



Sacred Heart Cathedral

Through the Two Hearts, one heart at a time.

Our Vision

Opening our hearts to journey with Jesus and Mary.

Our Mission

Sacred Heart Cathedral is the heart and home of Catholic life in Downtown Kamloops, discipling all hearts to our heavenly home.

22nd Sunday in Ordinary Time

"Whoever exalts himself will be humbled..."

First Reading: Sirach 3.17-20, 28-29

Second Reading: Hebrews 12.18-19, 22-24a

Gospel: Luke 14.1, 7-14



*A warm welcome to everyone! Whether you are visiting, looking for a new home parish, searching or returning to your faith, we are happy you are here!
If you are interested in becoming a Catholic, please contact the Parish office.*

MASS INTENTIONS

Saturday, August 30	7:00 pm	People of the Parish
Sunday, August 31	8:30 am	People of the Parish
22nd Sunday in Ordinary Time	11:30 am	People of the Parish
	6:00 pm	People of the Parish
Monday, September 1	9:00 am	Dilia Rodriguez Printz Int
	6:30 pm	Andrew Gurney Int
Tuesday, September 2	9:00 am	Monika Dyck Int
	6:30 pm	Gloria & Family Int
Wednesday, September 3	9:00 am	Quinto & Rosa Vizza RIP
St. Gregory the Great	6:30 pm	Fr. Clinton Pendleton Int
Thursday, September 4	9:00 am	Angela Rodriguez Dias Int
	6:30 pm	Greg & Carmelita Habacon RIP
Friday, September 5	9:00 am	Pat Benson Int
	6:30 pm	Slavka & Josip Tominac RIP
Saturday, September 6	9:00 am	Anthony & Evelina Muzzillo Int
	7:00 pm	People of the Parish
Sunday, September 7	8:30 am	People of the Parish
23rd Sunday in Ordinary Time	11:30 am	People of the Parish
	6:00 pm	People of the Parish

We ask you to pray for the following people:

Al L., Carmelle Lean, Lori English, Simone Moscatel, Tanya H., Amanda H. Sharron Relland, Nancy Zwik, Americo Rodriguez, Jake Coughill, Tony Baliva, Helen Comazzetto, Amanda H., Darla, Kinzie Bowden, Shanno Lebano, Rod Schoof, Frans and Sylvia Van Der Woning, Lennie Heslop, Glenn MacNeill, Sandra, Rezendes, Pam White, Ferris Backmeyer, Alexa, Jeff O'Brien, Anne and Pat Benson. **May the Lord comfort them in their time of need and bless those who care for them.**

Please note: The names on the list for prayer requests will stay for a period of one month. To add a name or for renewal, please contact the Parish office.

SILENT CORNER

"Until you can hear Jesus in the silence of your own heart, you will not be able to hear Him saying *I THIRST* in the heart of the poor."

— Mother Teresa

The Exposition of the Blessed Sacrament is available every Wednesday at Sacred Heart Cathedral from after 9 am Mass until 9 pm at night; Monday, Tuesday, Thursday 7:50 – 8:50 am; and Fridays 7:50 8:50 am and 7 – 8 pm. Please check the bulletin for updates. Drop in for even 5 minutes anytime. All are welcome, respecting the silence. **The specific way that Jesus asks you to love Him in return is to spend one quiet hour with Him in the Blessed Sacrament.**

PARISH STAFF

Bishop: Most Rev. Joseph Nguyen

Rector: Rev. Derrick Cameron

Assistant priests: Rev. Francis Onyealusi

Seminarian: Peter Nguyen

Pastoral Assistant: Mark Perren

Office Administrative Assistant/Bookkeeper: Malwina Tomczyk

Maintenance: Tony Donovan

Cleaning person: Loveth Okafor

PASTORAL TEAM

Mark & Laurette Perren, Steve Frith, Simla

Peter & Binu Antony, Susan Berdusco, Dani

Schoof, John Annicchiarico, Paul Muzzillo

OFFICE HOURS

Monday Closed

Tuesday – Friday, 8 am – 4 pm

CONTACT

255 Nicola Street, Kamloops, BC V2C 2P3

E-mail: cathedral@rcdk.org

Phone: 250-372-2581

Website: www.sacredheartkamloops.org

Baptism

Classes are held regularly.

Contact the Parish office.

Reconciliation

Wednesday

9:30 – 10:30 am & 5:15 – 6:15 pm

Saturday

9:30 – 10:30 am & 6:30 – 6:45 pm

Sunday

8:00 – 8:15 am before Mass

11:00 – 11:15 am before Mass

5:30 – 5:45 pm before Mass

Or by appointment

Holy Matrimony

DO NOT SET YOUR WEDDING DATE

until you have met with a priest at least 9 months prior to the wedding.

Rite of Christian Initiation of Adults

Please contact the Parish office for more information.

Catholic Women's League

Heather Correale 780-718-6029

shc.cwl@gmail.com

Knights of Columbus

Joel Loehr 250-851-1821

St. Vincent de Paul Society

Tammy Farrer tammyfarrer1@gmail.com

Sunday Choir

At 11:30 am Sunday Mass

Tony Cuzzetto 250-319-7536

Saturday Choir

At 7 pm Saturday Mass

Mark Perren 1-587-201-1712

Children's Liturgy

It will start on September 14 at 8:30 am and 11:30 am Mass.

Pancake Breakfast

There will be NO Pancake Breakfast in July and August.

Young Adults 19+

Check the bulletin for more information.

22nd SUNDAY IN ORDINARY TIME

Please watch 15-minute video "France's Sanctuary of Our Lady of Lourdes: Where 72 medical miracles have been recognized by church officials." Here is the link:

<https://www.cbsnews.com/news/sanctuary-of-our-lady-of-lourdes-miracles-cures-60-minutes-transcript/>

Also, if you would like to be added to weekly bulletin email sent out, contact Parish office at cathedral@rcdk.org

INCENSE DURING MASS

Starting September 2025, we will start using incense during 11:30 am Sunday Mass.

CWL

September General Meeting will be held in the Parish hall on Tuesday, September 2 at 7 pm (following evening Mass).



Share the Words COMPASSION

Do you recognize the human dignity in all people? Do you feel motivated to do something to help others? Catholic Women's League members embark on many projects that directly impact those who are disadvantaged in society. How can you help? Become a member and be part of the solution.

AED TRAINING

**Saturday, September 6, 2025
1:00 pm in the Church**



As a follow up to the two training courses given on the use of the AED (Automated External Defibrillator) last spring, we are once again offering the training for those who missed out. If you have not taken this course, or want a refresher, please attend. Paramedic Hanna Donovan has graciously agreed to be our trainer. The course takes 30 minutes. The AED is designed to be extremely easy to use – and as these machines are found in almost every public space, the course may help you to save a life anywhere, and not just at the Church.

SPIRITUALITY & PSYCHOLOGY

**Friday, September 19, 2025
after 9 am Mass in the Church Hall**

Come and join on a discussion with Fr. Derrick Cameron and Adele Huculak, a Catholic counselor and a parishioner at Sacred Heart Cathedral.

THEME: "Inherent worth: why behavior doesn't define the person" (see big beyond the behaviours).

Coffee and goodies provided. **Everyone welcome!**



AFTER MASS HOSPITALITY

Thank you to all who have been volunteering to serve juice and goodies outside of the Church after all Masses. We do need more helpers who can take turns setting out the cart and little table with juice and snacks. Please volunteer!

We also ask parishioners to kindly provide goodies which we can serve. If you are willing to help in any way, please contact Mark or Laurette at (587) 201-1712 or cathedralpa@rcdk.org

ADORATION OF THE BLESSED SACRAMENT

Christ is truly present in the Eucharist in His sacred humanity united with His Divine nature. The Eucharist should receive the adoration that is given exclusively to God. Adoration of Christ in the Blessed Sacrament is a natural consequence of the Church's faith in the Real Substantial presence of Christ in the Eucharist. Adoration allows for an intimate encounter with Christ in the Blessed Sacrament. Eucharistic adoration enables us to spend time thanking Him for His sacrificial gift expressed in His Eucharistic words: "This is my body which is given for you" ([Luke 22:19](#)). Eucharistic adoration brings the Faithful throughout the Catholic world together, to adore the same Lord present in every tabernacle. **Does life seem burdensome? Adore Christ. Do you want to pause life and rest a while? Adore Christ. Do you have serious intentions for which to pray? Adore Christ. Does your family need strengthening? Adore Christ.** Adoration of Christ is not to be left for other people to do. It is for all of us. **Please**, seriously consider taking time this Fall to adore Our Lord. **Will you respond to Christ's invitation to sit with Him for a while?**

Adoration resumes this Wednesday Sept. 3. Please put forward your name by placing a response card in the collection basket or Rectory mail slot, or by contacting Mark at (587) 201 1712 or cathedralpa@rcdk.org and volunteering for as little or as much time as you can give.

Jesus is waiting for you!

Welcome to Children's Liturgy



What is Children's Liturgy of the Word?

Dear parents, grandparents and guardians, as we move into the Fall season we will once again offer Children's Liturgy. There are some common misunderstandings regarding this important ministry which is offered for children ages 4 – 7. Those over 7 are at First Communion age and should be attending the full Mass. This includes older siblings who should also remain in the Church assembly. Children's Liturgy is about proclaiming and explaining the Word of God suitably adapted to make it relevant to young children. It gives them opportunity to understand the Gospel message and participate in the Eucharistic celebration at their own level. The Liturgy of the Word for Children is not "Sunday school" or a catechetics class, nor is it meant to be a way of removing children from the assembly so that parents can concentrate on the Mass. Rather, the Liturgy of the Word for Children is a component of the ritual prayer of Mass just as it is for adults. **Learning may take place during the Liturgy of the Word, but it is in the context of liturgical prayer.** In fact, the Children's Liturgy of the Word should never be seen as separate from the Mass. It should flow with and in the greater celebration of the Sunday Mass. Although the children may be in a different space for the liturgy of the Word or at a different level of understanding, we should not think of them as having been "dismissed" from the assembly. When they are elsewhere, **it is to enhance their inclusion in the liturgy, not separate them from it.** We are thankful for the kind volunteers who generously give of their time to lead the Children's Liturgy. We are reminded that a rotation of adult leaders will ensure that no one will miss the Scripture Readings and homily on a frequent basis.

Let the little children come to me... Matt 19:14



PREPARATION FOR FIRST HOLY COMMUNION

Those that are in Grade 2 or at least 6 turning 7 years of age or older and would like to receive First Holy Communion, please contact the Parish office.

Last day of registration is Tuesday, September 30, 2025.

CONFIRMATION

Any student in grade 7 or at least 12 years of age who has not received the Sacrament of Confirmation but would like to, please contact the Parish office. Last day of registration is Tuesday, September 30, 2025.



MARRIED IN THE CATHOLIC CHURCH?

If you are in a relationship such as common law or only married civilly – please contact Fr. Derrick Cameron at dcameron@rcdk.org and see what we can do to bring the relationship in the eyes of the Catholic Church. All Catholics are bound to have their marriages in Catholic Church properly disposed to receive Holy Communion.

RCIA CLASSES – SEPTEMBER 2025

Fr. Derrick Cameron challenges everyone to reach out to someone who is non-Catholic or fallen-away Catholic but would like to learn more about Jesus, or someone who is looking for truth but doesn't know where to start. If you know a family member or a friend who is searching, please share the great series of "Search" on Formed.org. Here is the link to the 1-minute trailer: <https://watch.formed.org/videos/the-search-trailer>

RCIA classes will be held on Wednesday nights.



Did you know that there are great benefits of being Registered Parishioner at Sacred Heart Cathedral?

There are many advantages of being a registered parishioner. We encourage everyone who attend Sacred Heart Cathedral on a regular basis and participate in supporting the parish to register. All contributions are recorded for you to receive a Tax Donation Receipt at the end of the year for Income Tax purposes. This allows you to benefit from a deduction on your tax filing to help reduce your overall payment or increase your refund. You have options as to how you would like to contribute your donation, by cash or cheque (using our box of Sunday envelopes that could be assigned by the Parish office in a couple of minutes), or e-transfer to giving@sacredheartkamloops.org, or direct deposit (the form can be found on our website or requested at the Parish office). As a Registered Parishioner you have an option to receive the Bulletin weekly via email to keep you up to date on upcoming faith-based events and programs. If you would like more information or to register, please contact Parish office.

APOLOGETICS IN THE CATHOLIC FAITH

If you are interested in doing apologetics (that is learning how to defend the faith) in the Catholic faith, please contact the Parish office at cathedral@rcdk.org or 250-372-2581.

We can form a small group that we'll talk on topics like Eucharist, Mary, the Bible, etc.

ONLINE PASTORAL CARE TRAINING

The Diocesan Pastoral Care Training sessions are offered to help us learn more about how we can bring God's healing love to those we visit – those who are frail, lonely, weak and suffering – and when desired and requested, to bring Jesus Christ, in the form of the Most Holy Eucharist – to those who are homebound, hospitalized, or incapacitated in some way in a long-term health care facility. These are parishioners who are unable to join our parish community when we celebrate Mass because of illness, age or physical disabilities.

This valuable and free Pastoral Care Outreach Training online series is being offered this winter 2024. The nine sessions will be held via Zoom on Saturday mornings from 9:30 – noon, **starting on September 27, 2024, except for October 11 (Thanksgiving), to conclude November 29.** Participants who attend all sessions will receive a Certificate of Completion. For further information, please contact the Parish Office.

ST. JOSEPH'S BOOKSTORE -SUMMER HOURS

July 19 – September 2, 2025

Tuesday – Friday 10 am – 4 pm (closed 1-2 pm for lunch)

Saturday by appointment only – please call 778-471-6100

Sunday & Monday CLOSED

Orders can be emailed to stjosephskamloops@gmail.com



CANONANIZATION OF TWO SAINTS

On **September 7, 2025**, the Church will canonize **Blessed Carlo Acutis**, the first Millennial saint and "Cyber Apostle of the Eucharist," alongside **Blessed Pier Giorgio Frassati**, known as "The Man of the Beatitudes."

You can watch the Canonization Mass for Blessed Carlo Acutis and Blessed Pier Giorgio Frassati, to be aired from St. Peter's Square in Rome on September 7, 2025, at 3:00 AM ET or the replay at 6:00 PM ET.



Grief to Grace helps those who have endured neglect, physical, emotional, sexual, and/or spiritual abuse in their family of origin, their community, from spouses/partners, and/or

coworkers or supervisors, find healing and journey to wholeness through a retreat program facilitated by mental health professionals and centered on Jesus Christ. The next retreat in Canada is late October in 2025 in Kelowna.

For more information, email griegtograncelowna@gmail.com or make a confidential call to 250-808-6403.

Grief to Grace retreat might be not affordable for some that would like to attend the retreat and receive the healing through Jesus Christ. If you would like to help those who are unable to afford, please make a donation via e-transfer please use this email etransfer.DPC@nelsondiocese.org When an individual sends an e-transfer it is essential to indicate it is a donation for the Ministry of Grief to Grace including the donor's name, full mailing address and phone number. When making a donation by cheque please make it payable to Diocesan Pastoral Council and note it is for Grief to Grace. Mail it to Grief to Grace Attention Roland Krasznai 3665 Benvoulin Road Kelowna, BC V1W 4M7



RACHEL'S VINEYARD

"I won't remember what happened with fear or tears. Now I will remember with peace, because now I know and believe they are with Jesus. I used to feel I was the only one in the whole world. I didn't want to tell anyone. Now I know I am not alone." – Testimonial

Feeling like you are the only one and not wanting to tell anyone is something most men and women feel after their involvement in an abortion decision. Come on a Rachel's Vineyard Retreat and give yourself the chance to be free from what is destroying you on the inside. You won't be sorry you did.

Email: rvkamloops@yahoo.ca Facebook: Rachel's Vineyard

Phone: 250-267-5081 (Confidential call)

Website: rachelvineyardkamloops.org



Attention TRU Students!

Any student registered for classes at TRU for the 2025-2026 school year who are interested in starting a Catholic Club at TRU, please contact Andy @ 250-319-7722 or via email @ kcyg@rcdk.org

PRO-LIFE SOCIETY - ANNUAL LIFE CHAIN

Sunday October 5, 2025

2:00 PM to 3:00 PM

200 - 300 block Columbia Street

Check in at Sacred Heart Cathedral

Please prayerfully consider being a silent witness to Jesus & His precious gift of all human life. www.voices4life.com

KCYG UPCOMING EVENTS

Sunday, September 21, 2025

Fall Encounter Kick Off after 6:00 pm Mass at Sacred Heart Cathedral. For more information or to get involved contact Any at 250-319-7722 or kcyg@rcdk.org



Save The Date

WOMEN'S RETREAT

At 108 Golf Resort (108 Mile Ranch)

Are you longing to grow deeper in the Joy of God's Love? Come See and Be Amazed as God's Unfinished Works of Art leads us through the Joy of the Mass and Holy Scripture!

Friday, September 26 - Sunday, September 28

Mass, Adoration & Confession, Personal Testimonies, Prayer & Reflection Times. Meals at the Eatery

Retreat registration only \$30

Register by September 15th at

<https://forms.office.com/r/dEgpyCEk8E>

Early Bird Prizes available!

All women are invited!



Rekindle the romance, remind yourselves why you fell in love and learn how to make a good marriage even better! WWME is offering a weekend marriage retreat this fall. Oct. 24-26, 2025. For more info and to register visit:

<https://beholdvancouver.org/events/couple-retreat-by-worldwide-marriage-encounter#overview>

♥ **Early bird special before Sept. 11.** ♥

Registration closes Oct. 11, 2025

You both deserve it!



Litany of Humility Rafael Cardinal Merry del Val (1865-1930)

Lord Jesus. Meek and humble of heart, *Hear me.*

From the desire of being esteemed, *Deliver me, Jesus.*

From the desire of being loved, *Deliver me, Jesus.*

From the desire of being extolled, *Deliver me, Jesus.*

From the desire of being honored, *Deliver me, Jesus.*

From the desire of being praised, *Deliver me, Jesus.*

From the desire of being preferred to others, *Deliver me, Jesus.*

From the desire of being consulted, *Deliver me, Jesus.*

From the desire of being approved, *Deliver me, Jesus.*

From the fear of being humiliated, *Deliver me, Jesus.*

From the fear of being despised, *Deliver me, Jesus.*

From the fear of suffering rebukes, *Deliver me, Jesus.*

From the fear of being falsely accused, *Deliver me, Jesus.*

From the fear of being forgotten, *Deliver me, Jesus.*

From the fear of being ridiculed, *Deliver me, Jesus.*

From the fear of being wronged, *Deliver me, Jesus.*

From the fear of being suspected, *Deliver me, Jesus.*

That others may be loved more than I, *Jesus, grant me the grace to desire it.*

That others may be esteemed more than I, *Jesus, grant me the grace to desire it.*

That, in the opinion of the world, others may increase and I may decrease, *Jesus, grant me the grace to desire it.*

That others may be chosen and I set aside, *Jesus, grant me the grace to desire it.*

That others may be praised and I unnoticed, *Jesus, grant me the grace to desire it.*

That others may be preferred to me in everything, *Jesus, grant me the grace to desire it.*

That others may become holier than I, provided that I may become as holy as I should, *Jesus, grant me the grace to desire it.*

KCYG & CISKD invite you to:

The Feast!

A Youth Rally for Grades 8–12

Saturday, October 11

10:00 AM – 4:00 PM (ending with Mass)

at St. Ann's Academy in Kamloops

Get ready for an unforgettable day of faith, friends, food, and fun! Join teens from all over as we celebrate the Goodness of God together.

Special Guest: Fr. Leo Patalinghug – award-winning author, chef, and missionary priest who brings the faith to life with energy and joy you won't want to miss!

Come hungry for inspiration, connection, and God's love. This is one Feast you don't want to skip!

Registration fee is \$10.00

Registration deadline is Friday October 3rd



REGISTER HERE



For more information, or if you have any questions, contact Andy at kcyg@rcdk.org or 250-319-7722

SEPTEMBER 2025



	MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5	SATURDAY 6
	7:50 AM – 8:50 AM HOLY HOUR 9:00 AM - MASS	7:50 AM – 8:50 AM HOLY HOUR 9:00 AM - MASS	ST. GREGORY THE GREAT 9:00 AM - MASS 9:30 AM – 9:00 PM EXPOSITION OF THE BLESSED SACRAMENT CONFESSIONS 9:30 – 10:30 AM 5:15 – 6:15 PM	7:50 AM – 8:50 AM HOLY HOUR 9:00 AM - MASS	7:50 AM – 8:50 AM HOLY HOUR 9:00 AM - MASS (Followed by Coffee + Fellowship)	9:00 AM - MASS <u>CONFESSIONS</u> 9:30 – 10:30 AM 6:30 – 6:45 PM 1:00 PM AED Training 7:00 PM Anticipated Sunday Mass
SUNDAY	6:30 PM - MASS	6:30 PM - MASS CWL Meeting at 7 PM	6:30 PM - MASS	6:30 PM - MASS	6:30 PM MASS 7:00 PM – 8:00 PM HOLY HOUR Followed by social	
7 Canonization Day of Blessed Carlo Acutis and Blessed Pier Giorgio Frassati 23rd Sunday in Ordinary Time 8:30 AM – MASS 11:30 AM – MASS 6:00 PM – MASS <u>CONFESSIONS</u> 8:00 – 8:15 AM 11:00 – 11:15 AM 5:30 – 5:45 PM	8 NATIVITY OF THE BLESSED VIRGIN MARY 7:50 AM – 8:50 AM HOLY HOUR 9:00 AM - MASS 6:30 PM - MASS <i>Followed by prayers and social</i>	9 CLERGY STUDY DAYS NO HOLY HOUR 8:00 AM - MASS NO 6:30 PM MASS <i>Knights of Columbus Meeting at 7 PM</i>	10 8:00 AM – MASS NO MORNING CONFESSIONS 8:30 AM – 9:00 PM EXPOSITION OF THE BLESSED SACRAMENT <u>CONFESSION</u> 5:15 – 6:15 PM 6:30 PM – MASS RCIA CLASSES 7:15 – 8:45 PM	11 7:50 AM – 8:50 AM HOLY HOUR 9:00 AM - MASS 6:30 PM - MASS	12 7:50 AM – 8:50 AM HOLY HOUR 9:00 AM - MASS (Followed by Coffee + Fellowship) 3:30 PM – Latin Rosary 6:30 PM MASS 7:00 PM – 8:00 PM HOLY HOUR Followed by social	13 ST. JOHN CHRYSOSTOM 9:00 AM - MASS <u>CONFESSIONS</u> 9:30 – 10:00 AM 6:30 – 6:45 PM 7:00 PM Anticipated Sunday Mass
14 Exaltation of the Holy Cross 8:30 AM – MASS 11:30 AM – MASS 6:00 PM – MASS <u>CONFESSIONS</u> 8:00 – 8:15 AM 11:00 – 11:15 AM 5:30 – 5:45 PM	15 OUR LADY OF SORROWS 7:50 AM – 8:50 AM HOLY HOUR 9:00 AM - MASS 6:30 PM - MASS	16 ST. CORNELIUS & ST. CYPRIAN 7:50 AM – 8:50 AM HOLY HOUR 9:00 AM - MASS <i>Rosary Making 1:30 – 2:30 PM</i> 6:30 PM - MASS	17 9:00 AM - MASS 9:30 AM – 9:00 PM EXPOSITION OF THE BLESSED SACRAMENT <u>CONFESSIONS</u> 9:30 – 10:30 AM 5:15 – 6:15 PM 6:30 PM – MASS RCIA CLASSES 7:15 – 8:45 PM	18 7:50 AM – 8:50 AM HOLY HOUR 9:00 AM - MASS 6:30 PM - MASS	19 7:50 AM – 8:50 AM HOLY HOUR 9:00 AM - MASS <i>Followed Spiritual/Psychology Dialogue with Fr. Derrick and Adele Huculak</i> 6:30 PM – MASS Serra Club Vocation Retreat	20 9:00 AM - MASS Serra Club Vocation Retreat <u>CONFESSIONS</u> 9:30 – 10:00 AM 6:30 – 6:45 PM 7:00 PM Anticipated Sunday Mass
21 25th Sunday in Ordinary Time 8:30 AM – MASS 11:30 AM – MASS 6:00 PM – MASS <i>Followed by Youth Encounter Night</i> <u>CONFESSIONS</u> 8:00 – 8:15 AM 11:00 – 11:15 AM 5:30 – 5:45 PM	22 7:50 AM – 8:50 AM HOLY HOUR 9:00 AM - MASS 6:30 PM - MASS	23 ST. PIUS OF PIETRELCINA 7:50 AM – 8:50 AM HOLY HOUR 9:00 AM - MASS <i>Rosary Making 1:30 – 2:30 PM</i> 6:30 PM - MASS	24 9:00 AM - MASS 9:30 AM – 9:00 PM EXPOSITION OF THE BLESSED SACRAMENT <u>CONFESSIONS</u> 9:30 – 10:30 AM 5:15 – 6:15 PM 6:30 PM – MASS RCIA CLASSES 7:15 – 8:45 PM	25 7:50 AM – 8:50 AM HOLY HOUR 9:00 AM - MASS 6:30 PM - MASS	26 ST. JOHN DE BRÉBEUF & COMPANIONS 7:50 AM – 8:50 AM HOLY HOUR 9:00 AM - MASS (Followed by Coffee + Fellowship) 6:30 PM MASS 7:00 PM – 8:00 PM HOLY HOUR Followed by social	27 ST. VINCENT DE PAUL 9:00 AM - MASS <i>Cor – Prayer, Formation, and Fraternity of Men 10 – noon</i> <u>CONFESSIONS</u> 9:30 – 10:00 AM 6:30 – 6:45 PM 7:00 PM Anticipated Sunday Mass
28 26th Sunday in Ordinary Time 8:30 AM – MASS 11:30 AM – MASS 6:00 PM – MASS <u>CONFESSIONS</u> 8:00 – 8:15 AM 11:00 – 11:15 AM 5:30 – 5:45 PM	29 ST. MICHAEL, ST. GABRIEL, ST. RAPHAEL 7:50 AM – 8:50 AM HOLY HOUR 9:00 AM - MASS 6:30 PM MASS	30 ST. JEROME 7:50 AM – 8:50 AM HOLY HOUR 9:00 AM - MASS <i>Rosary Making 1:30 – 2:30 PM</i> 6:30 PM MASS	O Sacred Heart of Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys and sufferings of this day in union with the Holy Sacrifice of the Mass celebrated at Sacred Heart Cathedral, in our Diocese of Kamloops, and throughout the whole world. I offer them for the salvation of souls and for all the intentions dear to You, O Lord. Amen.			