com

Sunday Choir

At 11:30 am Sunday Mass

Tony Cuzzetto 250-319-7536

Saturday Choir

At 7 pm Saturday Mass

Mark Perren 1-587-201-1712

Children's Liturgy

At 8:30 am and 11:30 am Sunday Mass (when available)

Pancake Breakfast

April 27, 2025 after 8:30 am Mass.

Young Adults 19+

Check the bulletin for more information.



The Exposition of the Blessed Sacrament is available every Wednesday at Sacred Heart Cathedral from after 9 am Mass until 9 pm at night. There is also an exposition before the morning 9 am Mass from 7:50 – 8:50 am on Monday, Tuesday, Thursday, and Friday and 7 – 8 pm on Fridays following an evening 6:30 pm Mass.

Please check the bulletin for updates. Drop in for even 5 minutes anytime. All are welcome, respecting the silence.

The specific way that Jesus asks you to love Him in return is to spend one quiet hour with Him in the Blessed Sacrament.



HOLY WEEK SCHEDULE

Holy Week is the most sacred week in the liturgical year. It starts on a Palm Sunday and ends on Easter Sunday.

Palm Sunday

Saturday, April 12 at 7 pm – *Anticipatory Sunday Mass*
 Sunday, April 13 – Mass at 8:30 am, 11:30 am & 6:00 pm

Chrism Mass

April 15 – Mass at 10:00 am

HOLY TRIDUUM

Holy Thursday

April 17 – Lord's Supper at 7:00 pm

Good Friday

April 18 – Service at 3:00 pm & 5:30 pm

Good Friday is an obligatory day of fasting and abstinence. Catholics between the ages of 18 and 59 are obliged to fast on a Good Friday. In addition, all Catholics 14 years old and older must abstain from meat.

Easter Vigil

April 19 at 8:30 pm

Easter Sunday

April 20 at 8:30 am, 11:30 am & 6:00 pm

CONFESSIONS DURING HOLY WEEK

Monday, April 14	5:45 – 6:15 pm 7:00 – 8:00 pm
Tuesday, April 15	5:45 – 6:15 pm 7:00 – 8:00 pm
Wednesday, April 16	9:30 – 10:30 am 5:15 – 6:15 pm
Thursday, April 17	9:00 – 10:00 am 12:00 – 1:00 pm 4:30 – 5:00 pm
Saturday, April 1	9:30 – 10:30 am
Sunday, April 20	8:00 – 8:15 am 11:00 – 11:15 am 5:30 – 5:45 pm



SECOND COLLECTION – HOLY LAND

Friday, April 18, 2025

Good Friday Collection is taken at the request of the Holy See. It is for the support of the many social, educational, and parish projects of the Church throughout the Holy Land, and it helps to assure the Church's presence and a measure of security and peace for our brothers and sisters. Thank you for your generosity!

MASS OF CHRISM 2025



Join Bishop Joseph Nguyen and the priests of our Diocese on **Tuesday, April 15, 2025, at 10:00 am at Sacred Heart Cathedral** for the celebration of the Chrism Mass. During the Chrism Mass, Bishop Joseph will bless the oil of the sick and the oil of catechumen and consecrate the oil of chrism which will be used in the parishes of the diocese throughout the year. Let us pray for our bishop and the priests who are the ministers of the sacraments in the parish, that they may be the humble and generous servants of the Lord. This Mass also acknowledges the ministry of priests as they renew the commitments they made at their ordination and receive the prayers and support of the people. All are invited to this special liturgy to pray especially for priests and for all who will be anointed by these oils in the coming year.

RCIA – EASTER VIGIL GATHERING



In order to celebrate our joy at the reception of the Sacraments of Initiation of our RCIA Elect and Candidates, we are going to hold a **reception in the hall after the Easter Vigil**

Mass. All parishioners are invited and encouraged to join this very special social event. To this end, we request that you bring a small amount of finger food, fruit or light desserts to share. **PLEASE contact Laurette and Mark at 587 201 1712 or cathedralpa@rcdk.org, no later than Wednesday April 16, to tell us what you will bring.** God bless you all!



You Are Cordially Invited to commemorate the **Anniversary of the Covenant Signing on Easter Sunday, April 20, 2025** Join us as we come together in faith, unity, and reflection.

Program of Events

1:00 PM – Holy Mass at St. Joseph's Church

A sacred celebration featuring the harmonious voices of both Indigenous and non- Indigenous choirs.

2:00 PM – Procession

The congregation will journey to the Tk'emlúps te Secwépemc Powwow Arbour, where Community Members and Non-Indigenous Catholics will unite in fellowship.

Cultural Celebrations

* Traditional Dance and Drumming

* Inspiring Words from Our Leaders: **Chief Rosanne, Manny Jules, and Bishop Joseph** will share reflections on this important milestone.

3:30 PM – Closing with Community Lunch

A time to gather, share, and celebrate over a meal.

We sincerely hope you will join us for this momentous occasion of faith, reconciliation, and community. All are welcome.



PANCAKE BREAKFAST

Sunday, April 27, 2025 after 8:30 am Mass

Pancake Breakfast at the Cathedral is prepared by our dear brothers Knights Pancake Breakfasts are a fundraiser for the special cause that is discern for each month. All the money received (minus the cost of food) are to be donated to the chosen charity or cause.

Everyone welcome!



DIOCESAN ANNIVERSARY CELEBRATION - Save the Date!

On Sunday June 22, 2025, Bishop Joseph Nguyen invites all to a Corpus Christi Mass starting at Riverside Park Bandshell with the Eucharist procession following Mass to Sacred Heart Cathedral, Benediction, Sacred Display and BBQ Dinner in celebration of the 80th Anniversary of the Diocese of Kamloops.

PALM SUNDAY

Please watch two short videos by Fr. Derrick Cameron.

"Confession"

<https://www.youtube.com/watch?v=aEwO2MgdTsw>

"Head Crushing"

https://www.youtube.com/watch?v=2cMg1u_soao

Also, if you would like to be added to weekly bulletin email sent out, contact Parish office at cathedral@rcdk.org

CWL DIOCESAN CONVENTION

Sacred Heart Cathedral CWL will be holding a CWL Diocesan Convention this year (Friday May 2 – Sunday, May 4). Please see the below schedule for Masses on those days.

Friday, May 2

There will be NO 6:30 pm Mass
Mass will be at 7 pm

There will be NO Holy Hour after

Saturday, May 3

Two anticipatory Sunday Masses
5 pm & 7 pm

Sunday, May 4

Mass at 8:30 am, 11:30 am & 6 pm

The 11:30 am Mass on Sunday, May 4 will be very busy as all CWL women will be attending. We are kindly asking that you consider attending Mass at a different time. Thank you.



PLAYING THE ORGAN

If you know how to play the organ or want to learn how to play it or know someone who may be interested, please contact the Parish office.

MARIGOLD FLOWERS

Every year, we plant marigolds flowers around the Cathedral. If you find a good deal on a cart or two and would like to help, please drop the marigolds flowers at the Rectory backyard at anytime. Thank you!



SINGLE MOMS DINNER AT THE CATHEDRAL

We will be holding a special dinner on Thursday, May 8, 2025 for single moms at Sacred Heart Cathedral.



These women are connected to Hopewell. We will be feeding them, pampering them, caring for them, and loving them. We would like to give each one of them a grocery gift card and a coffee card.

You can help those moms by making a donation toward purchasing the gift cards. You can place your donation in the collection boxes. We have special envelopes at each entrance of the Church with a note *"Single Moms Dinner Donation."* If you would like to receive a tax receipt, please make sure to include your name and up to date address.

Please bring your donation before April 30, 2025.

You can also help out by bringing bottles. We will purchase gift cards from the money received. Through this ministry, we are also contributing to OLPH Parish as we purchase gift cards from them. Per each gift card, they receive some percentage that goes towards OLPH school. If you have any questions, please contact Parish office. **Thank you so much for your generosity!**

KCYG UPCOMING ENCOUNTER NIGHTS

All encounter nights will be on Sundays at Sacred Heart Cathedral after 6 pm Mass.

April 13th – Palm Sunday. Let's talk about Expectations

April 27th – Divine Mercy Sunday

May 11th – Mother's Day – Honor your Mother

May 25th – The Holy Spirit will teach you everything

June 8th – wrap up for the summer- more details to come.

For more information, or to get involved, contact

Andy @ kcyg@rcdk.org

GOODIES NEEDED

THANK YOU so much to all who have donated the wonderful goodies, which we have offered to participants of the many parish groups and meetings over the last weeks. This hospitality goes a long way to welcome and encourage parishioners when they gather. The goodies have been so very much appreciated that we are almost out of them, so we ask you, our generous parishioners, to consider donating further goods. If you are not a baker but would like to donate store bought goods, including fruit or veggies, these would be wonderful. **Your work and donations are most gratefully and sincerely appreciated. God bless you for your efforts and kindness!**



THANK YOU to everyone who kindly donated delicious soups & buns, and/or their time to help with set up/clean up for our Lenten Soup and Bun Lunches. Thank you to all who donated money at the lunches. With your help, **\$700** was raised for our Jubilee Celebration and 80th anniversary of our Diocese.



RETURN YOUR BABY BOTTLES



It is time to return you Baby Bottles. You can bring your bottles to the Parish office during open hours or hand your bottle to the usher. **Thank you for all your generosity!**

Looking for gifts for First Holy Communion and Confirmation?

Visit St. Joseph's Christian Store, across the Sacred Heart Cathedral, for a selection of giftware, children's missals, bibles, prayer books, rosaries, medals, crucifixes, jewelry, prayer cards, greeting cards, and much more.

Store hours: Tuesday-Friday, 10 am-4 pm
(Closed 1-2 pm for lunch).

SUPPORT THE LOCAL BUSINESS!



BURSARIES AND SCHOLARSHIP – CATHOLIC WOMEN'S LEAGUE AND PRO- LIFE SOCIETY

**All forms are available at the main entrance
of Sacred Heart Cathedral**

The Sacred Heart Cathedral CWL Scholarship (\$500)

To be eligible, the applicant must maintain a "B" average in their chosen course of studies, be continuing to a post-secondary institution in BC and demonstrate a commitment and service to their parish and/or school. Application is available at all local secondary schools or contact **Marcella at 778-471-6100** or marcellamayhew@gmail.com Please attach to application: 1) a typed letter of application addressing the criteria for the award: involvement in parish, future goals and objectives, community and school involvement; 2) two letters of reference; 3) copy of transcripts for grades 11 and 12. **Apply by mail, courier, or hand deliver by April 15 to Sacred Heart Cathedral, CWL Education and Health Chairperson - Scholarship, 255 Nicola Street, Kamloops, BC V2C 2P3**

BC And Yukon Provincial CWL Molly Boucher Bursary

Do you have a dream to advance your skills or education this year? Do you have a keen interest in parish life and have a willingness to serve the Church? Have you been a member of the League for at least 2 years? Then wait no longer; a \$2,000 **Bursary is open to you for application to be received no later than April 30**. Read the criteria and download the application from the BC & Yukon Provincial Website at www.bcyukoncwl.com The award will be presented at the annual BC & Yukon Provincial Convention Banquet. We are looking forward to receiving your application!

Pro-Life Scholarship

Vernon & Area Pro-Life Society is offering a \$1,500 scholarship to a 2025 Grade 12 graduate student.

For more info or to apply email prolifescholarship@gmail.com.

Deadline is May 15. Applications also at Vernon Pro-Life Thrift Store 3101 31 Ave, Vernon.

BLESSED CARLO ACUTIS WILL BE CANONIZED



Blessed Carlo Acutis is scheduled to be canonized by Pope Francis on **April 27, 2025**, as part of the Catholic Church's Jubilee Year 2025 and the Jubilee of Teenagers. He will be the first millennial saint, born in 1991, and known for his devotion to the Eucharist and his use of technology for evangelization.

OUR LADY OF GOOD COUNSEL DINNER

CANCELLED

Our Lady of Good Counsel Dinner will be on **April 26, 2026** at St. John Vianney Parish Hall is **cancelled**. There will still be Mass celebrated at 5 pm followed by a small social after.

The Good Friday Stations of the Cross sponsored by the St. Vincent de Paul Society has been cancelled this year.

The next regular meeting of St. Vincent de Paul Society will be on April 29, 2025.

REMEMBERING VOCATIONS IN YOUR LENTEN DEVOTIONS—2025



"God has not grown weary of us. Let us welcome Lent as the great season in which he reminds us: "I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery" (Ex 20:2). Lent is a season of conversion, a time of freedom.

Jesus himself, as we recall each year on the first Sunday of Lent, was driven into the desert by the Spirit in order to be tempted in freedom. For forty days, he will stand before us and with us: the incarnate Son. Unlike Pharaoh, God does not want subjects, but sons and daughters." Pope Francis

Meditations

April 13—Palm Sunday: "To the extent that this Lent becomes a time of conversion, an anxious humanity will notice a burst of creativity, a flash of new hope. At this moment in time, we face enormous risks; we hear the painful plea of so many people. Yet let us find the courage to see our world ... in a process of giving birth ..." Pray for vocations and support ministries to those who are in need.

RACHEL'S VINEYARD



"Don't be afraid to go into your pain, you can continue hiding, ignoring and silencing for more years, but it won't go away. There is light and hope for you...for us. God forgives you and loves you and so does your child. Allow God to lead you and give yourself this time."— Testimonial

It is time. Time to be free of what has been stored away since the abortion decision. To cease being something you always think about. Hurt about. Join us on our next Rachel's Vineyard and get to know the person you have always hoped to be.

Email: rvkamloops@yahoo.ca **Facebook:** Rachel 's Vineyard

Phone: 250-267-5081 (Confidential call)

Website: rachelvineyardkamloops.org

GRIEF TO GRACE



Grief to Grace helps those who have endured neglect, physical, emotional, sexual, and/or spiritual abuse in their family of origin, their community, from spouses/partners, and/or coworkers or supervisors, find healing and journey to wholeness. Through a retreat program facilitated by mental health professionals and centered on Jesus Christ. The next retreat in Canada is May 2025 in Kelowna. For more information please email griegtogracekelowna@gmail.com or make a confidential call to 250-808-6403.

KAMLOOPS CATHOLIC YOUTH GROUP INVITES THE
CANDIDATES FOR CONFIRMATION TO

A CONFIRMATION RALLY



A PILGRIM OF HOPE

APRIL 26TH, 2025

10:00AM TO 4:30PM

OLPH PARISH CENTRE,

635 TRANQUILLE ROAD

KAMLOOPS, BC

SCAN THE QR CODE TO REGISTER, OR
EMAIL ANDY @ KCYG@RCDK.ORG





**FUNDRAISER FOR KAMLOOPS
PRO LIFE SOCIETY!**

THE BIG DEAL COUPON BOOK:

Food, fun, & services for only \$10
(cash only).

Good till Sept 30, 2025.

Come to St. Joseph's Christian
Bookstore

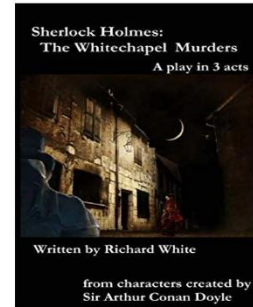
(256 Nicola St, across from Cathedral). For more information,
please call at 778-471-6100.



Save the Date

The Amazing SAA Players Present
Sherlock Holmes and the Whitechapel Murders

May 14-16, 2025



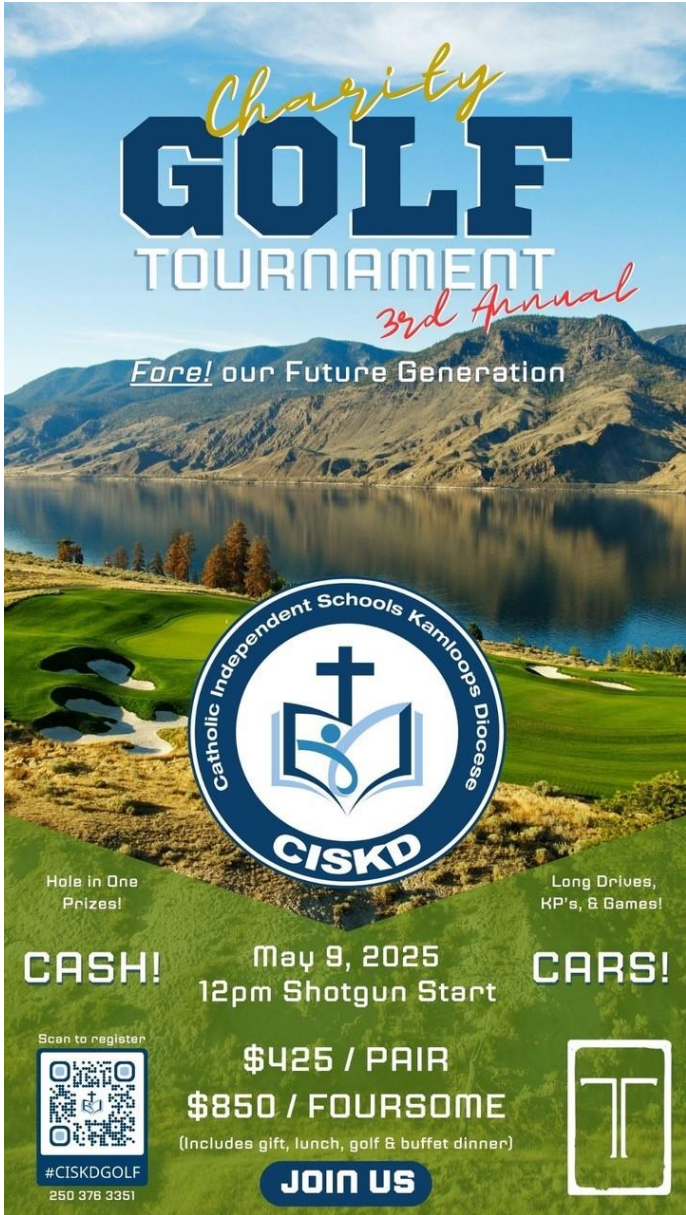


ST. ANN'S ACADEMY


ALUMNI HOMECOMING

CELEBRATING 145 YEARS OF COMMUNITY
ST. ANN'S AUDITORIUM
MAY 2026

MORE INFORMATION COMING SOON



Charity
GOLF
TOURNAMENT
3rd Annual
Fore! our Future Generation




Hole in One Prizes! Long Drives, KP's, & Games!


CASH! May 9, 2025
12pm Shotgun Start **CARS!**

\$425 / PAIR
\$850 / FOURSOME
(Includes gift, lunch, golf & buffet dinner)

Scan to register



#CISKDGOLF
250 378 3351



JOIN US

ST. ANN'S ACADEMY CHERISHED MEMORIES ALUMNI TEA

All former staff and students who attended from **1975 and earlier** are invited to attend a tea hosted by SAA students to come together, catch up and share your memories of your days at St. Ann's Academy.

Students will engage with alumni by asking questions about their time at St. Ann's Academy, eager to learn about their experiences and capture their stories. We hope this event will be a meaningful way to bridge generations at St. Ann's, fostering connections between our students and those who helped shape our school's legacy.

Wednesday, April 23rd
10:00 am to 11:30 am
St. Ann's Academy Gymnasium

Please RSVP by April 16th via phone or email
250-372-5452 or advancement@st-anns.ca

