



# Sacred Heart Cathedral

*Through the Two Hearts, one heart at a time.*

## Our Vision

*Opening our hearts to journey with Jesus and Mary.*

## Our Mission

*Sacred Heart Cathedral is the heart and home of Catholic life in Downtown Kamloops, disciplining all hearts to our heavenly home.*

## 25<sup>th</sup> Sunday in Ordinary Time

*"Give me an accounting of your management..."*

**First Reading:** Amos 8.4-7

**Second Reading:** 1 Timothy 2.1-7

**Gospel:** Luke 16.1-13



*A warm welcome to everyone! Whether you are visiting, looking for a new home parish, searching or returning to your faith, we are happy you are here! If you are interested in becoming a Catholic, please contact the Parish office.*

## MASS INTENTIONS

<b>Saturday, September 20</b>	7:00 pm	People of the Parish
<b>Sunday, September 21</b>	8:30 am	People of the Parish
<i>25<sup>th</sup> Sunday in Ordinary Time</i>	11:30 am	People of the Parish
	6:00 pm	People of the Parish
<b>Monday, September 22</b>	9:00 am	Zora Pavlovic RIP
	6:30 pm	Charlie Kirk RIP
<b>Tuesday, September 23</b>	9:00 am	Gino Franchini RIP
<i>St. Pius of Pietrelcina</i>	6:30 pm	Redgina Mondesie Int
<b>Wednesday, September 24</b>	9:00 am	Galea & Vassallo Family Living and Deceased
	6:30 pm	Lucy Habacon RIP
<b>Thursday, September 25</b>	9:00 am	Monica Webster RIP
	6:30 pm	Mansueto C. Lanante RIP
<b>Friday, September 26</b>	9:00 am	Vand-Gino Sacco RIP
<i>St. John de Brébeuf &amp; St. Isaac Jogues and Companions</i>	6:30 pm	Alex Int
<b>Saturday, September 27</b>	9:00 am	Albert & Clare Muzzillo RIP
<i>St. Vincent de Paul</i>	7:00 pm	People of the Parish
<b>Sunday, September 28</b>	8:30 am	People of the Parish
<i>26<sup>th</sup> Sunday in Ordinary Time</i>	11:30 am	People of the Parish
	6:00 pm	People of the Parish

## **We ask you to pray for the following people:**

Phil P., Alejandria Santos, Anne and Pat Benson, Ferris Backmeyer Al L., Carmelle Lean, Simone Moscatel, Tanya H., Amanda H. Sharron Relland, Nancy Zwik, Americo Rodriguez, Jake Coughill, Tony Baliva, Helen Comazetto, Amanda H., Darla, Kinzie Bowden, Shanno Lebano, Rod Schoof, Frans and Sylvia Van Der Woning, Lennie Heslop, Glenn MacNeill, Sandra, Rezendes. **May the Lord comfort them in their time of need and bless those who care for them.**

**Please note:** The names on the list for prayer requests will stay for a period of one month. To add a name or for renewal, please contact the Parish office.

## SILENT CORNER

"The word, in fact, can only be spoken and heard in silence, outward and inward."

— Pope Benedict XVI

**The Exposition of the Blessed Sacrament** is available every Wednesday at Sacred Heart Cathedral from after 9 am Mass until 9 pm at night; Monday, Tuesday, Thursday 7:50 – 8:50 am; and Fridays 7:50 8:50 am and 7 – 8 pm. Drop in for even 5 minutes anytime. All are welcome, respecting the silence. **The specific way that Jesus asks you to love Him in return is to spend one quiet hour with Him in the Blessed Sacrament.**

## PARISH STAFF

**Bishop:** Most Rev. Joseph Nguyen

**Rector:** Rev. Derrick Cameron

**Assistant priests:** Rev. Francis Onyealusi

**Seminarian:** Peter Nguyen

**Pastoral Assistant:** Mark Perren

**Office Administrative Assistant/Bookkeeper:** Malwina Tomczyk

**Maintenance:** Tony Donovan

**Cleaning person:** Loveth Okafor

## PASTORAL TEAM

Mark & Laurette Perren, Steve Frith, Simla

Peter & Binu Antony, Susan Berdusco, Dani

Schoof, John Annicchiarico

## OFFICE HOURS

**Monday Closed**

Tuesday – Friday, 8 am – 4 pm

## CONTACT

255 Nicola Street, Kamloops, BC V2C 2P3

**E-mail:** [cathedral@rcdk.org](mailto:cathedral@rcdk.org)

**Phone:** 250-372-2581

**Website:** [www.sacredheartkamloops.org](http://www.sacredheartkamloops.org)

## Baptism

Classes are held regularly.

Contact the Parish office.

## Reconciliation

**Wednesday**

9:30 – 10:30 am & 5:15 – 6:15 pm

**Saturday**

9:30 – 10:30 am & 6:30 – 6:45 pm

**Sunday**

8:00 – 8:15 am before Mass

11:00 – 11:15 am before Mass

5:30 – 5:45 pm before Mass

Or by appointment

## Holy Matrimony

DO NOT SET YOUR WEDDING DATE

until you have met with a priest at least 9 months prior to the wedding.

## Order of Christian Initiation of Adults

OCIA also known as RCIA (Rite of Christian Initiation of Adults). Please contact the Parish office for more information.

## Catholic Women's League

Heather Correale 780-718-6029

[shc.cwl@gmail.com](mailto:shc.cwl@gmail.com)

## Knights of Columbus

Joel Loehr 250-851-1821

## St. Vincent de Paul Society

Tammy Farrer [tammyfarrer1@gmail.com](mailto:tammyfarrer1@gmail.com)

## Sunday Choir

At 11:30 am Sunday Mass

Tony Cuzzetto 250-319-7536

## Saturday Choir

At 7 pm Saturday Mass

Mark Perren 1-587-201-1712

## Children's Liturgy

It will start on September 14 at 8:30 am and 11:30 am Mass.

## Pancake Breakfast

September 21, 2025 after 8:30 am Mass.

## Young Adults 19+

September 28, 2025 after 6 pm Mass.

### 25th SUNDAY IN ORDINARY TIME

Please read the article "Saints Cornelius and Cyprian" to learn more about these Saints. Here is the link"

<https://mycatholic.life/saints/saints-of-the-liturgical-year/saints-cornelius-and-cyprian/>

Also, if you would like to be added to weekly bulletin email sent out, contact Parish office at [cathedral@rcdk.org](mailto:cathedral@rcdk.org)



### PANCAKE BREAKFAST

**Sunday, September 21, 2025 after 8:30 am Mass**

Pancake Breakfast at the Cathedral is prepared by our dear brothers Knights. They work so hard so you can enjoy good food and fellowship with your parish community.

**The prices for the Pancake Breakfast are \$10 per single plate, \$25 per family. CASH ONLY**

Pancake Breakfasts are a fundraiser for the special cause that is discern for each month and it is the donation above the cost of Pancake Breakfast. **All the money received (minus the cost of food) are to be donated to that chosen charity or cause.**

All your contributions are always greatly appreciated.



### ATTENTION MEN OF KAMLOOPS CATHOLIC PARISHES

**Prayer, Formation, and Fraternity for Men**

We are excited to share the return of *Cor*, after the summer break, providing formation and fraternal opportunity for the men of our parishes. *Cor* exists to form and strengthen Catholic men in faith and virtue as missionary disciples by drawing them into a deeper relationship with Jesus Christ through prayer, formation, and fraternity. While *Cor* is sponsored by the Knights, it is not a K of C event, it is open to every man of the Parish. (*Cor* is not a membership drive.) **Cor will be held at 10 am to Noon on Saturday, September 27 in the Cathedral basement hall.**

Come join your brother parishioners for coffee and donuts, prayer and fraternity. If you have additional questions, please reach out to Fr. Derrick, or Mark Perren at 587 201 1712 or [cathedralpa@rcdk.org](mailto:cathedralpa@rcdk.org)



### ST. VINCENT DE PAUL COLLECTION

Please note that there will be a **Poor Box Collection for St. Vincent de Paul**, next weekend, **Sept 27 & 28**. Thank you for your ongoing generosity of helping the needy of our community by supporting SSVP! Also, a reminder that nonperishable food can be dropped off anytime in the box at the entry of the Church.

### YOUNG ADULTS & YOUNG PROFESSIONALS GATHERING

All young adults and young professionals are invited to join us **after the 6:00 pm Mass on Sept 28th at Sacred Heart Cathedral** for an evening of fellowship and faith.

This month's theme is **"Saints and Angels"**—come and discover how their lives and presence inspire us in our own journey with Christ. Bring a friend, stay for community, and grow deeper in faith together. We look forward to seeing you there!



### WE ARE EXCITED TO WELCOME FR. LEO PATALINGHUG TO KAMLOOPS!

Known internationally as a breakdancer, cook and martial artist, he is a dynamic speaker, and founder of *Plating Grace*. Fr. Leo will be arriving in Kamloops and speaking on the evenings of **October 9-11<sup>th</sup> at 7 pm at St. Ann's Academy** and sharing his inspiring messages with our Diocese. His visit will be a wonderful opportunity for us to deepen our faith, strengthen our community, and be renewed in our desire to be missionary disciples of Christ.



Thursday, October 9, 2025

**Feeding Our Hunger – A Theology of Food**

Friday, October 10, 2025

**Serving Others to Feed Ourselves**

Saturday, October 11, 2025

**Fruitfulness and Faithfulness in the Family.**

**We look forward to having you join us in person or virtual as this will also be livestreamed on the Diocesan YouTube channel.**



### CHESS, ANYONE?

Chess games began nearly 1,500 years ago in India as a game known as chaturanga. That early game had elephants, frogs, chariots and ministers! Today, the game has kings, queens, bishops, knights, pawns, and castles (or rooks). Starting in mid-October, Sacred Heart Cathedral will host chess games. Whether you're wanting to learn, a beginner, a novice, haven't played in a while, or are an avid player, you are invited to join us in the basement after the **October 11th Saturday morning mass from 10am until 11am**. Chess sets are provided, and you are welcome to bring your own.

**Please come for a fun time and to offer up our joys together to the Two Hearts!**

### APOLOGETICS IN THE CATHOLIC FAITH

If you are interested in doing apologetics (that is learning how to defend the faith) in the Catholic faith, please contact the Parish office at [cathedral@rcdk.org](mailto:cathedral@rcdk.org) or 250-372-2581.

**We will start Thursday, October 16 at 7 pm (after 6:30 pm Mass) in the Church basement and meet every second Thursday.** The topics will include Eucharist, Mary, the Bible, etc.



### AFTER MASS HOSPITALITY



Thank you to all who have been volunteering to serve juice and goodies outside of the Church after all Masses. We do need more helpers who can take turns setting out the cart and little table with juice and snacks. Please volunteer! We also ask parishioners to kindly provide goodies (baked or store bought) which we can serve. Monetary donations are also very welcome. If you would like to receive a tax receipt for this donation, please make sure to provide your name and address. If you have any questions, please contact Mark or Laurette at (587) 201-1712 or [cathedralpa@rcdk.org](mailto:cathedralpa@rcdk.org)



## PREPARATION FOR FIRST HOLY COMMUNION

Those that are in Grade 2 or at least 6 turning 7 years of age or older and would like to receive First Holy Communion, please contact the Parish office. Last day of registration is Tuesday, September 30, 2025.

## CONFIRMATION

Any student in grade 7 or at least 12 years of age who has not received the Sacrament of Confirmation but would like to, please contact the Parish office. Last day of registration is Tuesday, September 30, 2025.



## MARRIED IN THE CATHOLIC CHURCH?

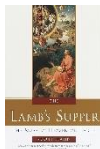
If you are in a relationship such as common law or only married civilly – please contact Fr. Derrick Cameron at [dcameron@rcdk.org](mailto:dcameron@rcdk.org) and see what we can do to bring the relationship in the eyes of the Catholic Church. All Catholics are bound to have their marriages in Catholic Church to be properly disposed to receive Holy Communion.

## PASTORAL CARE FOR SENIORS AND SHUT-INS

Do you know any Catholic shut-in at home or at senior home, or in the hospital? If you know anyone shut-in or going to the hospital, please contact Parish office so that priests can visit and bring Sacraments to those in need.

## CATHOLIC BOOK CLUB

If you are interested in Catholic Book club, please contact the Parish office. The first book is the "Lamb's Supper" by Scott Hahn.



## PRO-LIFE SOCIETY - ANNUAL LIFE CHAIN

**Sunday October 5, 2025**

**2:00 PM to 3:00 PM**

200 - 300 block Columbia Street

Check in at Sacred Heart Cathedral

Please prayerfully consider being a silent witness to Jesus & His precious gift of all human life. [www.voices4life.com](http://www.voices4life.com)



## ORDER OF CHRISTIAN INITIATION FOR ADULTS

We continue the RCIA (now more properly known as OCIA) Journey in Faith gatherings. OCIA is the process through which unbaptized adults or those who are Baptized already but not yet Confirmed nor

have received Eucharist, are formed in the teachings and practices of Catholicism. It is marked by various rites which usually occur at Sunday Mass.

**Please pray** for the Inquirers, their Sponsors and the OCIA Team, as we spend our time together exploring the Faith. This week we will examine Old Testament Salvation History.



## CWL - SHARE THE WORDS COURAGE

If you only knew the courage of Catholic Women's League members. In the 1920's, Winnifred Fulton travelled by horseback to start more than 30 councils. Today we continue to carry the message of faith, service and social justice to women across Canada and internationally. Pack your courage! Your place is among us.



## RACHEL'S VINEYARD

*"I won't remember what happened with fear or tears. Now I will remember with peace, because now I know and believe they are with*

*Jesus. I used to feel I was the only one in the whole world, I didn't want to tell anyone. Now I know I am not alone."* – Testimonial  
Feeling like you are the only one and not wanting to tell anyone is something most men and women feel after their involvement in an abortion decision. Come on a Rachel's Vineyard Retreat and give yourself the chance to be free from what is destroying you on the inside. You won't be sorry you did.

Email: [rvkamloops@yahoo.ca](mailto:rvkamloops@yahoo.ca) Facebook: Rachel's Vineyard

Phone: 250-267-5081 (Confidential call)

Website: [rachelvineyardkamloops.org](http://rachelvineyardkamloops.org)



## KCYG – MASS AT TRU

**September 2025 – April 2026**

Every 3<sup>rd</sup> Thursday there will be Mass at Thompson Rivers University in the Old Main Building. Fellowship to follow after Mass.

## THE FEAST (KCYG & CISKD)

**Saturday, October 11**

**10 am – 4 pm at St. Ann's Academy**

A Youth Rally with Fr. Leo Patalinghug for Grades 7-12. Registration fee \$20.

Registration deadline is Friday, October 3.

Register by scanning barcode.



## HOPEWELL GALA

**Friday, November 7, 2025**

**Fiesta De Esperanza**

Tickets Go Live September 12, 2025.

Please register at

<https://www.hopewellkamloops.ca/gala>



## BUS DRIVER POSITION

St. Ann's Academy is seeking permanent part-time bus driver. For further information about this position, please contact the School Principal, Mr. Kevin Langevin, by email at [klangevin@st-anns.ca](mailto:klangevin@st-anns.ca)



## Words from our secondary patron, St. John Vianney

*"The virtue of Obedience makes the will supple. It gives the power to conquer self, to overcome laziness, and to resist temptations. It inspires the courage with which to fulfil the most difficult tasks."*



# PILGRIMS OF HOPE

FAITH IN ACTION

CAMPAIGN 35



## *Sacred Heart Cathedral*

**Both projects were already completed in summer 2025 due to the necessity and not being able to complete them over the winter season.**

**Please consider your generous donations towards these two projects.**

### New Insulation in the Church

**\$15,000**

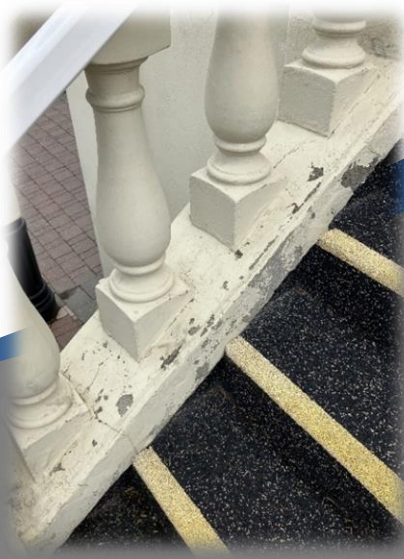
Sacred Heart Cathedral in Kamloops was built in 1925. At that time, the heating and cooling benefits were not well understood and the availability of effective insulation limited. Today's Building Code recommends at least 45 cm (18 inches) of insulation be installed in the ceiling area. As per the picture below, there was no insulation in the Church attic. Over the summer 2025, the insulation was blow-in to the ceilings of West Wing, East, and West Tower of the Cathedral which brought the attic insulation level up to 45 cm (18 inches).



### Repainting Church/Rectory outside railings

**\$20,000**

The Church/Rectory railings, Church dome window frames, and bottom walls of the Church were repainted. As on the pictures below, there was visible damage to the railings, and the paint was peeling off. There were also some graffiti's on some of the walls. The local company repainted them with dual coat of the paint and additional protective coat which will make it easier to keep it clean and remove any graffiti's in the future.



To make your donation, please pick up a pledge form, drop into the collection box or at the Parish office. You can donate by cash, cheque or e-transfer to [fia@rcdk.org](mailto:fia@rcdk.org).