



Sacred Heart Cathedral

Through the Two Hearts, one heart at a time.

Our Vision

Opening our hearts to journey with Jesus and Mary.

Our Mission

Sacred Heart Cathedral is the heart and home of Catholic life in Downtown Kamloops, discipling all hearts to our heavenly home.

26th Sunday in Ordinary Time

"He...saw Abraham far away with Lazarus by his side"

First Reading: Amos 6.1a, 4-7

Second Reading: 1 Timothy 6.11-16

Gospel: Luke 16.19-31



A warm welcome to everyone! Whether you are visiting, looking for a new home parish, searching or returning to your faith, we are happy you are here! If you are interested in becoming a Catholic, please contact the Parish office.

MASS INTENTIONS

Saturday, September 27	7:00 pm	People of the Parish
Sunday, September 28	8:30 am	People of the Parish
<i>26th Sunday in Ordinary Time</i>	11:30 am	People of the Parish
	6:00 pm	People of the Parish
Monday, September 29	9:00 am	George Forber, OMI RIP
<i>St. Michael, St. Gabriel, St. Raphael</i>	6:30 pm	Antonio Coelho RIP
Tuesday, September 30	9:00 am	Jerry Skalski Int
<i>St. Jerome</i>	6:30 pm	Emilio & Maria Anselmo RIP
Wednesday, October 1	9:00 am	Marvin Dyck RIP
	6:30 pm	Alice & Rafael Santos Int
Thursday, October 2	9:00 am	Antony & Celine RIP
<i>The Holy Guardian Angels</i>	6:30 pm	Ciryl Elnor RIP
Friday, October 3	9:00 am	John Skalski Int
<i>St. Thérèse of the Child Jesus</i>	6:30 pm	Irene Hallet RIP
Saturday, October 4	9:00 am	Amberly Flanagan & Family Int
<i>St. Francis of Assisi</i>	7:00 pm	People of the Parish
Sunday, October 5	8:30 am	People of the Parish
<i>27th Sunday in Ordinary Time</i>	11:30 am	People of the Parish
	6:00 pm	People of the Parish

We ask you to pray for the following people:

Phil Potter, Alejandria Santos, Anne and Pat Benson, Ferris Backmeyer Al L., Carmelle Lean, Simone Moscatel, Tanya H., Amanda H. Sharron Relland, Nancy Zwik, Americo Rodriguez, Jake Coughill, Tony Baliva, Helen Comazzetto, Amanda H., Darla, Kinzie Bowden, Shanno Lebano, Rod Schoof, Frans and Sylvia Van Der Woning, Lennie Heslop, Glenn MacNeill, Sandra, Rezendes.

May the Lord comfort them in their time of need and bless those who care for them.

Please note: The names on the list for prayer requests will stay for a period of one month. To add a name or for renewal, please contact the Parish office.

SILENT CORNER

"Cravings are a type of unrest, a lack of silence in our souls."

— Fr. Basil Nortz, O.R.C.

The Exposition of the Blessed Sacrament is available every Wednesday at Sacred Heart Cathedral from after 9 am Mass until 9 pm at night; Monday, Tuesday, Thursday 7:50 – 8:50 am; and Fridays 7:50 8:50 am and 7 – 8 pm. Drop in for even 5 minutes anytime. All are welcome, respecting the silence. **The specific way that Jesus asks you to love Him in return is to spend one quiet hour with Him in the Blessed Sacrament.**

PARISH STAFF

Bishop: Most Rev. Joseph Nguyen

Rector: Rev. Derrick Cameron

Assistant priests: Rev. Francis Onyealusi

Seminarian: Peter Nguyen

Pastoral Assistant: Mark Perren

Office Administrative Assistant/Bookkeeper: Malwina Tomczyk

Maintenance: Tony Donovan

Cleaning person: Loveth Okafor

PASTORAL TEAM

Mark & Laurette Perren, Steve Frith, Simla

Peter & Binu Antony, Susan Berdusco, Dani

Schoof, John Annicchiarico

OFFICE HOURS

Monday Closed

Tuesday – Friday, 8 am – 4 pm

CONTACT

255 Nicola Street, Kamloops, BC V2C 2P3

E-mail: cathedral@rcdk.org

Phone: 250-372-2581

Website: www.sacredheartkamloops.org

Baptism

Classes are held regularly.

Contact the Parish office.

Reconciliation

Wednesday

9:30 – 10:30 am & 5:15 – 6:15 pm

Saturday

9:30 – 10:30 am & 6:30 – 6:45 pm

Sunday

8:00 – 8:15 am before Mass

11:00 – 11:15 am before Mass

5:30 – 5:45 pm before Mass

Or by appointment

Holy Matrimony

DO NOT SET YOUR WEDDING DATE

until you have met with a priest at least 9 months prior to the wedding.

Order of Christian Initiation of Adults

OCIA also known as RCIA (Rite of Christian Initiation of Adults). Please contact the Parish office for more information.

Catholic Women's League

Heather Correale 780-718-6029

shc.cwl@gmail.com

Knights of Columbus

Joel Loehr 250-851-1821

St. Vincent de Paul Society

Tammy Farrer tammyfarrer1@gmail.com

Sunday Choir

At 11:30 am Sunday Mass

Tony Cuzzetto 250-319-7536

Saturday Choir

At 7 pm Saturday Mass

Mark Perren 1-587-201-1712

Children's Liturgy

It will start on September 14 at 8:30 am and 11:30 am Mass.

Pancake Breakfast

October 19, 2025 after 8:30 am.

Young Adults 19+

September 28, 2025 after 6 pm Mass.

26th SUNDAY IN ORDINARY TIME

Please watch the short video (2 min 40 sec) "Who is Father Leo Patalinghug?" Here is the link:

<https://www.youtube.com/watch?v=gktPGiYfnFo>

Also, if you would like to be added to weekly bulletin email sent out, contact Parish office at cathedral@rcdk.org

WE ARE EXCITED TO WELCOME FR. LEO PATALINGHUG TO KAMLOOPS!

Known internationally as a breakdancer, cook and martial artist, he is a dynamic speaker, and founder of *Plating Grace*. Fr. Leo will be arriving in Kamloops and speaking on the evenings of **October 9-11th at 7 pm at St. Ann's Academy** and sharing his inspiring messages with our Diocese. His visit will be a wonderful opportunity for us to deepen our faith, strengthen our community, and be renewed in our desire to be missionary disciples of Christ.

Thursday, October 9, 2025

Feeding Our Hunger – A Theology of Food

Friday, October 10, 2025

Serving Others to Feed Ourselves

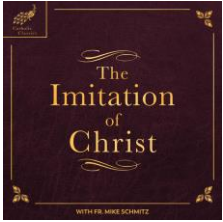
Saturday, October 11, 2025

Fruitfulness and Faithfulness in the Family.

We look forward to having you join us in person or virtual as this will also be livestreamed on the Diocesan YouTube channel.



"THE IMMITATION OF CHRIST" PODCAST WITH FR. MIKE SCHMITZ



A new Podcast to Catholic Classics from Ascension! Each season Fr. Mike Schmitz will read through a great Catholic spiritual writing providing insightful commentary and practical guidance along the way, Informative and enriching, these 20-30 minute episodes will allow you to learn

from the Catholic Church's most revered saints and teacher as you seek to cultivate your spiritual life. To listen and learn more click on the link:

<https://app.ascensionpress.com/podcasts/0edd098d-2a12-43d4-8693-bb8df63ce4f2>



ST. VINCENT DE PAUL COLLECTION

Please note that there will be a **Poor Box Collection for St. Vincent de Paul**, next weekend, **Sept 27 & 28**. Thank you for your ongoing generosity of helping the needy of our community by supporting SSVP! Also, a reminder that nonperishable food can be dropped off anytime in the box at the entry of the Church.

YOUNG ADULTS & YOUNG PROFESSIONALS GATHERING

All young adults and young professionals are invited to join us **after the 6:00 pm Mass on Sept 28th at Sacred Heart Cathedral** for an evening of fellowship and faith.

This month's theme is **"Saints and Angels"**—come and discover how their lives and presence inspire us in our own journey with Christ. Bring a friend, stay for community, and grow deeper in faith together. We look forward to seeing you there!



ROSARY DURING THE MONTH OF OCTOBER

During the month of October, we will **pray Rosary after each Mass**. The Rosary is a very powerful and important prayer on a daily basis. It deepens your relationship with God, strengthens your virtue and overcomes sin, promotes peace and reduces stress, encourages

meditation and focus, builds discipline and consistency in prayer, unites you with the Church and Saints, draws you closer to the Eucharist, and leads to miracles and graces.

Mother Mary said: "Pray the Rosary every day to obtain peace for the world and for the end of the war."



CHESS, ANYONE?



Chess games began nearly 1,500 years ago in India as a game known as chaturanga. That early game had elephants, frogs, chariots and ministers! Today, the game has kings, queens, bishops, knights, pawns, and castles (or rooks). Starting in mid-October, Sacred Heart Cathedral will host chess games. Whether you're wanting to learn, a beginner, a novice, haven't played in a while, or are an avid player, you are invited to join us in the basement after the **October 11th Saturday morning mass from 10am until 11am**. Chess sets are provided, and you are welcome to bring your own.

Please come for a fun time and to offer up our joys together to the Two Hearts!

APOLOGETICS IN THE CATHOLIC FAITH

If you are interested in doing apologetics (that is learning how to defend the faith) in the Catholic faith, please contact the Parish office at cathedral@rcdk.org or 250-372-2581.

We will start Thursday, October 16 at 7 pm (after 6:30 pm Mass) in the Church basement and meet every second Thursday. The first topic will be Eucharist.



AFTER MASS HOSPITALITY



Thank you to all who have been volunteering to serve juice and goodies outside of the Church after all Masses. We do need more helpers who can take turns setting out the cart and little table with juice and snacks. Please volunteer! We also ask parishioners to kindly provide goodies (baked or store bought) which we can serve. Monetary donations are also very welcome. If you would like to receive a tax receipt for this donation, please make sure to provide your name and address. If you have any questions, please contact Mark or Laurette at (587) 201-1712 or cathedralpa@rcdk.org



PREPARATION FOR FIRST HOLY COMMUNION

Those that are in Grade 2 or at least 6 turning 7 years of age or older and would like to receive First Holy Communion, please contact the Parish office. **Last day of registration is Tuesday, September 30, 2025.**

CONFIRMATION

Any student in grade 7 or at least 12 years of age who has not received the Sacrament of Confirmation but would like to, please contact the Parish office. **Last day of registration is Tuesday, September 30, 2025.**



BIG DEAL COUPON BOOK

The KPLS fundraiser, the **Big Deal Coupon Book** is now available from St. Joseph's, valid until September 2026. The booklet is filled with 36 pages of super deals offering discounts on food, fun activities and services. And they make perfect Christmas stocking stuffers!! Only \$10 CASH

Support local businesses and support Pro-Life!

ROSARY MAKING GROUP

Tuesdays 1:30 – 2:30 pm

in the Church boardroom downstairs.

If you would like to learn how to make a Rosary and have some fun, just drop in.



ADOPT A FAMILY - Sept 2025 – June 2026

There are some families at St. Ann's Academy who struggle financially with tuition costs. If you would like to adopt a family and help with tuition assistance, please contact Fr. Derrick Cameron. Any help is greatly appreciated! Tax receipts will be generated for all the donations.

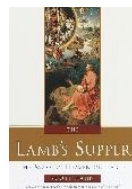
MARRIED IN THE CATHOLIC CHURCH?

If you are in a relationship such as common law or only married civilly – please contact Fr. Derrick Cameron at dcameron@rcdk.org and see what we can do to bring the relationship in the eyes of the Catholic Church. All Catholics are bound to have their marriages in Catholic Church to be properly disposed to receive Holy Communion.

PASTORAL CARE FOR SENIORS AND SHUT-INS

Do you know any Catholic shut-in at home or at senior home, or in the hospital? If you know anyone shut-in or going to the hospital, please contact Parish office so that priests can visit and bring Sacraments to those in need.

CATHOLIC BOOK CLUB



If you are interested in joining a Catholic Book club, please contact the Parish office. The first book we will be reading is the **"Lamb's Supper" by Scott Hahn**. It is one of Father Derrick's top books. The book explains the book of Revelation, which is the revelation of God's love which is the Holy Mass. In the book of Revelation, you can find every part of the Mass. People will read the book on their own leisure time, but we would come together as a group to discuss the jewels found in the book.

ORDER OF CHRISTIAN INITIATION FOR ADULTS

We continue the RCIA (now more properly known as OCIA) Journey in Faith gatherings.

Please pray for the Inquirers, their Sponsors and

the OCIA Team, as we spend our time together exploring the Faith. This week we will examine Salvation History from the time of Mary's Immaculate Conception until the Council of Nicea in 325 AD.



KAMLOOPS PRO-LIFE SOCIETY FUNDRAISING NEWS

- Do you shop at **Nature's Fare**? If so, you can also support KPLS. Just hand in your receipts to St. Joseph's Christian bookstore and KPLS will receive a 3% rebate on all purchases. Senior's Days are Wednesday and Thursday with a 5% discount.



RACHEL'S VINEYARD

"We are much better off when we can finally allow someone else to see our life with their perspective and through

a lens that is not our own." – CEK

We are quick to judge, shame and condemn ourselves for our role in the abortion decision. Handing your story over to someone who cares about you and can help you see things differently, how God sees you with all His love and mercy, is sometimes the beginning of the healing. Why wait? Join us on Rachel's Vineyard Retreat.

Email: rvkamloops@yahoo.ca **Facebook:** Rachel's Vineyard

Phone: 250-267-5081 (Confidential call)

Website: rachelvineyardkamloops.org

THE FEAST (KCYG & CISKD)

Saturday, October 11

10 am – 4 pm at St. Ann's Academy

A Youth Rally with Fr. Leo Patalinghug for Grades 7-12. Registration fee \$20.

Registration deadline is Friday, October 3.

Register by scanning barcode.



PRO-LIFE SOCIETY - ANNUAL LIFE CHAIN

Sunday October 5, 2025

2:00 PM to 3:00 PM

200 - 300 block Columbia Street

Check in at Sacred Heart Cathedral

Please prayerfully consider being a silent witness to Jesus & His precious gift of all human life. www.voices4life.com



HOPEWELL GALA

Friday, November 7, 2025

Fiesta De Esperanza

Tickets Go Live September 12, 2025.

Please register at

<https://www.hopewellkamloops.ca/gala>

or Scan the QR Code

PILGRIMS OF HOPE

FAITH IN ACTION

CAMPAIGN 35



Sacred Heart Cathedral

Both projects were already completed in summer 2025 due to the necessity and not being able to complete them over the winter season.

Please consider your generous donations towards these two projects.

New Insulation in the Church

\$15,000

Sacred Heart Cathedral in Kamloops was built in 1925. At that time, the heating and cooling benefits were not well understood and the availability of effective insulation limited. Today's Building Code recommends at least 45 cm (18 inches) of insulation be installed in the ceiling area. As per the picture below, there was no insulation in the Church attic. Over the summer 2025, the insulation was blow-in to the ceilings of West Wing, East, and West Tower of the Cathedral which brought the attic insulation level up to 45 cm (18 inches).



Repainting Church/Rectory outside railings

\$20,000

The Church/Rectory railings, Church dome window frames, and bottom walls of the Church were repainted. As on the pictures below, there was visible damage to the railings, and the paint was peeling off. There were also some graffiti's on some of the walls. The local company repainted them with dual coat of the paint and additional protective coat which will make it easier to keep it clean and remove any graffiti's in the future.



To make your donation, please pick up a pledge form, drop into the collection box or at the Parish office. You can donate by cash, cheque or e-transfer to fia@rcdk.org.

OCTOBER 2025

During October, we will pray Rosary after each Mass.



One of main intentions of praying the Rosary during the month of October: through the Triumph of the Immaculate Heart of Mary, may the Woman (Mary) and her offspring (Jesus) crushed the head of Satan, so that the reign of the Sacred Heart of Jesus will rule in peace.

			WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			ST. THÉRÈSE OF THE CHILD JESUS 9:00 AM - MASS 9:30 AM - 9:00 PM EXPOSITION OF THE BLESSED SACRAMENT CONFESIONS 9:30 - 10:30 AM 5:15 - 6:15 PM 6:30 PM - MASS OCIA CLASSES 7:15 - 8:45 PM	THE HOLY GUARDIAN ANGELS 7:50 AM - 8:50 AM HOLY HOUR 9:00 AM - MASS 6:30 PM - MASS	7:50 AM - 8:50 AM HOLY HOUR 9:00 AM - MASS (Followed by Coffee + Fellowship) 6:30 PM MASS 7:00 PM - 8:00 PM HOLY HOUR Followed by social	ST. FRANCIS OF ASSISI 9:00 AM - MASS CONFESIONS 9:30 - 10:30 AM 6:30 - 6:45 PM 7:00 PM Anticipated Sunday Mass
SUNDAY	MONDAY	TUESDAY	8	9	10	11
5 27 th Sunday in Ordinary Time 8:30 AM - MASS 11:30 AM - MASS 6:00 PM - MASS 2 - 3 pm Pro-Life Chain CONFESIONS 8:00 - 8:15 AM 11:00 - 11:15 AM 5:30 - 5:45 PM	6 7:50 AM - 8:50 AM HOLY HOUR 9:00 AM - MASS 6:30 PM - MASS	7 OUR LADY OF THE ROSARY 7:50 AM - 8:50 AM HOLY HOUR 9:00 AM - MASS 6:30 PM MASS CWL Meeting at 7 PM	9:00 AM - MASS 9:30 AM - 9:00 PM EXPOSITION OF THE BLESSED SACRAMENT CONFESIONS 9:30 - 10:30 AM 5:15 - 6:15 PM 6:30 PM - MASS OCIA CLASSES 7:15 - 8:45 PM	TALKS BY FR. LEO PATALINGHUG (October 9 - 11 at 7 pm at St. Ann's Academy. More details in the bulletin and on our website.)		9:00 AM - MASS CONFESIONS 9:30 - 10:00 AM 6:30 - 6:45 PM 7:00 PM Anticipated Sunday Mass
12 28 th Sunday in Ordinary Time 8:30 AM - MASS 11:30 AM - MASS Followed by Young Adults Gathering 6:00 PM - MASS CONFESIONS 8:00 - 8:15 AM 11:00 - 11:15 AM 5:30 - 5:45 PM	13 7:50 AM - 8:50 AM HOLY HOUR 9:00 AM - MASS 6:30 PM - MASS	14 7:50 AM - 8:50 AM HOLY HOUR 9:00 AM - MASS Rosary Making 1:30 - 2:30 PM 6:30 PM - MASS Knights of Columbus Meeting at 7 PM	15 ST. TERESA OF JESUS 9:00 AM - MASS 9:30 AM - 9:00 PM EXPOSITION OF THE BLESSED SACRAMENT CONFESIONS 9:30 - 10:30 AM 5:15 - 6:15 PM 6:30 PM - MASS RCIA CLASSES 7:15 - 8:45 PM	16 ST. MARIE-MARGUERITE D'YOUVILLE 7:50 AM - 8:50 AM HOLY HOUR 9:00 AM - MASS 6:30 PM - MASS 7 pm - Apologetics	17 ST. IGNATIUS OF ANTIOCH 7:50 AM - 8:50 AM HOLY HOUR 9:00 AM - MASS Followed by Advanced Care Planning Session 6:30 PM - MASS 7:00 PM - 8:00 PM HOLY HOUR Followed by social	18 ST. LUKE 9:00 AM - MASS CONFESIONS 9:30 - 10:00 AM 6:30 - 6:45 PM 7:00 PM Anticipated Sunday Mass
19 29 th Sunday in Ordinary Time 8:30 AM - MASS 11:30 AM - MASS 6:00 PM - MASS Followed by Young Adults Gathering CONFESIONS 8:00 - 8:15 AM 11:00 - 11:15 AM 5:30 - 5:45 PM	20 7:50 AM - 8:50 AM HOLY HOUR 9:00 AM - MASS 6:30 PM - MASS	21 7:50 AM - 8:50 AM HOLY HOUR 9:00 AM - MASS Rosary Making 1:30 - 2:30 PM 6:30 PM - MASS	22 9:00 AM - MASS 9:30 AM - 9:00 PM EXPOSITION OF THE BLESSED SACRAMENT CONFESIONS 9:30 - 10:30 AM 5:15 - 6:15 PM 6:30 PM - MASS RCIA CLASSES 7:15 - 8:45 PM	23 7:50 AM - 8:50 AM HOLY HOUR 9:00 AM - MASS 6:30 PM - MASS	24 7:50 AM - 8:50 AM HOLY HOUR 9:00 AM - MASS (Followed by Coffee + Fellowship) 6:30 PM MASS 7:00 PM - 8:00 PM HOLY HOUR Followed by social	25 9:00 AM - MASS Cor - Prayer, Formation, and Fraternity of Men 10 - noon CONFESIONS 9:30 - 10:00 AM 6:30 - 6:45 PM 7:00 PM Anticipated Sunday Mass
26 30 th Sunday in Ordinary Time 8:30 AM - MASS 11:30 AM - MASS Followed by Funeral Pre-Planning 6:00 PM - MASS CONFESIONS 8:00 - 8:15 AM 11:00 - 11:15 AM 5:30 - 5:45 PM	27 7:50 AM - 8:50 AM HOLY HOUR 9:00 AM - MASS 6:30 PM MASS	28 ST. SIMON & ST. JUDE 7:50 AM - 8:50 AM HOLY HOUR 9:00 AM - MASS Rosary Making 1:30 - 2:30 PM 6:30 PM MASS	29 9:00 AM - MASS 9:30 AM - 9:00 PM EXPOSITION OF THE BLESSED SACRAMENT CONFESIONS 9:30 - 10:30 AM 5:15 - 6:15 PM 6:30 PM - MASS RCIA CLASSES 7:15 - 8:45 PM	30 7:50 AM - 8:50 AM HOLY HOUR 9:00 AM - MASS 6:30 PM - MASS 7 pm - Apologetics	31 7:50 AM - 8:50 AM HOLY HOUR 9:00 AM - MASS (Followed by Coffee + Fellowship) 6:30 PM MASS 7:00 PM - 8:00 PM HOLY HOUR Followed by social	

2025 Choose Life 40 Day Prayer Vigil

40 Day Vigil: Wednesday September 24 to November 2, 2025, 10 - 11 am

Daily Prayer and Silent Witness for Life outdoors or inside the Cathedral
Sacred Heart Cathedral Nicola St and Third Ave.

Concluding Vigil: Sunday, November 2 after 8:30 Mass 11 am at Sacred Heart Cathedral

Other activities during the 40 Days:

Rosary Rally - Join 1500 locations across Canada praying the Rosary in the Public Square. You are invited to join in a **Public Square Rosary Rally on Saturday, October 12th at 11 am - noon at Third Ave and Columbia St.** Please join us to fervently pray for the conversion of Canada to Choose Life. Will you be able to join us and other Catholics on that very important day?"

Let us know if you can help: greeting and directing arrivals; passing out programs; taking pictures; asking each attendee to complete the attendance sheet; leading a specific decade of the Rosary or just come and pray with us. Meet on Third Avenue beside Sacred Heart Cathedral to process to Columbia St.

Baby Shower for Hopewell Clinic and Pregnancy

Sunday October 12, 2025

9:30 am -10:30 am (after 8:30 am Mass) in the courtyard 12:30 - 1:30 pm (after 11:30 am Mass) in the courtyard
Drop gifts off at the Cathedral starting October 5. Sacred Heart Cathedral Nicola St and Third Ave.

Can you provide a new baby gift for newborns —18 months? Suggestions of items often needed: Diapers size Newborn - 6, Wipes, Infant formula (0-12 months), Baby soap, Pacifiers, Baby toys, Newborn onesies, Baby towels, Little gifts for mom, Little gifts for dad. ***Please support women who Choose Life for their children!*** Items may be dropped off at the Cathedral from October 5. Look for the baskets at the entrances.

For more information, please contact Yohairy Checo at 250-879-0440 or yohairychecho@hotmail.com

Advance Care Plan - Green Sleeve paperwork - Carla Williams Interior Health

Friday, October 17, 10 am - 12 pm - Please register by October 14 by email or text (See below)

Sacred Heart Cathedral Lower Hall

Carla, granddaughter of Maybelle Nordick, a true Pro-life warrior.

Pre-Planning your Funeral

Sunday, October 26 – Please register by October 22 by email or text (See below)

11:30 pm Mass - 12:30 pm Brunch

1:30 - 3:00 pm - Presentation

Food Drive for Vincent de Paul - Fill the Fiat

Food Collection from *October 18 - 31* Drop items off at the Cathedral
Fill the Fiat delivery on Saturday, November 1.

Please offer special prayers during the Choose Life 40 Day Prayer Vigil.

Prayer for the Protection of Human Life

Heavenly Father, Lord and Maker of all that is good, fill our hearts with joy before the wonders of Your creation. Open our eyes to the presence of Your beloved Son Jesus in all those we encounter and especially in the weakest and most vulnerable among us. Where we see life threatened, at its beginning or at its end, or by poverty and deprivation, inspire us with love and mercy, so that, empowered by Your Holy Spirit, we may work together to defend human dignity. Help us to build a culture of life: a culture in which each and every person is loved and valued as Your child, from conception to natural death, and in every circumstance of life. Amen.

For more information, please contact Kathy Dahl at 250- 318-9698 or kathysdahlhouse@gmail.com

