



# Sacred Heart Cathedral

*Through the Two Hearts, one heart at a time.*

## Our Vision

*Opening our hearts to journey with Jesus and Mary.*

## Our Mission

*Sacred Heart Cathedral is the heart and home of Catholic life in Downtown Kamloops, discipling all hearts to our heavenly home.*

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere in the Universal church, those in my own home and within my family. Amen



*A warm welcome to everyone! Whether you are visiting, looking for a new home parish, searching or returning to your faith, we are happy you are here! If you are interested in becoming a Catholic, please contact the Parish office.*

## MASS INTENTIONS

|                                  |                        |                                     |
|----------------------------------|------------------------|-------------------------------------|
| <u>Saturday, November 1</u>      | 7:00 pm                | People of the Parish                |
| <u>Sunday, November 2</u>        | 8:30 am                | People of the Parish                |
| <i>All Souls</i>                 | 11:30 am               | People of the Parish                |
|                                  | 6:00 pm                | People of the Parish                |
| <u>Monday, November 3</u>        | 9:00 am                | Wanda Leslie Int                    |
|                                  | 6:30 pm                | Deceased Members of Paul Family     |
| <u>Tuesday, November 4</u>       | <b>NO 9:00 am Mass</b> |                                     |
| <i>St. Charles Borromeo</i>      | <b>11:00 am</b>        | <b>Mass for the deceased clergy</b> |
|                                  | 6:30 pm                | John Int                            |
| <u>Wednesday, November 5</u>     | 9:00 am                | Kathy Lindsay Int                   |
|                                  | 6:30 pm                | Vladimir Adamac RIP                 |
| <u>Thursday, November 6</u>      | 9:00 am                | Martin Peyton RIP                   |
|                                  | 6:30 pm                | Phil Potter RIP                     |
| <u>Friday, November 7</u>        | 9:00 am                | Antonio & Pasqualina Sale RIP       |
|                                  | 6:30 pm                | Ronald Paul RIP                     |
| <u>Saturday, November 8</u>      | 9:00 am                | Giovanna Mercuri RIP                |
|                                  | 7:00 pm                | People of the Parish                |
| <u>Sunday, November 9</u>        | 8:30 am                | People of the Parish                |
| <i>Dedication of the Lateran</i> | 11:30 am               | People of the Parish                |
| <i>Basilica</i>                  | 6:00 pm                | People of the Parish                |

### **We ask you to pray for the following people:**

Gertrude Sherlock, Imelda Lanante, Alejandria Santos, Anne and Pat Benson, Ferris Backmeyer, Al L., Carmelle Lean, Simone Moscatel, Tanya H., Amanda H. Sharron Relland, Nancy Zwik, Americo Rodriguez, Jake Coughill, Tony Baliva, Helen Comazzetto, Amanda H., Darla, Kinzie Bowden, Shanno Lebano, Rod Schoof, Frans and Sylvia Van Der Woning, Lennie Heslop, Glenn MacNeill. **May the Lord comfort them in their time of need and bless those who care for them.**

**Please note:** The names on the list for prayer requests will stay for a period of one month. To add a name or for renewal, please contact the Parish office.

### SILENT CORNER

"You must speak little, and what little you say should be said as if the whole world were listening."

— St. Ignatius of Loyola

**The Exposition of the Blessed Sacrament** is available every Wednesday at Sacred Heart Cathedral from after 9 am Mass until 9 pm at night; Monday, Tuesday, Thursday 7:50 – 8:50 am; and Fridays 7:50 8:50 am and 7 – 8 pm. Drop in for even 5 minutes anytime. All are welcome, respecting the silence. **The specific way that Jesus asks you to love Him in return is to spend one quiet hour with Him in the Blessed Sacrament.**

## **PARISH STAFF**

**Bishop:** Most Rev. Joseph Nguyen

**Rector:** Rev. Derrick Cameron

**Assistant priests:** Rev. Francis Onyealusi  
Rev. Ignatius Opara

**Seminarian:** Peter Nguyen

**Pastoral Assistant:** Mark Perren

**Office Administrative Assistant/Bookkeeper:**  
Malwina Tomczyk

**Maintenance:** Tony Donovan

**Cleaning person:** Loveth Okafor

## **PASTORAL TEAM**

Mark & Laurette Perren, Steve Frith, Simla  
Peter & Binu Antony, Susan Berdusco, Dani  
Schoof, John Annicchiarico

## **OFFICE HOURS**

**Monday Closed**

Tuesday – Friday, 8 am – 4 pm

## **CONTACT**

255 Nicola Street, Kamloops, BC V2C 2P3

**E-mail:** [cathedral@rcdk.org](mailto:cathedral@rcdk.org)

**Phone:** 250-372-2581

**Website:** [www.sacredheartkamloops.org](http://www.sacredheartkamloops.org)

## **Baptism**

Classes are held regularly.

Contact the Parish office.

## **Reconciliation**

**Wednesday**

9:30 – 10:30 am & 5:15 – 6:15 pm

**Saturday**

9:30 – 10:30 am & 6:30 – 6:45 pm

**Sunday**

8:00 – 8:15 am before Mass

11:00 – 11:15 am before Mass

5:30 – 5:45 pm before Mass

Or by appointment

## **Holy Matrimony**

DO NOT SET YOUR WEDDING DATE

until you have met with a priest at least 9 months prior to the wedding.

## **Order of Christian Initiation of Adults**

OCIA also known as RCIA (Rite of Christian Initiation of Adults). Please contact the Parish office for more information.

## **Catholic Women's League**

Heather Correale 780-718-6029

[shc.cwl@gmail.com](mailto:shc.cwl@gmail.com)

## **Knights of Columbus**

Joel Loehr 250-851-1821

## **St. Vincent de Paul Society**

Tammy Farrer [tammyfarrer1@gmail.com](mailto:tammyfarrer1@gmail.com)

## **Sunday Choir**

At 11:30 am Sunday Mass

Tony Cuzzetto 250-319-7536

## **Saturday Choir**

At 7 pm Saturday Mass

Mark Perren 1-587-201-1712

## **Children's Liturgy**

At 8:30 am and 11:30 am Mass if available.

## **Pancake Breakfast by K of C**

November 16, 2025 after 8:30 am.

\$10 per person / \$25 per family

**CASH ONLY**

### ALL SOULS DAY

Please watch a short video about Purgatory.

Here is the link:

<https://www.youtube.com/watch?v=HHbhykBPDI8>

Also, if you would like to be added to weekly bulletin email sent out, contact Parish office at [cathedral@rcdk.org](mailto:cathedral@rcdk.org)

### ANNUAL MASS FOR THE DECEASED CLERGY

The annual Mass for deceased Bishops, Clergy, and Consecrated Men and Women will be held at Sacred Heart Cathedral on **Tuesday, November 4th at 11am.**

All parishioners are most welcome to attend this special liturgy concelebrated by the Priests of the Kamloops Diocese.



### PICTORIAL DIRECTORY AT SACRED HEART CATHEDRAL



Dear parishioners, we are announcing a special community building project. We need you!

We need EVERYONE! Sacred Heart Cathedral will start photography for a new parish photo directory during this Jubilee Year of Hope. This new directory will be a great way to get to know each other and strengthen our community. This album is like a high school yearbook and it will include our activities and groups, history and more! The IPC Photo company making this project is available to our parish free of charge. You will have the opportunity to purchase a portrait of your family. **Registrations required.** Please contact Ed Barker at 250-319-3331 to book an appointment for your picture.



### CHESS, ANYONE?

Whether you're wanting to learn, a beginner, a novice, haven't played in a while, or are an avid player, you are invited to join us in the

basement after the **November 8 Saturday morning Mass from 10 am until 11 am.** Chess sets are provided, and you are welcome to bring your own. **Please come for a fun time and to offer up our joys together to the Two Hearts!**

### APOLOGETICS IN THE CATHOLIC FAITH



If you are interested in doing apologetics (that is learning how to defend the faith) in the Catholic faith, please contact the Parish office at [cathedral@rcdk.org](mailto:cathedral@rcdk.org) or 250-372-2581. **The next session will be Thursday, November 13 at 7 pm (after 6:30 pm Mass) in the Church basement boardroom.**



### SPIRITUALITY & PSYCHOLOGY

**Friday, November 14, 2025  
after 9 am Mass in the Church Hall**

Come and join on a discussion with Fr. Derrick Cameron and Adele Huculak, a Catholic counselor and a parishioner at Sacred Heart Cathedral.

**THEME: PART 2 - "Inherent worth: why behavior doesn't define the person" (see big beyond the behaviours).**

Coffee and goodies provided. **Everyone welcome!**

### YOUNG ADULTS & PROFESSIONALS

#### NOVEMBER EVENTS

#### Young adults Conversion and discipleship

**November 9th, after 11:30 am Mass**

Join us for an evening of renewal and encounter as we explore what it truly means to follow Christ. *Conversion and Discipleship* invites us to turn our hearts back to God and rediscover the call to live as His disciples in the world today.

#### Mass At Thompson Rivers University

**November 20th at 3:30 pm**

Last one of the semester. Invite a friend.

We ask for your continued prayers for TRU students and all Catholic endeavours on campus

#### Young Adults' Bible study (during Advent)

**Cut off to sign up November 16. Scan the**

**barcode to register.** Discovery is an inviting, small-group faith study designed by Catholic Christian Outreach (CCO) to help people encounter Jesus personally through Scripture.

Whether you're just curious about faith, rediscovering it, or looking to go deeper. Discovery creates space for honest conversation and meaningful reflection.



### SECOND COLLECTION HEALING & RECONCILIATION

**Sunday, November 9, 2025**

The next second collection will take place during the weekend of November 8/9.

### MASS INTENTIONS

If you have a Mass booked during the year 2026, but would like to have it celebrated earlier, please contact the Parish office. We do have some openings during the evening Masses at 6:30 pm and can reschedule the Masses earlier.

### A NOTE TO PARISHIONERS

We are very blessed and grateful for having faithful employees at Sacred Heart Cathedral. However, they are also parishioners who come to the Church to worship during their leisure time. They are also our brothers and sisters in Christ and part of our community. As they are willing to serve you, please do respect their time off from work and bring your concerns during their working hours, when they are available. Try to abstain from contacting them on their personal phones during their days off with something that requires work, unless there is an emergency. Please also note that our priests do have days off too. Church life is very demanding, and everyone deserves time to rest.

**Thank you for your understanding.**

### A KIND REQUEST FROM THE SACRED HEART CATHEDRAL PASTORAL COUNCIL



Mother Teresa said, "Some of us do great things, but we can all do small things with great love". A small thing that we can all do is to spend 1 minute tidying up our pews at the conclusion of Holy Mass. After all, we are In God's house, and so we'd surely like to keep it in good order. We appreciate your thoughtfulness.



# NOVEMBER 2025

Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere in the Universal church, those in my own home and within my family. Amen

|                                                                                                                                                                                                                                                          |                                                                                                                                |                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                   |                                                                                                                                                                             |                                                                                                                                                                                                                                                                | SATURDAY                                                                                                                                                                                                                 |
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|                                                                                                                                                                                                                                                          |                                                                                                                                |                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                   |                                                                                                                                                                             |                                                                                                                                                                                                                                                                | 1                                                                                                                                                                                                                        |
|                                                                                                                                                                                                                                                          |                                                                                                                                |                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                   |                                                                                                                                                                             |                                                                                                                                                                                                                                                                | <b>ALL SAINTS DAY</b><br><b>9:00 AM - MASS</b><br><br><u>CONFESSIONS</u><br>9:30 – 10:30 AM<br>6:30 – 6:45 PM<br><br><b>7:00 PM</b><br><b>Anticipated Sunday Mass</b>                                                    |
| SUNDAY                                                                                                                                                                                                                                                   | MONDAY                                                                                                                         | TUESDAY                                                                                                                                                                                                                                                             | WEDNESDAY                                                                                                                                                                                                                         | THURSDAY                                                                                                                                                                    | FRIDAY                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                          |
| 2                                                                                                                                                                                                                                                        | 3                                                                                                                              | 4                                                                                                                                                                                                                                                                   | 5                                                                                                                                                                                                                                 | 6                                                                                                                                                                           | 7                                                                                                                                                                                                                                                              | 8                                                                                                                                                                                                                        |
| <b>ALL SOULS</b><br><b>8:30 AM – MASS</b><br><b>11:30 AM – MASS</b><br><b>6:00 PM – MASS</b><br><br><i>2 pm – Blessing of the Graves at Hillside Cemetery</i><br><br><u>CONFESSIONS</u><br>8:00 – 8:15 AM<br>11:00 – 11:15 AM<br>5:30 – 5:45 PM          | <b>7:50 AM – 8:50 AM</b><br><b>HOLY HOUR</b><br><b>9:00 AM - MASS</b><br><br><b>6:30 PM - MASS</b>                             | <b>NO HOLY HOUR</b><br><b>NO 9:00 AM MASS</b><br><br><b>11:00 AM – MASS</b><br><i>with Bishop for deceased clergy and religious</i><br><br><b>6:30 PM MASS</b><br><u>CWL Meeting at 7 PM</u>                                                                        | <b>9:00 AM – MASS</b><br><b>9:30 AM – 9:00 PM</b><br><b>EXPOSITION OF THE BLESSED SACRAMENT</b><br><br><u>CONFESSIONS</u><br>9:30 – 10:30 AM<br>5:15 – 6:15 PM<br><br><b>6:30 PM – MASS</b><br><b>OCIA CLASSES 7:15 – 8:45 PM</b> | <b>7:50 AM – 8:50 AM</b><br><b>HOLY HOUR</b><br><b>9:00 AM - MASS</b><br><br><b>6:30 PM - MASS</b>                                                                          | <b>7:50 AM – 8:50 AM</b><br><b>HOLY HOUR</b><br><b>9:00 AM - MASS</b><br><i>(Followed by Coffee + Fellowship)</i><br><br><b>6:30 PM MASS</b><br><b>7:00 PM – 8:00 PM</b><br><b>HOLY HOUR</b><br>Followed by social                                             | <b>9:00 AM - MASS</b><br><br><i>Chess Games (Boardroom) 10 – 11 am</i><br><br><u>CONFESSIONS</u><br>9:30 – 10:00 AM<br>6:30 – 6:45 PM<br><br><b>7:00 PM</b><br><b>Anticipated Sunday Mass</b>                            |
| 9                                                                                                                                                                                                                                                        | 10                                                                                                                             | 11                                                                                                                                                                                                                                                                  | 12                                                                                                                                                                                                                                | 13                                                                                                                                                                          | 14                                                                                                                                                                                                                                                             | 15                                                                                                                                                                                                                       |
| <b>THE DEDICATION OF THE LATERAN BASILICA</b><br><b>8:30 AM – MASS</b><br><b>11:30 AM – MASS</b><br><i>Followed by Young Adults Gathering</i><br><b>6:00 PM – MASS</b><br><br><u>CONFESSIONS</u><br>8:00 – 8:15 AM<br>11:00 – 11:15 AM<br>5:30 – 5:45 PM | <b>ST. LEO THE GREAT</b><br><b>7:50 AM – 8:50 AM</b><br><b>HOLY HOUR</b><br><b>9:00 AM - MASS</b><br><br><b>6:30 PM - MASS</b> | <b>REMEMBRANCE DAY</b><br><b>7:50 AM – 8:50 AM</b><br><b>HOLY HOUR</b><br><b>9:00 AM - MASS</b><br><br><br><br><b>6:30 PM – MASS</b><br><u>Knights of Columbus Meeting at 7 PM</u> | <b>9:00 AM - MASS</b><br><b>9:30 AM – 9:00 PM</b><br><b>EXPOSITION OF THE BLESSED SACRAMENT</b><br><br><u>CONFESSIONS</u><br>9:30 – 10:30 AM<br>5:15 – 6:15 PM<br><br><b>6:30 PM – MASS</b><br><b>OCIA CLASSES 7:15 – 8:45 PM</b> | <b>7:50 AM – 8:50 AM</b><br><b>HOLY HOUR</b><br><b>9:00 AM - MASS</b><br><br><b>6:30 PM – MASS</b><br><b>7 pm – Apologetics</b>                                             | <b>7:50 AM – 8:50 AM</b><br><b>HOLY HOUR</b><br><b>9:00 AM - MASS</b><br><i>Followed Spiritual/Psychology Dialogue</i><br><br><b>3:30 PM – Latin Rosary</b><br><br><b>6:30 PM – MASS</b><br><b>7:00 PM – 8:00 PM</b><br><b>HOLY HOUR</b><br>Followed by social | <b>9:00 AM - MASS</b><br><br><u>CONFESSIONS</u><br>9:30 – 10:00 AM<br>6:30 – 6:45 PM<br><br><b>7:00 PM</b><br><b>Anticipated Sunday Mass</b>                                                                             |
| 16                                                                                                                                                                                                                                                       | 17                                                                                                                             | 18                                                                                                                                                                                                                                                                  | 19                                                                                                                                                                                                                                | 20                                                                                                                                                                          | 21                                                                                                                                                                                                                                                             | 22                                                                                                                                                                                                                       |
| <b>33<sup>rd</sup> Sunday in Ordinary Time</b><br><b>8:30 AM – MASS</b><br><b>11:30 AM – MASS</b><br><b>6:00 PM – MASS</b><br><i>Followed by Youth Encounter Night</i><br><br><u>CONFESSIONS</u><br>8:00 – 8:15 AM<br>11:00 – 11:15 AM<br>5:30 – 5:45 PM | <b>PRIESTS AWAY - STUDY WEEK</b>                                                                                               |                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                   |                                                                                                                                                                             |                                                                                                                                                                                                                                                                | <b>9:00 AM - MASS</b><br><i>Chess Games (Boardroom) 10 – 11 am</i><br><i>Cor (Hall) 10 – noon</i><br><br><u>CONFESSIONS</u><br>9:30 – 10:00 AM<br>6:30 – 6:45 PM<br><br><b>7:00 PM</b><br><b>Anticipated Sunday Mass</b> |
|                                                                                                                                                                                                                                                          | <b>7:50 AM – 8:50 AM</b><br><b>HOLY HOUR</b><br><b>9:00 AM - MASS</b><br><br><b>NO EVENING MASS</b>                            | <b>NO HOLY HOUR</b><br><b>9:00 AM - MASS</b><br><br><u>Rosary Making 1:30 – 2:30 PM</u><br><br><b>NO EVENING MASS</b>                                                                                                                                               | <b>9:00 AM – MASS</b><br><u>CONFESSIONS</u><br>9:30 – 10:30 AM<br><b>NO EXPOSITION OF THE BLESSED SACRAMENT</b><br><br><b>NO EVENING CONFESSIONS</b><br><b>NO EVENING MASS</b><br><b>OCIA CLASSES 7:15 – 8:45 PM</b>              | <b>NO HOLY HOUR</b><br><b>9:00 AM - MASS</b><br><br><b>NO EVENING MASS</b>                                                                                                  | <b>NO HOLY HOUR</b><br><b>9:00 AM - MASS</b><br><br><b>6:30 PM MASS</b><br><b>7:00 PM – 8:00 PM</b><br><b>HOLY HOUR</b><br>Followed by social                                                                                                                  |                                                                                                                                                                                                                          |
| 23                                                                                                                                                                                                                                                       | 24                                                                                                                             | 25                                                                                                                                                                                                                                                                  | 26                                                                                                                                                                                                                                | 27                                                                                                                                                                          | 28                                                                                                                                                                                                                                                             | 29                                                                                                                                                                                                                       |
| <b>CHRIST THE KING</b><br><b>8:30 AM – MASS</b><br><b>11:30 AM – MASS</b><br><b>6:00 PM – MASS</b><br><i>Followed by Young Adults Gathering</i><br><br><u>CONFESSIONS</u><br>8:00 – 8:15 AM<br>11:00 – 11:15 AM<br>5:30 – 5:45 PM                        | <b>7:50 AM – 8:50 AM</b><br><b>HOLY HOUR</b><br><b>9:00 AM - MASS</b><br><br><b>6:30 PM MASS</b>                               | <b>7:50 AM – 8:50 AM</b><br><b>HOLY HOUR</b><br><b>9:00 AM - MASS</b><br><br><u>Rosary Making 1:30 – 2:30 PM</u><br><br><b>6:30 PM MASS</b>                                                                                                                         | <b>9:00 AM - MASS</b><br><b>9:30 AM – 9:00 PM</b><br><b>EXPOSITION OF THE BLESSED SACRAMENT</b><br><br><u>CONFESSIONS</u><br>9:30 – 10:30 AM<br>5:15 – 6:15 PM<br><br><b>6:30 PM – MASS</b><br><b>OCIA CLASSES 7:15 – 8:45 PM</b> | <b>7:50 AM – 8:50 AM</b><br><b>HOLY HOUR</b><br><b>9:00 AM - MASS</b><br><i>(Followed by Coffee + Fellowship)</i><br><br><b>6:30 PM – MASS</b><br><b>7 pm – Apologetics</b> | <b>7:50 AM – 8:50 AM</b><br><b>HOLY HOUR</b><br><b>9:00 AM - MASS</b><br><i>(Followed by Coffee + Fellowship)</i><br><br><b>6:30 PM MASS</b><br><b>7:00 PM – 8:00 PM</b><br><b>HOLY HOUR</b><br>Followed by social                                             | <b>9:00 AM - MASS</b><br><br><u>CONFESSIONS</u><br>9:30 – 10:00 AM<br>6:30 – 6:45 PM<br><br><b>7:00 PM</b><br><b>Anticipated Sunday Mass</b>                                                                             |
| <b>NOVEMBER 30</b><br><b>1<sup>st</sup> Sunday of Advent</b><br><b>8:30 AM, 11:30 AM &amp; 6:00 PM – MASS</b><br><b>CONFESSIONS: 8:00 – 8:15 AM, 11:00 – 11:15 AM, 5:30 – 5:45 PM</b>                                                                    |                                                                                                                                |                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                   |                                                                                                                                                                             |                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                          |





## FAITH IN ACTION CAMPAIGN 35 PILGRIMS OF HOPE

### New Insulation in the Church

**\$15,000**

Sacred Heart Cathedral in Kamloops was built in 1925. At that time, the heating and cooling benefits were not well understood and the availability of effective insulation limited. Today's Building Code recommends at least 45 cm (18 inches) of insulation be installed in the ceiling area. As per the picture below, there was no insulation in the Church attic. Over the summer 2025, the insulation was blow-in to the ceilings of West Wing, East, and West Tower of the Cathedral which brought the attic insulation level up to 45 cm (18 inches).



### Repainting Church/Rectory outside railings

**\$20,000**

The Church/Rectory railings, Church dome window frames, and bottom walls of the Church were repainted. As on the pictures below, there was visible damage to the railings, and the paint was peeling off. There were also some graffiti on some of the walls. The local company repainted them with dual coat of the paint and additional protective coat which will make it easier to keep it clean and remove any graffiti in the future.



**Both projects were already completed in summer 2025 due to the necessity and not being able to complete them over the winter season. Please consider your generous donations towards these two projects.**

**Parish Project Cost: \$35,000**

**Diocesan Parish Assessment: \$55,660**

**Pledges: 66**

**Total Pledged to this date: \$36,670.52**

To make your donation, please pick up a pledge form, drop into the collection box or at the Parish office. You can donate by cash, cheque or e-transfer to [faia@rcdk.org](mailto:faia@rcdk.org)

## MARRIED IN THE CATHOLIC CHURCH?

If you are in a relationship such as common law or only married civilly – please contact Fr. Derrick Cameron at [dcameron@rcdk.org](mailto:dcameron@rcdk.org) and see what we can do to bring the relationship in the eyes of the Catholic Church. All Catholics are bound to have their marriages in Catholic Church to be properly disposed to receive Holy Communion.

## PASTORAL CARE FOR SENIORS AND SHUT-INS

Do you know any Catholic shut-in at home or at senior home, or in the hospital? If you know anyone shut-in or going to the hospital, please contact Parish office so that priests can visit and bring Sacraments to those in need.

## DISCOVER A DEEPER RELATIONSHIP WITH THE HOLY SPIRIT AT HOLY FAMILY PARISH

Join us on Tuesday evenings for 'The Wild Goose', a 14-part series that invites viewers to an encounter, or a renewed encounter, with the Holy Spirit.



**Where:** Holy Family Parish

**When:** Tuesday evenings at 7pm  
(after the 6:15pm Mass)

Join as you can! Newcomers are welcome.

## VOCATION LIVE-INS

A Vocation Live-In is an opportunity for young men to spend a weekend at the seminary. It gives them a chance to meet other boys and/or men searching for God's will. During the weekend there are times for community prayer, daily mass, *lectio divina* (spiritual reading), rosary, sports, discussion groups, and a tour of the seminary and campus.

Most of the boys and men attending the Vocation Live-ins (which begin Saturday morning and end Sunday afternoon) are from B.C.'s lower mainland, but there are usually several from the U.S. and often a few from out-of-province.

We hope that in attending the Vocation Live-In, you will leave the seminary closer to Christ, more knowledgeable of seminary life, and will inspire other boys and men to respond to the possibility of a call to the priesthood or religious life.

### Dates of the next Seminary Live-ins:

November 15-16, 2025

February 7-8, 2026

July 4-5, 2026

If you are interested in attending a vocations live-in weekend, please contact Fr. Derrick, Vocations director at [vocations@rcdk.org](mailto:vocations@rcdk.org) or calling 250-372-2581

## BIG DEAL COUPON BOOKS AVAILABLE FOR PURCHASE AT ST. JOSEPH'S BOOKSTORE. EACH BOOK - \$10 – CASH ONLY



### Food and Beverage

**5 Bean Brewbar & Cafe**  
2 for 1 Beverage - valid 2 visits  
**Bold**  
Buy 1 Get 1 Half Off Pizza or Pasta.  
Buy 1 Get 1 Half Off Lunch Menu Item  
**Brynn's Bakery**  
Buy 1 Get 1 Half Off Sourdough Bread  
Buy 2 Sticky Buns or Scones & Get 1 Free  
**Fryer's Express**  
Buy 1 Sandwich and Get One Half Off  
Valid 2 visits  
**Kekuli Cafe**  
2 for 1 Beverage, \$5 Off Taco  
**Klasse's Bistro**  
Save \$3 on Purchase of \$20 or More  
valid 2 visits  
**Oh! Sushi Mura**  
2 for 1 California Roll, 2 for 1 Dynamite Roll  
each offer valid 2 visits

### On the Rocks Pub and Grill

Save \$10 on Food Purchase of \$40 or More  
**Red Tomato Pies**  
Free Menu Item with Purchase of any Small, Medium, or Large Pizza  
**Senior Froggy**  
Any Classic Item for \$10  
2 Can Drive for \$17.99  
**Spice of India Cuisine**  
Save \$5 on Purchase of \$30 or More  
valid 2 visits  
**The Ice Cream Social**  
2 for 1 Beverage - valid 4 times  
**The Vic Downtown**  
2 for 1 Beverage - valid 2 visits  
**Wok Box**  
2 for 1 Bunchee or Rice Box - valid 2 visits  
**Activities and Retail**  
All Around Gamerz  
20% Off VR Time  
Free 20 Minutes  
**All Mine Photography**  
\$25 Off Photography Session  
**BC Wildlife Park**  
One Child Admission Free  
**Cliffside Climbing**  
2 for 1 Rope Drop In; Free Equipment Rental  
50% Off Drop In  
**Enchanted Artisan Cookies**  
\$20 Off a Cookie Decorating Class  
**Falcon Lanes**  
50% Off 6 Pin Bowling - valid monthly  
**Great Canadian Oil Change**  
\$15 Off Any Oil Change - valid 2 visits  
**Kamloops Florist**  
Save \$10 Off Your Purchase of \$30 or More  
**Kuzina Messer Culinare**

### \$20 Off one Cooking Class

**Legends Used Books**  
Free Book with Purchase of Any Used Book  
valid 2 visits  
**Let's Move Studio**  
50% Off 1 Month Unlimited Membership  
**Lo-Boy Market**  
15 Free Money, 25% Off Thursday  
Spend \$20, Save \$5  
**Masala Fusion Meats**  
20% Off on All Products. Free wings with  
Purchase of \$40 or More  
**MT. Paul Golf Course**  
Free Medium Bucket with Purchase of 9 Hole  
Green Fee  
**Nutters Everyday Naturals**  
20% Off Any Regular Priced Vitamin, Supplement,  
or Personal Care Product - valid 2 visits  
**Once Upon a Child**  
Buy 1 Get 1 Free Pile  
\$5 Off Your Purchase of \$30 or More  
**Our Footprints Eco Store & Refillery**  
30% Off One Refill - valid 3 visits  
**Pineridge Golf Course**  
2 Green Fees for \$45, Bonus offer: Power Cart  
Rental for \$10/week - valid 5 visits  
**The Fun! Factor**  
2 for 1 Laser Tag or Bowling, Birthday Party  
Discount, 20 Free Credits with Purchase  
**Totem Fitness**  
\$15 Off Monthly Membership, Free Boxing Class,  
150 Off Annual Membership  
**Uncle Chris the Clown**  
\$35 Off One Hour Party, \$25 Off 30 or 45 Minute  
Party  
**Zaaz**  
2 for 1 Indoor Play, 50% Off Indoor Play

# The month of November – One Soul at a time



*Eternal Father, I offer Thee the Most Precious Blood of Thy Divine Son, Jesus, in union with the Masses said throughout the world today, for all the Holy Souls in Purgatory, for sinners everywhere in the Universal church, those in my own home and within my family. Amen*

**Saturday**

| Sunday      | Monday                                                                                                                                                                                                             | Tuesday     | Wednesday   | Thursday    | Friday      | Saturday    |
|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|-------------|-------------|-------------|-------------|
| 2<br>-----  | 3<br>-----                                                                                                                                                                                                         | 4<br>-----  | 5<br>-----  | 6<br>-----  | 7<br>-----  | 1<br>-----  |
| 9<br>-----  | 10<br>-----                                                                                                                                                                                                        | 11<br>----- | 12<br>----- | 13<br>----- | 14<br>----- | 8<br>-----  |
| 16<br>----- | 17<br>-----                                                                                                                                                                                                        | 18<br>----- | 19<br>----- | 20<br>----- | 21<br>----- | 15<br>----- |
| 23<br>----- | 24<br>-----                                                                                                                                                                                                        | 25<br>----- | 26<br>----- | 27<br>----- | 28<br>----- | 22<br>----- |
| 30<br>----- | <p><b>Write the name of a deceased person (family, friends, relatives, neighbours, etc.) on each of the days of this month and pray for them, especially on that day. You can repeat the names if need be.</b></p> |             |             |             |             |             |

# The Spirituality of Childhood

## CATECHIST FORMATION Level 1

Level 1 formation in the Catechesis of the Good Shepherd engages hand, head, and heart, immersing the adult in Scripture, Liturgy, Theology, and Prayer so as to support the needs and spiritual growth of the young child, ages 3 to 6.

Each course is a minimum commitment of 90 hours, with readings and written work required.

KAMLOOPS, BC  
St. Ann's Academy,  
205 Columbia Street  
Part A: November 12-17, 2025  
Part B: TBD



### CONTACT

Susan Berdusco  
(250) 299-4539  
susanberdusco@gmail.com

### REGISTER

cgsac.ca/courses-1



Catechesis of  
the Good Shepherd  
Association of Canada



## 64<sup>th</sup> ANNUAL CHARITY APPEAL

Click here

KofcCharity.ca

WIN \$100,000 in prizes including a  
2025 Ford Maverick XLT AWD Grand Prize

### PRIZES

1<sup>st</sup> Prize 2025 Ford Maverick XLT AWD  
2<sup>nd</sup> Prize \$25,000 4<sup>th</sup> Prize \$5,000  
3<sup>rd</sup> Prize \$10,000 5<sup>th</sup> to 14<sup>th</sup> \$1,000 each! --> Early Bird Draws

TICKETS  
1 for \$5  
10 for \$25  
50 for \$50



### BUY TODAY

Sales Oct 1, 2025 to Dec 13, 2025, 8pm

Early Bird Draws .....

Oct 6 (2x\$1000), Oct 20 (2x\$1000), Nov 3 (2x\$1000)

Nov 17 (2x\$1000), Dec 5 (2x\$1000)

Main Draw Saturday December 13, 2025, 8:01pm

An annual charity appeal of the Knights of Columbus (B.C.) Charity Foundation  
WORKING TOGETHER TO MAKE OUR COMMUNITIES BETTER  
Thank you for your Support!

For general inquiries call 604-216-7272 Raffle Event License #: 164447  
Chances are 1 in 410,000 (total tickets for sale) to win a grand prize. Actual odds depend on number of tickets sold. 19+ to play.  
Problem Gambling HelpLine 1-888-795-6111 www.bccresponsiblegambling.ca Know your limit. Play within it.  
Winners are responsible for cost associated with delivery/claiming of prizes.



WE ARE  
**HIRING**



JOIN US

**BUS DRIVER**

LOOKING FOR A PASSIONATE AND JOYFUL INDIVIDUAL TO  
JOIN OUR SCHOOL COMMUNITY!  
PREFERRED QUALITIES:

- ✓ Share and live the Catholic faith
- ✓ Hold a Class 2 BC license with Air Brake endorsement
- ✓ Have school transportation experience
- ✓ Have a safe driving record
- ✓ Foster a safe, welcoming environment
- ✓ Are reliable and team-oriented

Candidates must submit the CISKD Support Staff Application Form located on our website at [www.ciskd.ca/careers](http://www.ciskd.ca/careers).

Completed applications with supporting documentation shall be submitted electronically in one PDF file to the CISKD Superintendent of Schools, Mr. Christopher Yuen, at [hr@ciskd.ca](mailto:hr@ciskd.ca). We thank all applicants in advance, however only those shortlisted will be contacted.

For more information please view the job posting on [www.indeed.ca](http://www.indeed.ca)

HOPEWELL

# Fiesta de Esperanza GALA

JOIN US FOR AN  
UNFORGETTABLE EVENING ON  
**FRIDAY, NOV. 7TH**  
AND CELEBRATE CULTURE,  
COMMUNITY, AND COMPASSION!

[www.hopewellkamloops.ca/gala](http://www.hopewellkamloops.ca/gala)

SCAN HERE

Words from our secondary patron, St.  
John Vianney

"It is our angels who ask God to grant  
us a deep sorrow for our sins."